

FOOD MENU  
MONDAY - RICE + DAL + PICKLE  
TUESDAY - RICE + POTATO + BUTTAR  
WEDNESDAY - RICE + POTATO + CHANA  
THURSDAY - RICE + POTATO + CHANA BURRY  
FRIDAY - RICE + EGGS + POTATO CURRY  
SATURDAY - RICE + CHICKEN + PICKLE



EMPOWERMENT THROUGH EDUCATION

# ANNUAL REPORT

2024-25

BOARD FOR RESEARCH EDUCATION AND DEVELOPMENT



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# MESSAGE FROM THE DIRECTOR

It has been 22 years ever since Mary's Meals feeding programme began in India. When I look back there is a great sense of gratitude to God, the Government of India, donors, staff, well-wishers, volunteers and above to the children who are core to the work of BREAD.

I place on record the donors who have time and again professed their long-term commitment to BREAD because of its transparency and efficiency in impacting the lives of countless children.

Part of the core philosophy of Bread is that it is not much of doing rather being in the heart of a programme. It means walking along with the stakeholders with full commitment and dedication. I feel proud that the Bread staff and all the stakeholders try to live up to it daily. It is a continues, challenging walk, but with trust in Him and with the support of others it is not impossible.

**Joson Tharakan John**

**Managing Trustee**



# INTRODUCTION



Board for Research Education And Development (BREDA) was established on 21st April, 2009, to ensure that every child has access to both food and education. Education of children is the most effective approach to eradicate poverty, so that they may see light at the end of the tunnel.

**BREDA's motto is “Empowerment Through Education”. The primary goal is to uplift children from marginalised and voiceless communities through initiatives like Mary’s Meals, Mother’s Care, Mother’s Leap, and the School Improvement Programme.**

**BREDA’s commitment goes beyond food and education, taking proactive steps to aid those in need during emergencies, natural disasters, pandemics, and other critical situations through Emergency Relief programmes.**



# BREAD REACHOUT 2024-25



**MARY'S MEALS** ..... **66,404** CHILDREN

**MOTHER'S CARE** ..... **1159** CHILDREN

**MOTHER'S LEAP** ..... **08** CHILDREN

**SCHOOL IMPROVEMENT  
PROGRAMME** ..... **01** at GHAZIABAD

THE ORGANISATION IS INVOLVED IN VARIOUS MODALITIES TO ACHIEVE ITS VISION, AND HAS FOUR MAJOR PROGRAMS:



# PROJECTS

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# Mary's Meals

**Mary's Meals** is an attempt to provide daily nutritious meals to the children in school/non formal learning centres, regardless of their diversity. This meal encourages children into the class-rooms. It gives children the sustenance they require, not just to survive, but to concentrate, learn, grow and develop healthily.



