



EMPOWERMENT THROUGH EDUCATION

# ANNUAL REPORT

## 2025-2026

BOARD FOR RESEARCH, EDUCATION AND DEVELOPMENT (BREAD)

A-262, SECTOR-19, NOIDA, UTTAR PRADESH – 201301



[WWW.BREADNOIDA.ORG](http://WWW.BREADNOIDA.ORG)



EMPOWERMENT THROUGH EDUCATION

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# DIRECTOR'S MESSAGE



EMPOWERMENT THROUGH EDUCATION

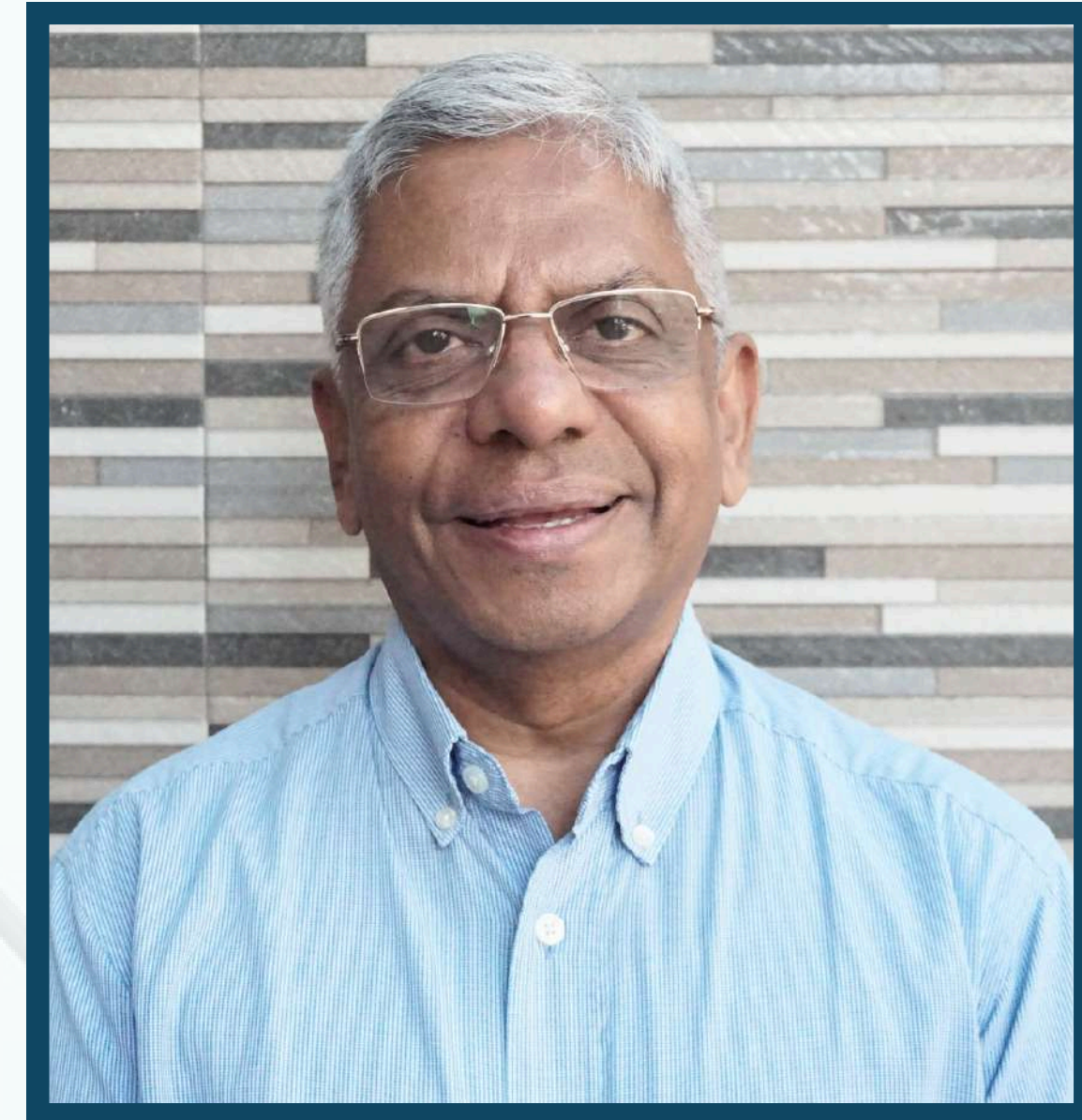
Dear Reader,  
Greetings!

It gives me immense pleasure to present before you the report of Board for Research Education and Development (BREAD) for the year 2025-2026. BREAD has entered its 17th year of service. It was established on 21st April, 2009, to ensure that every child has access to both food and education. Education of children is the most effective approach to eradicate poverty. BREAD's motto is "Empowerment Through Education" through initiatives like MARY'S MEALS, MOTHER'S CARE, MOTHER'S LEAP and SCHOOL IMPROVEMENT program. The year was not without its share of challenges be it, the delivery of food and provisions to far flung schools in the remote areas of Jharkhand & Chhattisgarh or crisscrossing the labyrinthine slums of Noida & Delhi. The challenges of very high degrees of compliance, be it government or the agencies, are indeed a daunting task in the milieu in which BREAD works. Notwithstanding, the high degree of contentment I have in providing a hot meal in a classroom set up is something truly remarkable. With Mary's Meals flagship programme alone, BREAD provided 83,23,352 meals during this current year.

I like to place on record my gratitude to innumerable individual donors, the government of India, funding partners, staff, volunteers without whom the work is impossible. However, at the heart of the work of BREAD is our children whom we serve and who are the future torch bearers of the country and the world.

Soliciting continued support for the work of BREAD, I remain indebted to all of you!

God Bless



*Joson Tharakan John*  
*Managing Trustee*  
*Board for Research Education And*  
*Development*

# ABOUT BREAD



EMPOWERMENT THROUGH EDUCATION

**Board for Research Education And Development (BREAD) was established on 21st April, 2009, to ensure that every child has access to both food and education. Education of children is the most effective approach to eradicate poverty, so that they may see light at the end of the tunnel. BREAD's motto is "Empowerment Through Education". The primary goal is to uplift children from marginalised and voiceless communities through initiatives like Mary's Meals, Mother's Care, Mother's Leap, and the School Improvement Programme.**

**BREAD's commitment goes beyond food and education, taking proactive steps to aid those in need during emergencies, natural disasters, pandemics, and other critical situations through Emergency Relief programmes.**

# BREAD REACHOUT 2025-26



EMPOWERMENT THROUGH EDUCATION

MARY'S MEALS → 58,443 STUDENTS

MOTHER'S CARE → 1,523 STUDENTS

MOTHER'S LEAP → 02 STUDENTS



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# BREAD PROJECTS



# 1. MARY'S MEALS



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**Mary's Meals is an attempt to provide daily nutritious meals to the children in school/non formal learning centres, regardless of their diversity. This meal encourages children into the class-rooms. It gives children the sustenance they require, not just to survive, but to concentrate, learn, grow and develop healthily.**

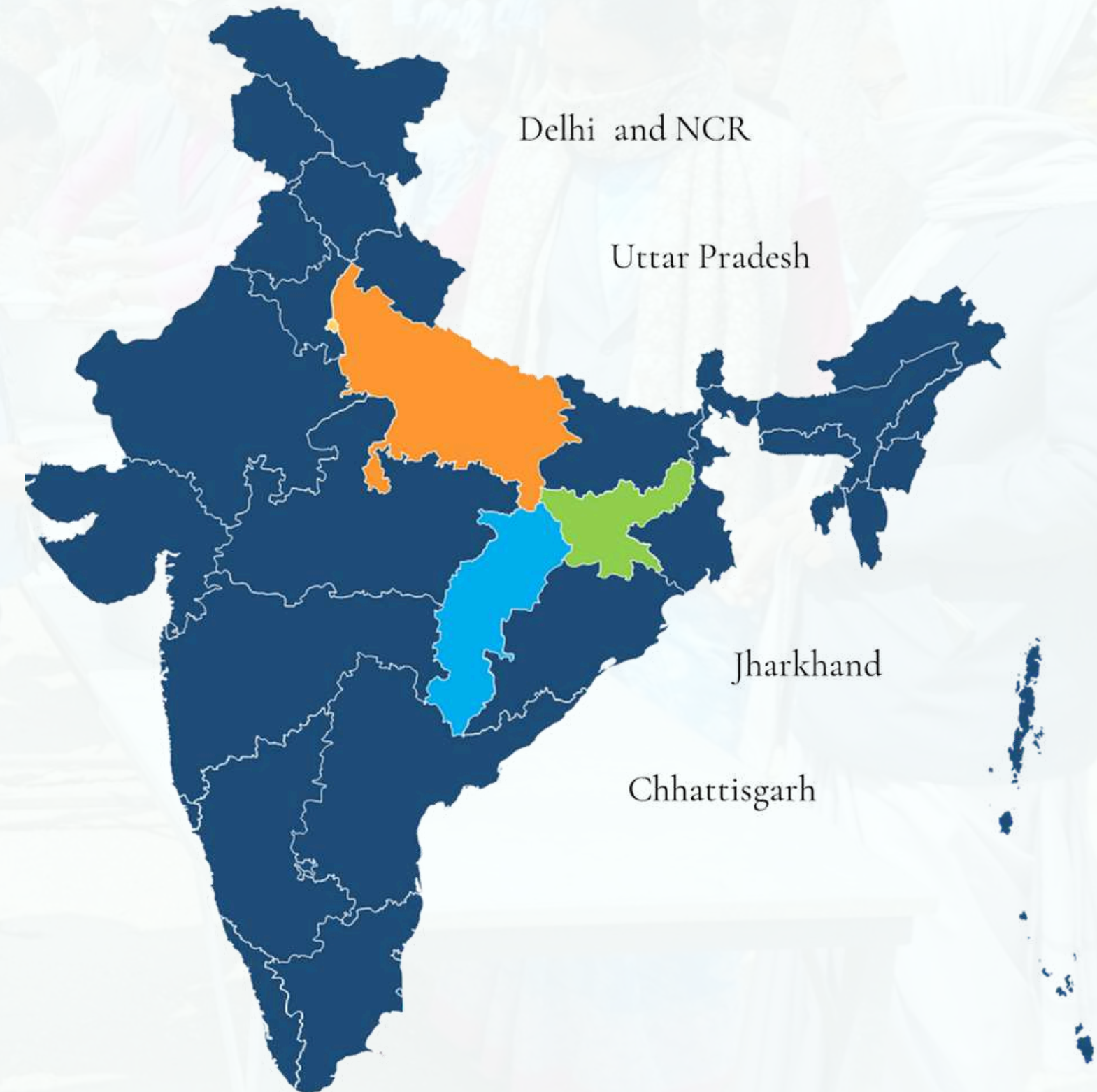
# THE EVOLUTION OF MARY'S MEALS



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Mary's Meals was introduced in India for the first time at St. Joseph's School, Assandh, Haryana, in April 2004. It began by serving daily lunch to 40 deserving children of the school. Soon the help was extended to different parts of India.

Today Mary's meals feeds 58,443 Children from the most disadvantaged communities in 04 states of India.



STATE-WISE PRESENCE OF MARY'S MEALS IN INDIA

# MARY'S MEALS – STATE- WISE DISTRIBUTION OF CHILDREN



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**CHHATTISGARH -**  
1. AMBIKAPUR



**DELHI AND UTTAR PRADESH -**  
1. SOUTH DELHI  
2. NORTH DELHI  
3. GAUTAM BUDH NAGAR  
4. GHAZIABAD



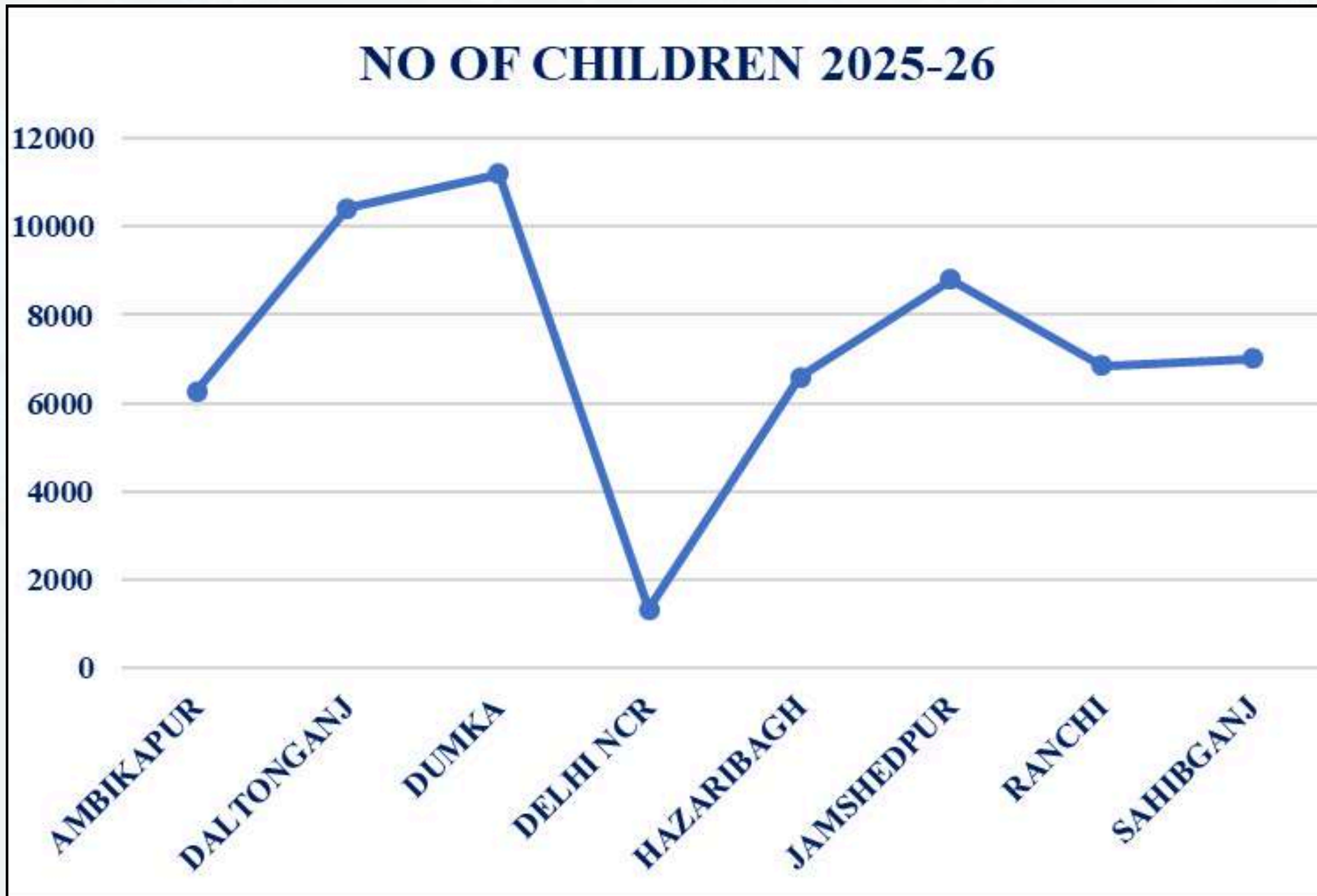
**JHARKHAND-**  
1. RANCHI  
2. DALTONGANJ  
3. DUMKA  
4. HAZARIBAGH  
5. SAHIBGANJ  
6. JAMSHEDPUR