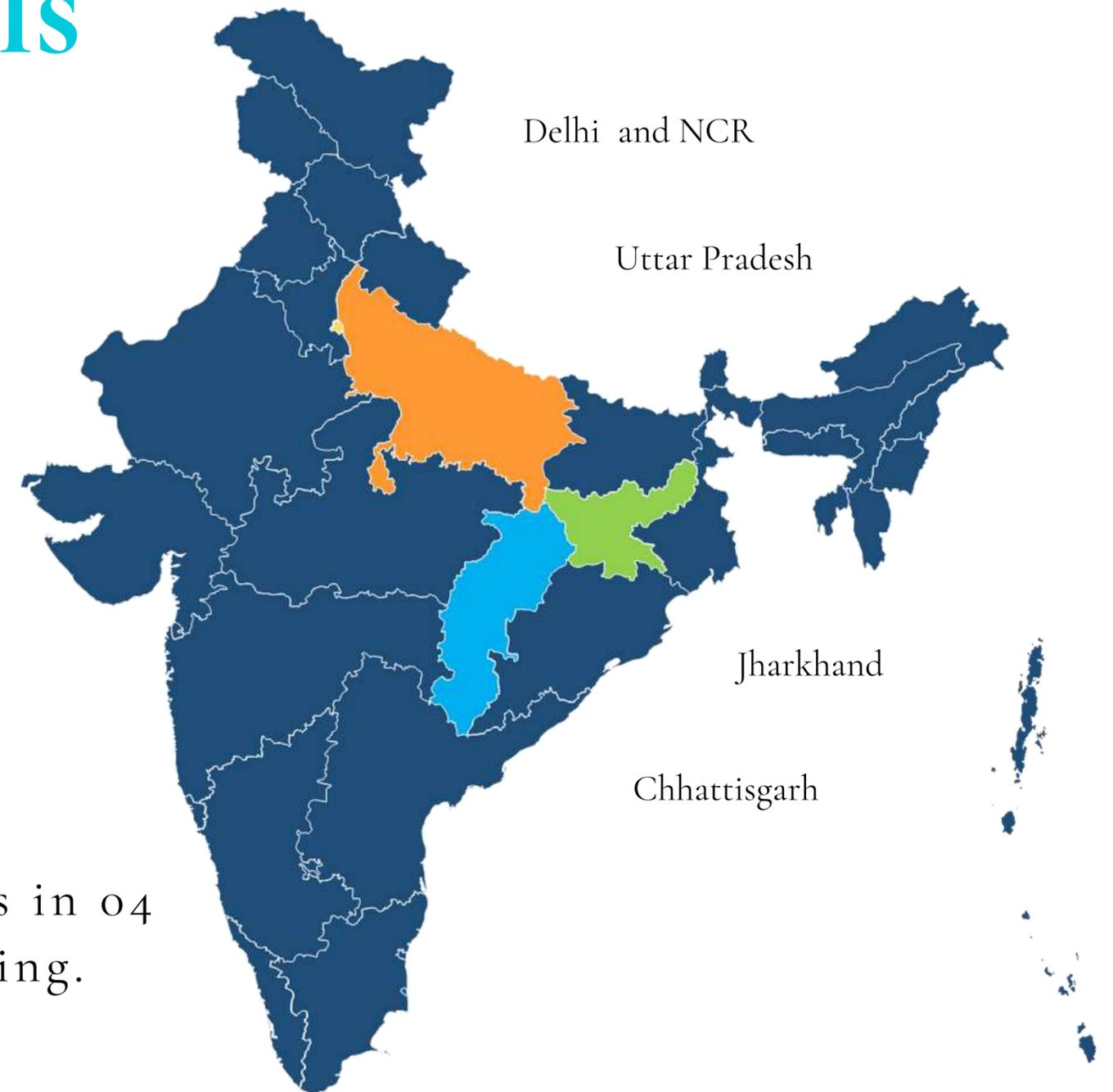
# Mary's Meals

Mary's Meals was introduced in India for the first time at St. Joseph's School, Assandh, Haryana, in April 2004. It began by serving daily lunch to 40 deserving children of the school. Soon the help was extended to different parts of India.

Today Mary's Meals feeds

66,404

Children from the most disadvantaged communities in 04 states of India in the context of education/learning.



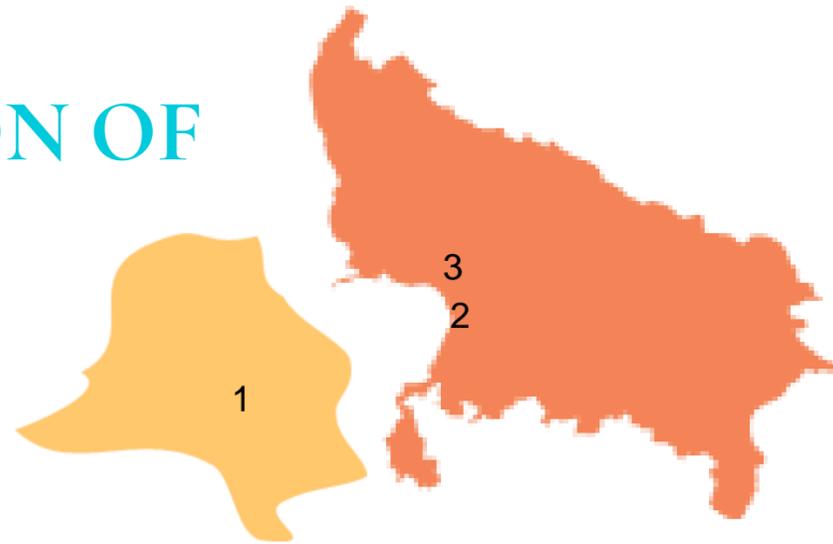
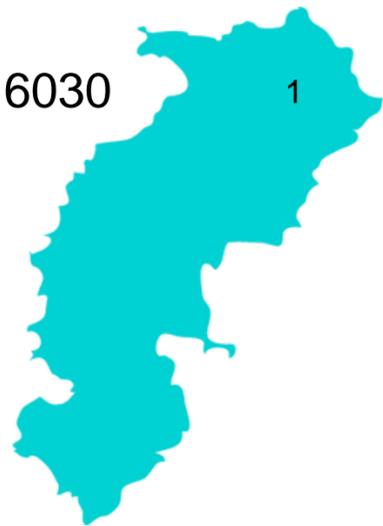
Mary's Meals state-wise feeding in INDIA