# MARY'S MEALS REGION- WISE DISTRIBUTION OF CHILDREN



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**NO OF CHILDREN 2025-26**

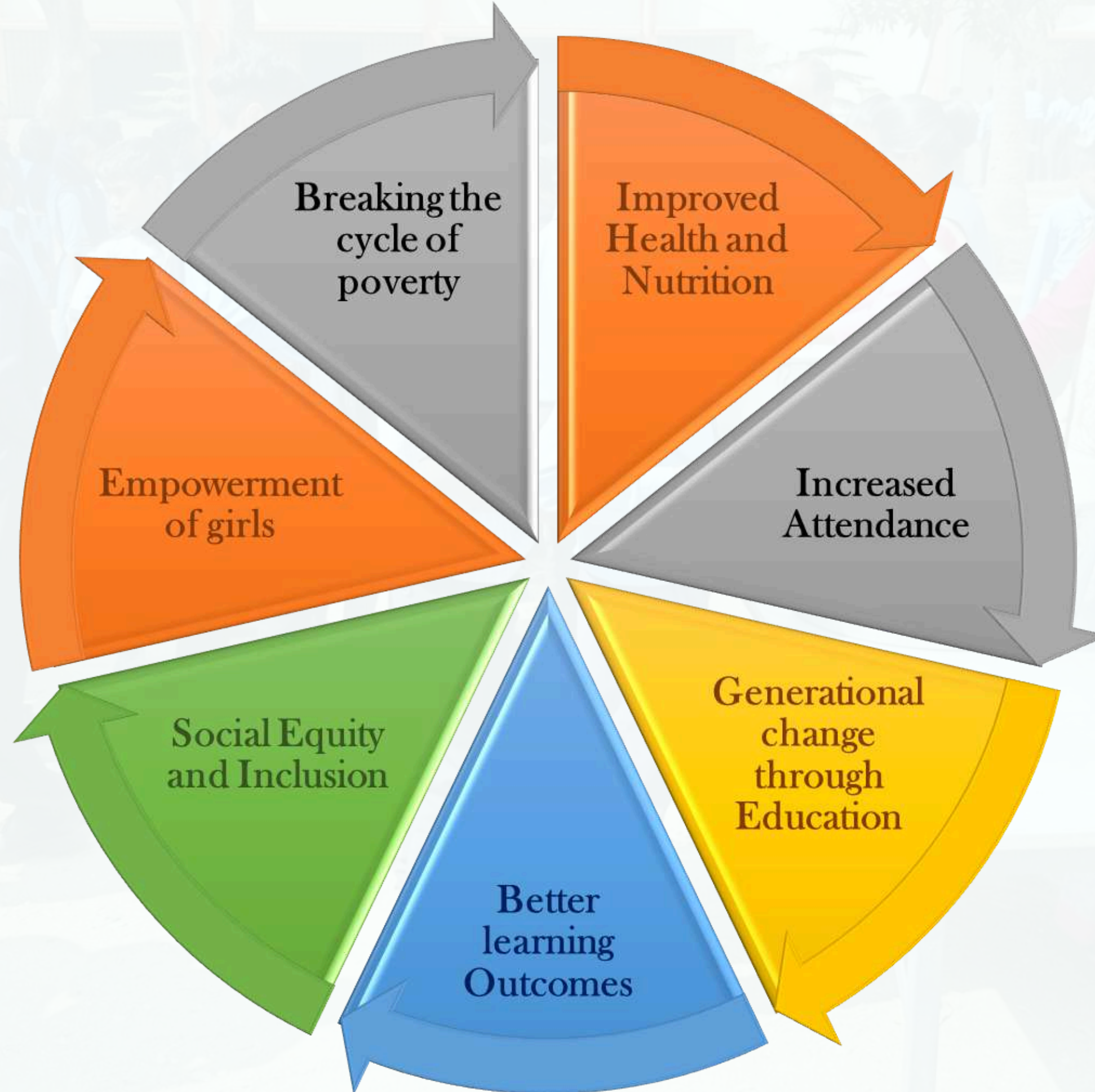


REGION NAME	NUMBER OF SCHOOL/CENTRES	NO OF CHILDREN 2025-26
AMBIKAPUR	24	6265
DALTONGANJ	27	10406
DUMKA	17	11191
DELHI NCR	6	1335
HAZARIBAGH	19	6583
JAMSHEDPUR	16	8803
RANCHI	18	6852
SAHIBGANJ	11	7008
<b>TOTAL</b>	<b>138</b>	<b>58443</b>

# IMPACT OF MARY'S MEALS



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# MARY'S MEALS PROCESS



# STOCK LOADING AND UNLOADING



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# STORING OF STOCK



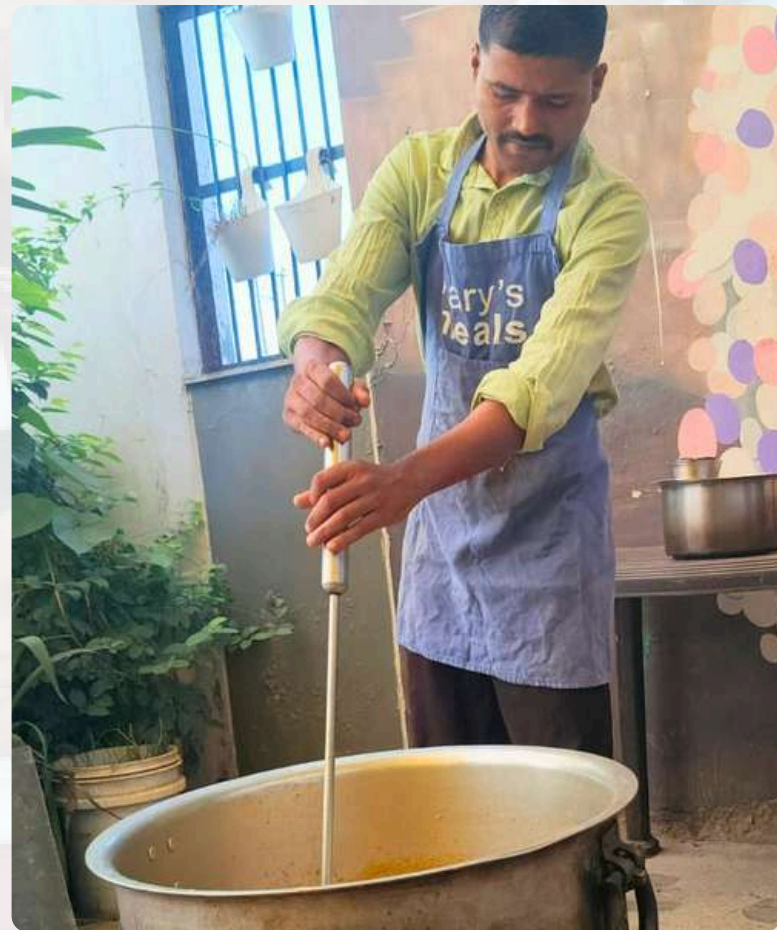
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# COOKING AND KITCHEN



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# MEAL DISTRIBUTION



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# CHILDREN ENJOYING NUTRITIOUS MEALS



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# DEEP CLEANING OF STORE



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# MONITORING AND EVALUATION VISITS



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# MARY'S MEALS TRAININGS



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# IMPACT STORIES

# Aniket Tigga

*St Paul's High School, Ranchi  
Jharkhand*



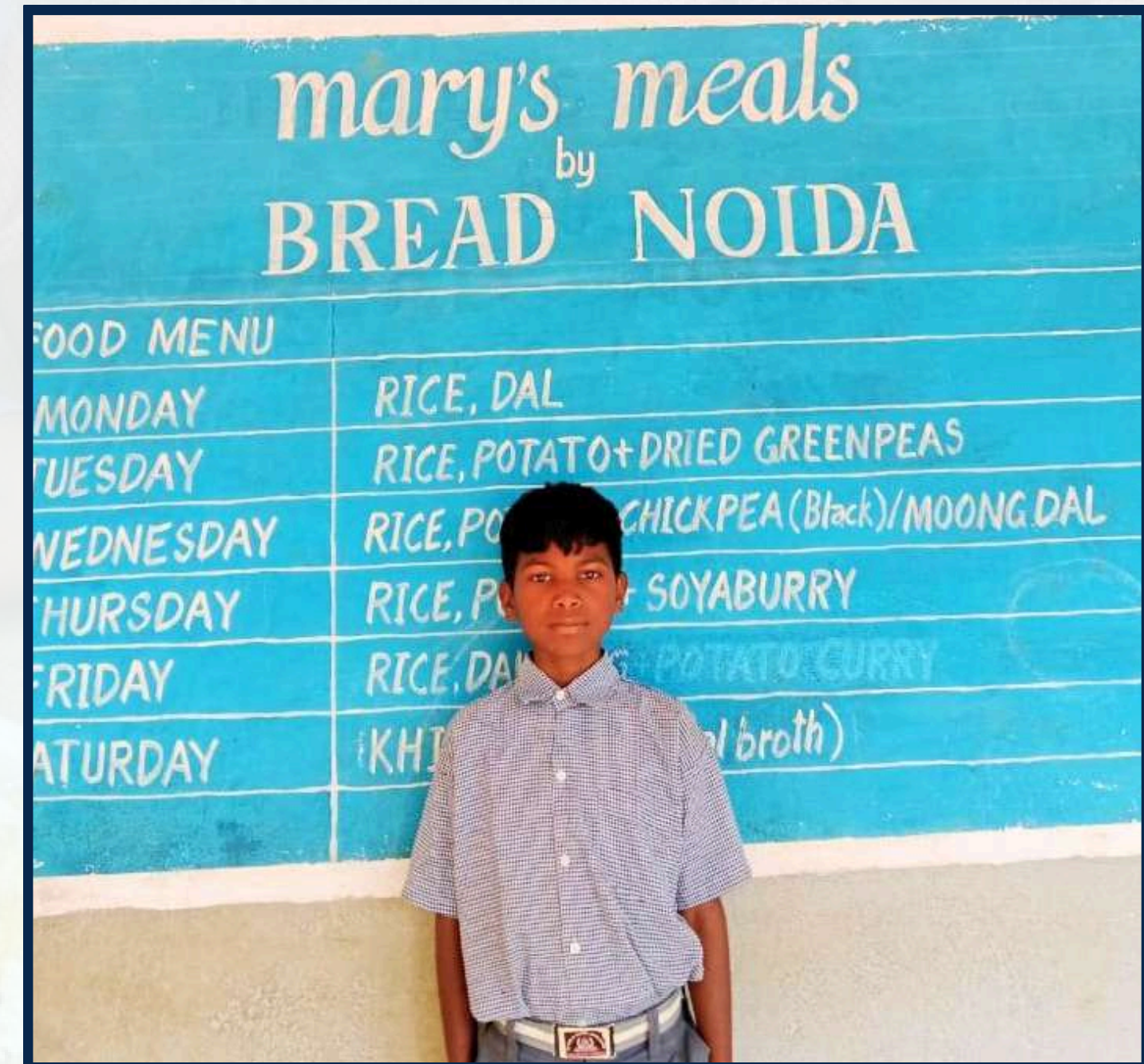
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My name is Aniket Tigga, and I study in Class 4 at St. Paul's High School, Garalodhma. I come from a simple family where all of us work hard every day to earn our daily livelihood. Due to our difficult circumstances, there were many days when I came to school without having breakfast. I often felt weak, tired, and unable to concentrate on my studies.

Since receiving meals through Mary's Meals, my life has changed for the better. The nutritious food provided at school has made me stronger, healthier, and more energetic. I now feel cheerful and active in class and can pay attention to my teachers and understand my lessons better.

I enjoy the delicious variety of meals we receive, including rice, dal, potatoes, and khichdi. These meals fill my stomach and give me the energy I need throughout the day.

Because of Mary's Meals, I attend school happily, complete my homework regularly, and take greater interest in my studies. I am deeply grateful for the support and care that Mary's Meals provides.