# MARY'S MEALS - STATE- WISE DISTRIBUTION OF CHILDREN

CHHATTISGARH - 6030

- 1.Ambikapur



DELHI AND UTTAR PRADESH - 1142

- 1.South-Delhi
- 2.Gautam Budhha nagar
- 3.Ghaziabad

Name of State - Number of children

Name of impacted regions

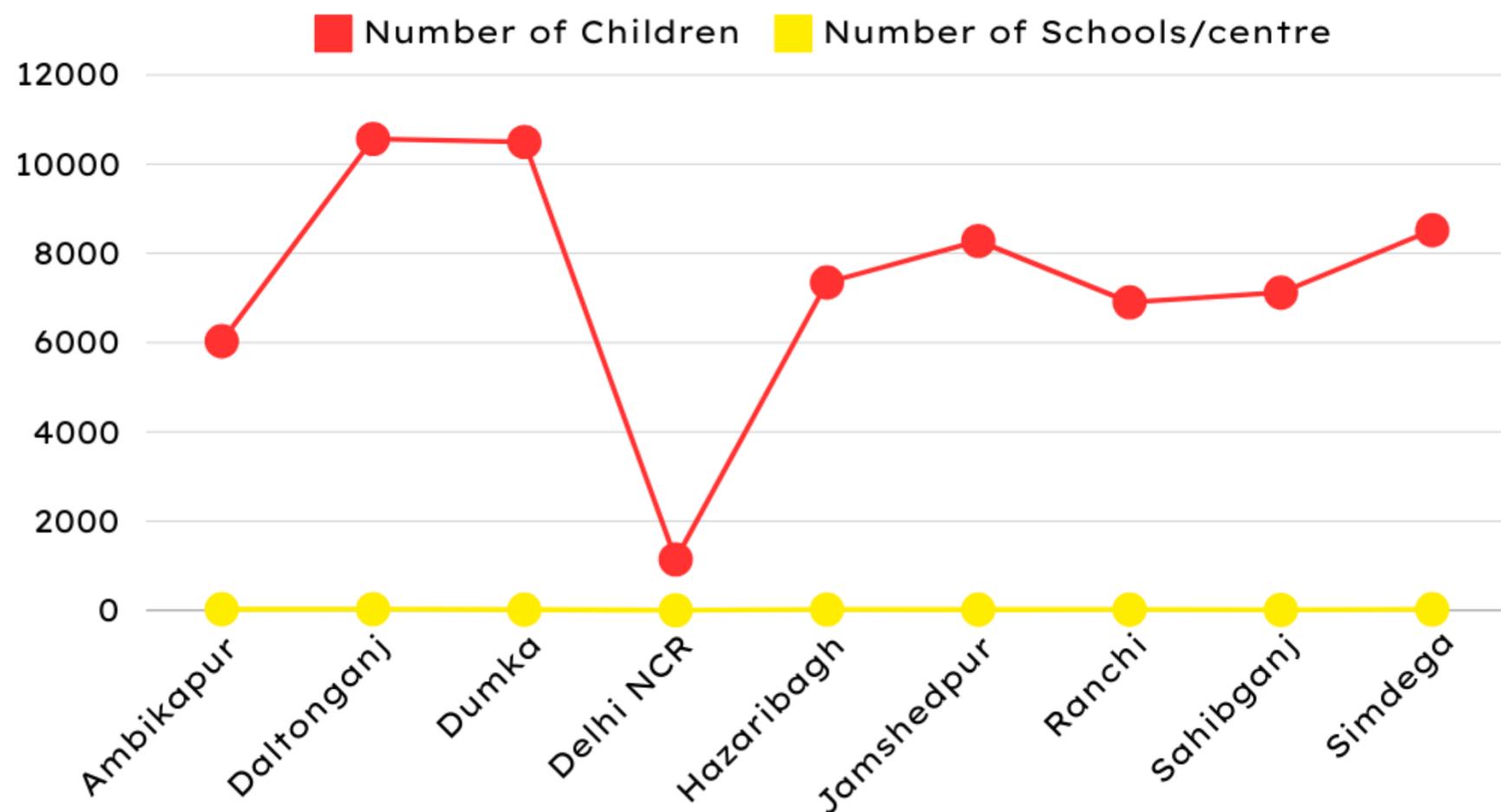


JHARKHAND - 59,232

- 1.Ranchi
- 2.Daltonganj
- 3.Dumka
- 4.Hazaribagh
- 5.Sahibganj
- 6.Simdega
- 7.Jamshedpur