# Priyanka Kol

*Jai Hind PS MS Adrai  
Chhattisgarh*



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**My name is Priyanshi Kol, and I belong to the Koraku tribe. My parents are daily wage laborers, and I am the eldest of three children. Every day, my younger siblings and I walked 5 kilometers to school, often without eating anything. By the time we reached school, we were tired, hungry, and unable to concentrate on our studies.**

**When Mary's Meals started in our school, everything changed. I was happy and relieved to know that I would receive a nutritious meal every day. The meals have helped me stay active, focus better in class, and participate more confidently in school activities.**

**The program has also encouraged more children from my village to attend school, as parents know their children will receive food while learning. B**

**Thank you, Mary's Meals, for bringing hope, nourishment, and happiness to my life and my community.**



# Priya

*Capaldi Vijay Nagar Ghaziabad  
Delhi NCR*



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**My name is Priya, and I study in Class 2. I live in Chandmari with my parents, two brothers, and one sister. My parents work hard to support our family, but due to financial difficulties, it is not always easy to provide enough food and school supplies for all of us.**

**Before receiving meals through Mary's Meals, I often felt hungry, weak, and unable to concentrate in class. Now, I receive a nutritious meal every day at school, which has improved my health and given me the energy to learn and participate actively in my studies.**

**The programme has helped me attend school regularly and focus better on my lessons. It has also reduced some of the burden on my parents. I am grateful to Mary's Meals for supporting my education and helping me dream of a brighter future.**



# John Philip Hansdak

*Fatima Madhya Vidyalay, Gangmudi  
Jharkhand*



**My name is John Philip Hansdak. I come from Gangmundi village in Pakur district, Jharkhand. I am currently studying in Class 4 and work hard to do well in my studies. I am happy to share that I usually stand first in my class. I am punctual and always try to be respectful towards my teachers.**

**My family faces financial difficulties, and there were times when I did not feel motivated to come to school regularly. However, since Mary's Meals started providing meals in our school, I come to school happily every day. Knowing that I will receive a nutritious meal gives me encouragement and helps me focus better on my studies.**

**I am very grateful to Mary's Meals for their support and care. My parents are also thankful to the staff and management team for helping children like me continue our education with hope and confidence.**



# 2. MOTHER'S CARE



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**Mother's Care is basically a project geared to focus on children who need to be sustained in the path of education by providing scholarships, books, uniforms, shoes, stationery, etc. This is in-fact on-up in the ladder of child's development. Mother's Care retains children in classrooms. It gives them a hope to complete their studies up to Pre-University level.**



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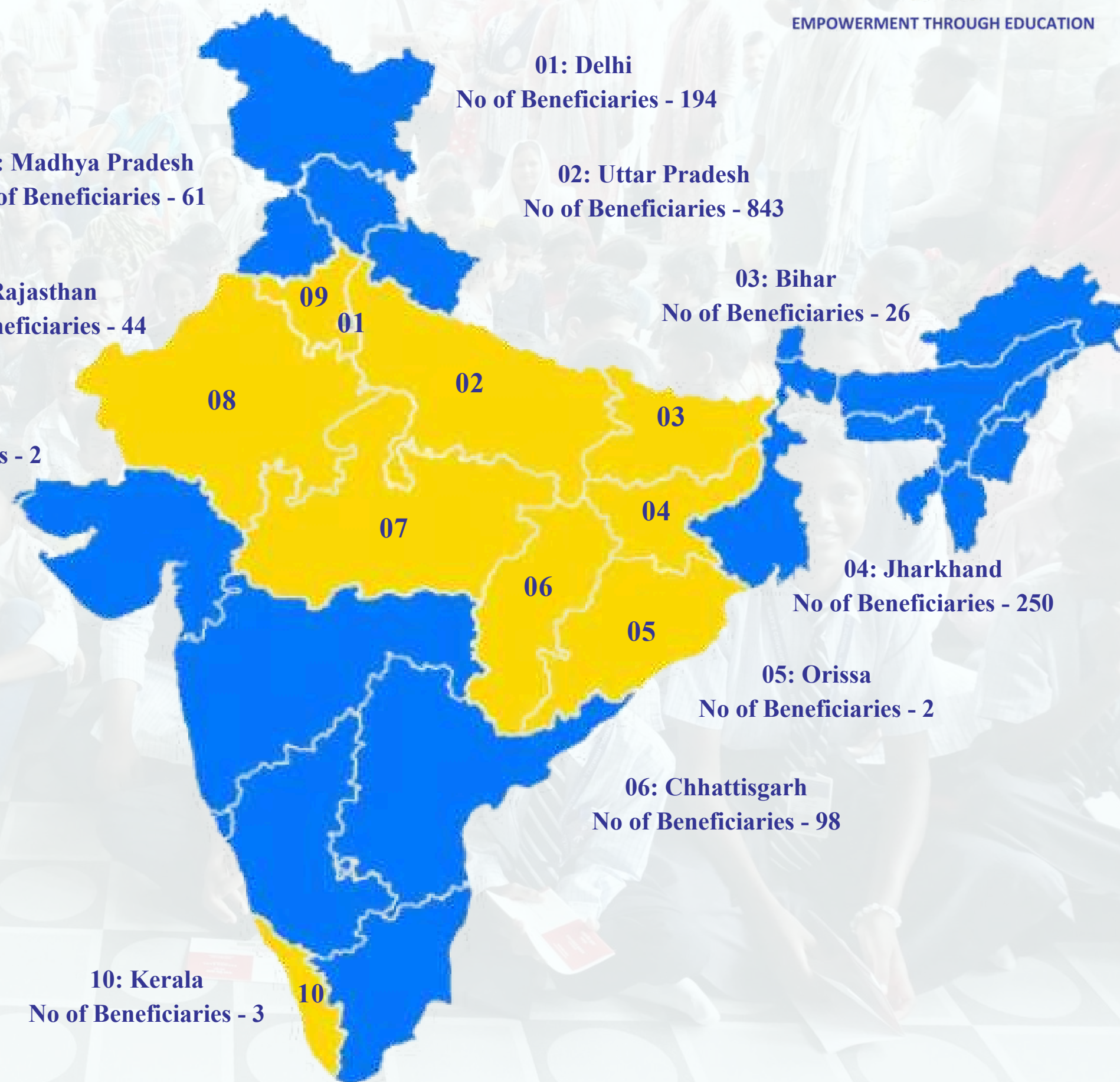
**During the year 2025-26  
Mother' care supported**

**1523**

**of the most disadvantaged  
students across**

**10**

**states in India, enhancing  
their access to education  
and learning.**



# ABOUT OUR BENEFICIARIES



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- **Our beneficiaries belong to underprivileged, marginalised, and particularly vulnerable communities, including tribal, indigenous, migrant, and disadvantaged families.**
- **Many are child labourers or children of daily wage earners such as rickshaw pullers, farmers, domestic workers, and construction labourers, facing persistent financial hardship.**
- **A significant number are orphans, from single-parent households, or have parents with disabilities. They often live in insecure, inadequate housing, while rural farming families rely on seasonal agriculture for their livelihood.**
- **Despite their potential and intelligence, these children are deprived of opportunities, as the struggle for survival often takes precedence over education.**