## Mary's Meals - Region-wise distribution of children



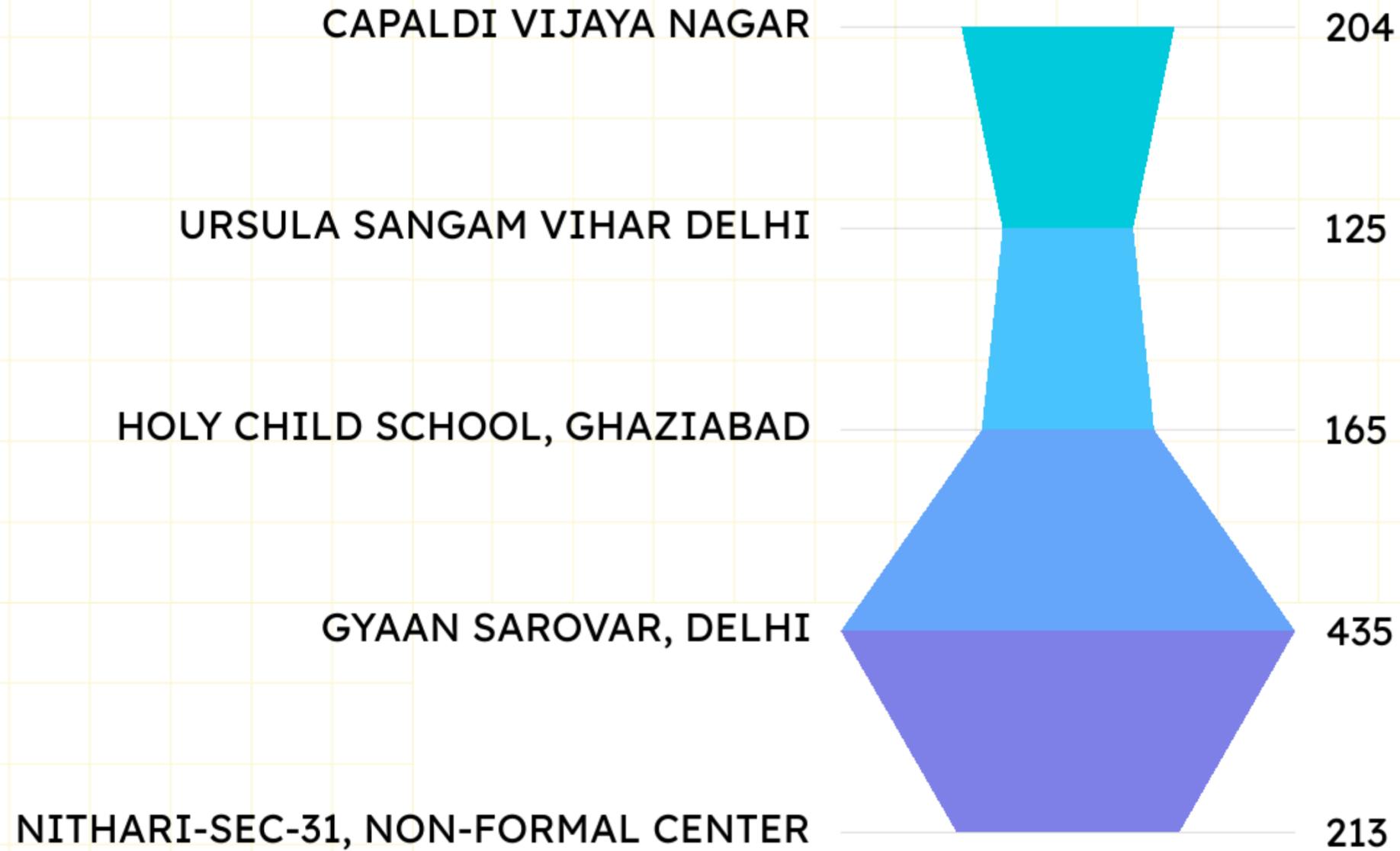
NO. OF SCHOOLS : 161

NO. OF NON-FORMAL CENTRES: 04

Sno.	Region	No. of schools/ Centre	No. of children 2024-25
1.	Ambikapur	25	6030
2.	Daltonganj	28	10566
3.	Dumka	17	10496
4.	Delhi NCR	5	1142
5.	Hazaribagh	21	7346
6.	Jamshedpur	16	8278
7.	Ranchi	18	6905
8.	Sahibganj	12	7120
9.	Simdega	23	8521
	Total	165	66404