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# MOTHER'S CARE PROCESS

# DOCUMENTATION



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# COMMON MEETING



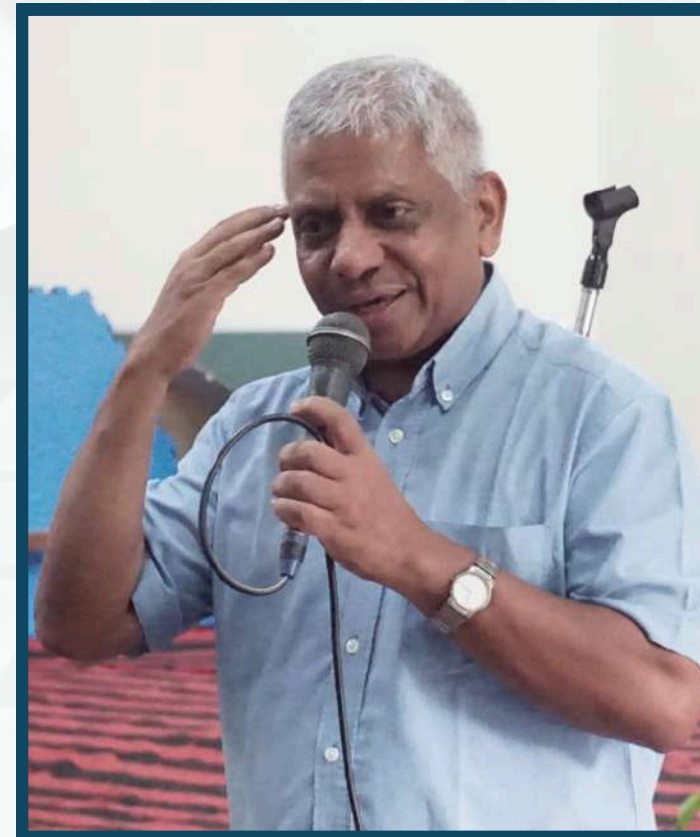
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# STAKEHOLDER INTERACTION



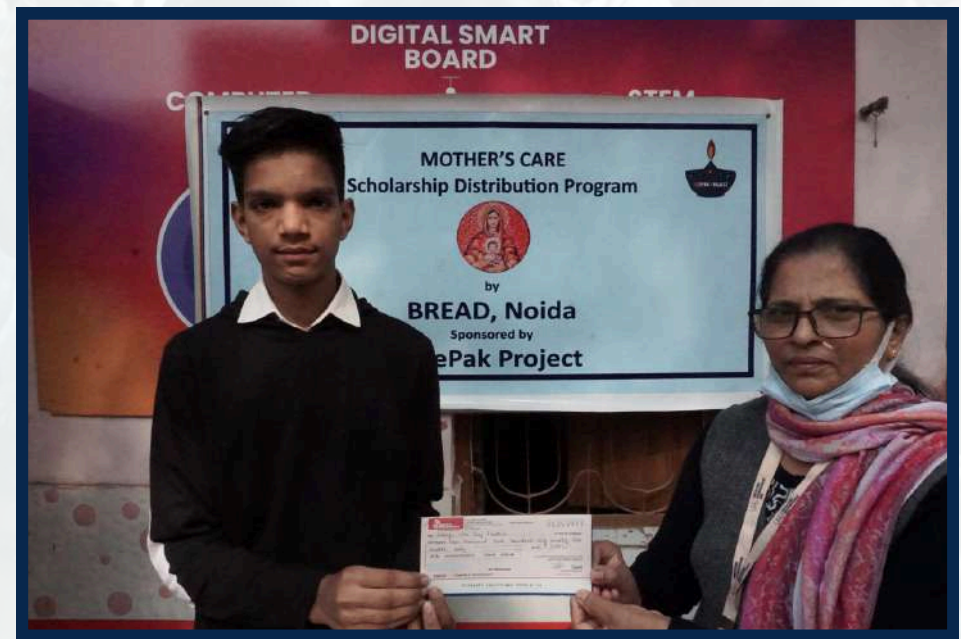
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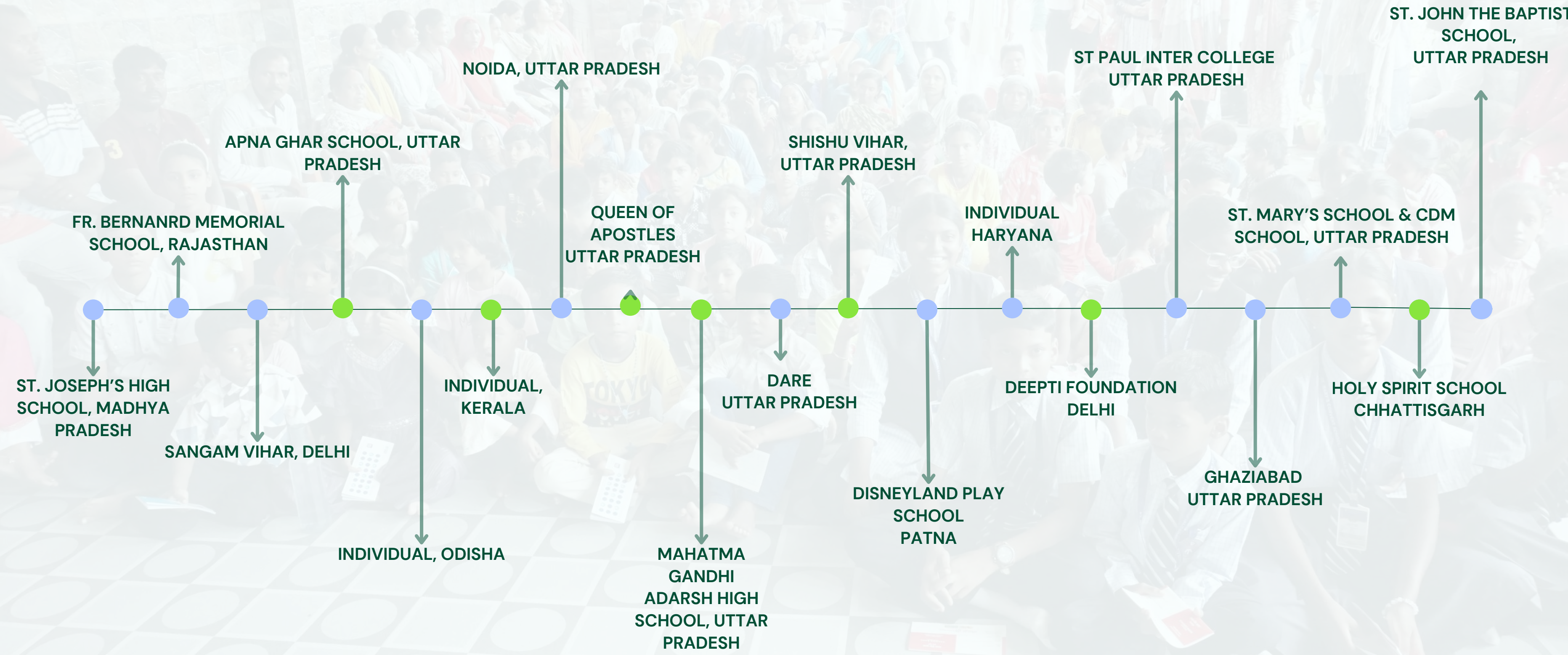
# SCHOLARSHIP DISTRIBUTION



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# SCHOLARSHIP DISTRIBUTION- TIMELINE





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# Community and School-wise Scholarship Distribution

# ST. JOSEPH'S HIGH SCHOOL, MADHYA PRADESH

No of Beneficiaries : 61



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# ST. MARY'S SCHOOL & CDM SCHOOL, UTTAR PRADESH

No of Beneficiaries : 93



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# NOIDA, UTTAR PRADESH

No of Beneficiaries : 141



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# MAHATMA GANDHI ADARSH VIDYALAYA, UTTAR PRADESH

No of Beneficiaries : 75



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# BIRSA MUNDA SCHOOL, JHARKHAND

No of Beneficiaries : 250



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# HOLY SPIRIT SCHOOL, CHHATTISGARH

No of Beneficiaries : 98



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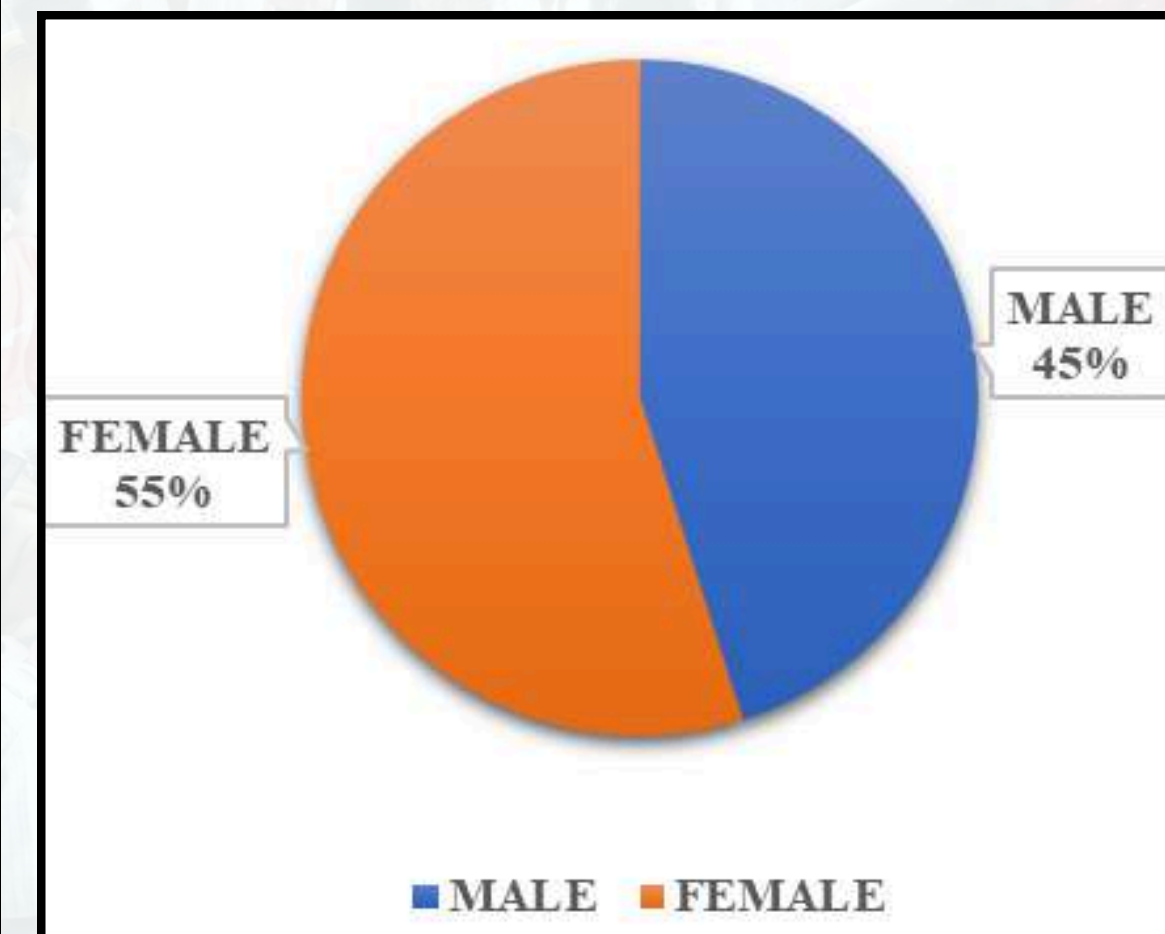
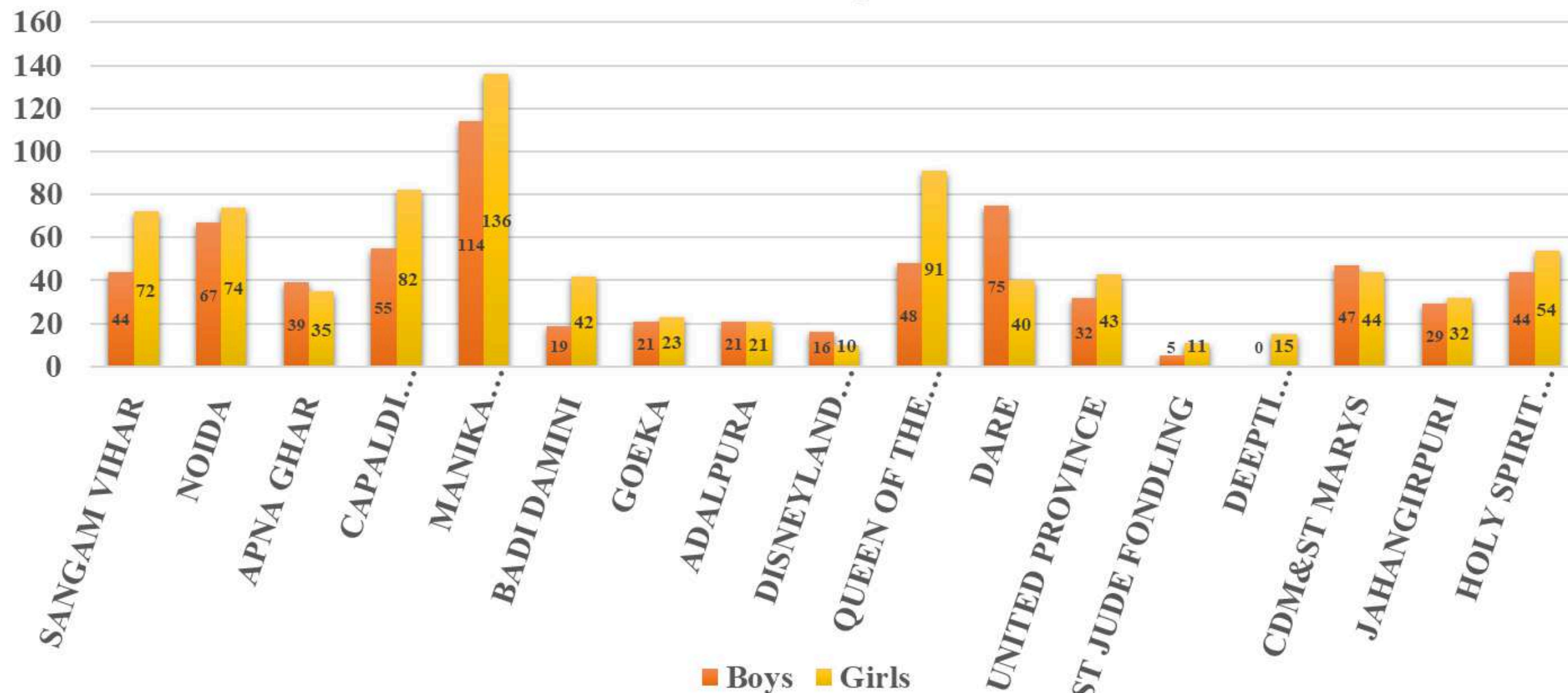


# MOTHER'S CARE GENDER IMPACT 2025-26



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Gender Impact



Mother's Care demonstrates a strong commitment to gender inclusion, with girls comprising 55% of the beneficiaries, reflecting a focused effort to support and empower girl children in education.

At the same time, 45% boys are supported across centres, ensuring a balanced and inclusive approach to reaching disadvantaged children.

# IMPACT STORIES



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*" I am studying in Class 11. My father works as a cook and my mother is a homemaker. We migrated from Nepal to Noida in search of better livelihood opportunities. I have four sisters and one brother, and despite financial challenges, all of us are committed to our education. The Mother's Care Scholarship, supported through BREAD Noida, has been a great support for my family. This financial assistance helps cover my annual school fees and ensures that my education continues without interruption."*

**-Usha (Name Changed), Apna Ghar School, Uttar Pradesh**



*"I am studying in Class VI. I belong to a Particularly Vulnerable Tribal Group (PVTG) family, and this is the fifth year I have been receiving support through the Mother's Care Scholarship. I have three siblings, and due to our family's financial difficulties, my parents are unable to afford our education.*

*Through the Mother's Care Scholarship supported by BREAD Noida, I receive books, uniforms, shoes, and a school bag, which help me continue my studies. I am sincerely thankful for supporting my education and giving me hope for a better future."*

**-Champa (Name changed) Birsa Munda School, Jharkhand**



*"I was rescued from a railway station where my family used to live. My mother still wanders around the railway station and begs for a living. My father passed away a few years ago in a road accident. One of my younger brothers was lost at the railway station, and another brother still lives there and begs for a living.*

*In the future, I want to become a nurse. I am now studying in a Hindi medium school in a village and I feel very happy and comfortable in my new environment.*

*I am very thankful for the support through BREAD, which is helping me continue my studies and work towards a better future."*

**-Pooja (Name Changed), DARE, Uttar Pradesh**

# 3. MOTHER'S LEAP



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**The mission is to reach out to economically weak, but bright and hard working youth with financial help for Professional education, skill development and job oriented training, to free them from tradition that enslaves them and to empower them to make their own free choices. Mother's Leap helps to break through the generational poverty by professional education, skill development or job oriented training programs.**



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## **PROGRAMME OBJECTIVE:**

Mother's Leap supports economically disadvantaged yet talented and hardworking youth by providing financial assistance for professional education, skill development, and job-oriented training, enabling them to break free from generational poverty.

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## **SUPPORT PROVIDED:**

During the reporting year 2025-26 , 2 youth received financial support under the Mother's Leap programme to pursue professional education or skill-based training aligned with employability and self-reliance.



## **LONG-TERM IMPACT:**

By investing in education and skills, Mother's Leap empowers youth to make independent life choices, secure sustainable livelihoods, and contribute positively to their families and communities.

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# Nishant Lakra

*BA Hons Political Science 2<sup>nd</sup> year*



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**My name is Nishant Lakra, and I am currently pursuing BA (Hons) in Political Science from Delhi University. My educational journey has been filled with financial challenges, and there were times when continuing my studies seemed impossible. During these moments, I received support through the Mother's Care Scholarship of BREAD, sponsored by Marelli, which became a turning point in my life. This assistance helped me complete my schooling, including Class 12 and a diploma, by easing financial burdens and allowing me to focus on my studies.**

**After school, I continued to receive support through Mother's Leap, again with Marelli's support, enabling me to pursue higher education with confidence.**

**I am deeply grateful to Marelli, BREAD, and the Mother's Care and Mother's Leap programmes for supporting me at every stage of my education. Their belief in me has inspired me to aim higher and work towards contributing positively to society in the future.**



# Sheetal

*Bachelors of Computer Application, 3<sup>rd</sup> year*



EMPOWERMENT THROUGH EDUCATION

**I am Sheetal, currently pursuing BCA at CHRIST University. I would like to express my heartfelt gratitude to Mother's Leap for the invaluable support extended to me during a challenging phase of my life.**

**Managing the educational expenses for both me and my brother had become extremely difficult for my father, placing a significant financial strain on our family. In that moment of need, I reached out for support, and I am truly thankful that my request was considered.**

**The assistance I received has made a meaningful difference. It has not only eased the financial burden on my family but has also allowed me to continue my education with greater focus and stability. This support has strengthened my confidence and motivated me to work harder towards building a better future.**

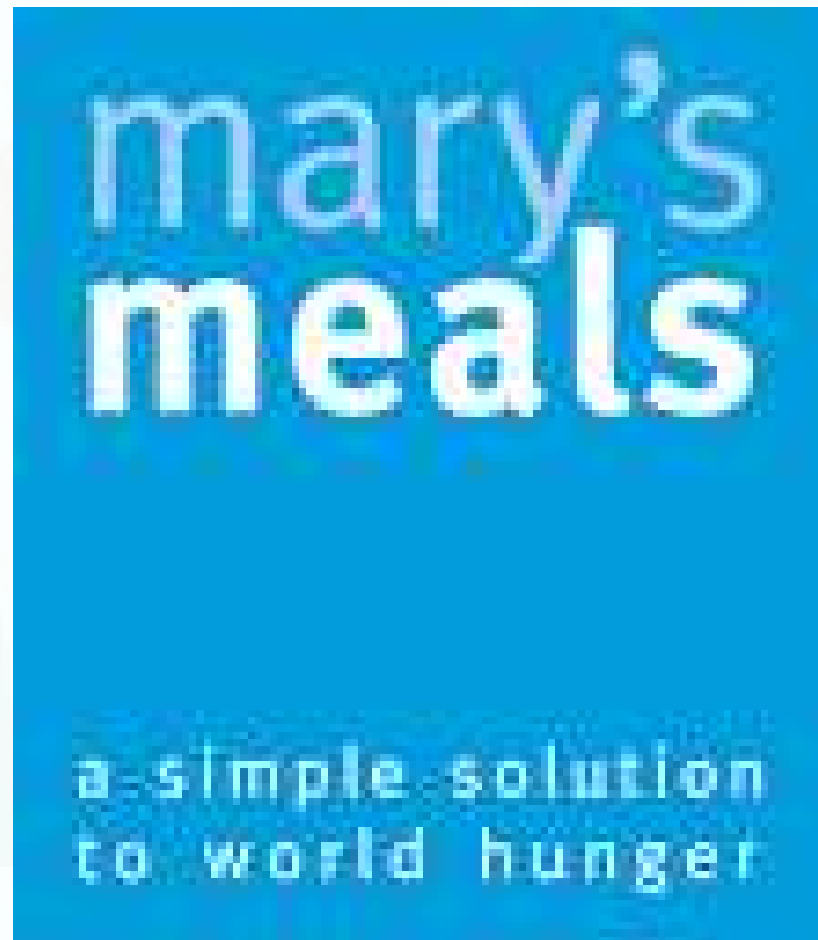
**I am deeply grateful for the trust and kindness shown to me. This opportunity has truly been life-changing, and I will always carry this support with a sense of responsibility and determination.**



# WE THANK OUR PARTNERS



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Mother's Care India, Scotland



Mother's Care, SPAIN



**ASSOCIAZIONE FRATELLI  
DELL'INDIA-ODV**

# AND OUR INDIVIDUAL DONORS