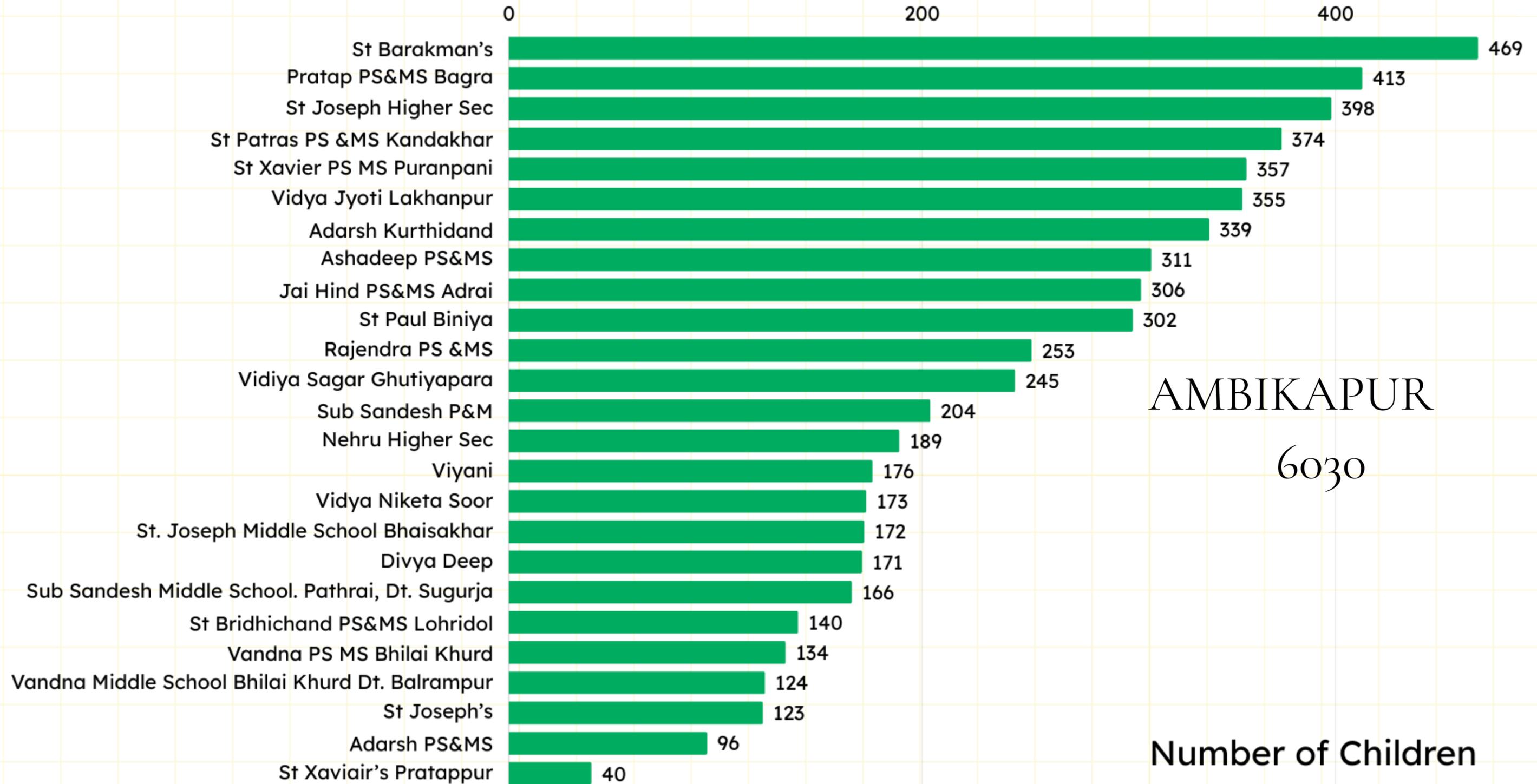
## Mary's Meals : School/ Centre-wise distribution of children



DELHI & UTTAR PRADESH



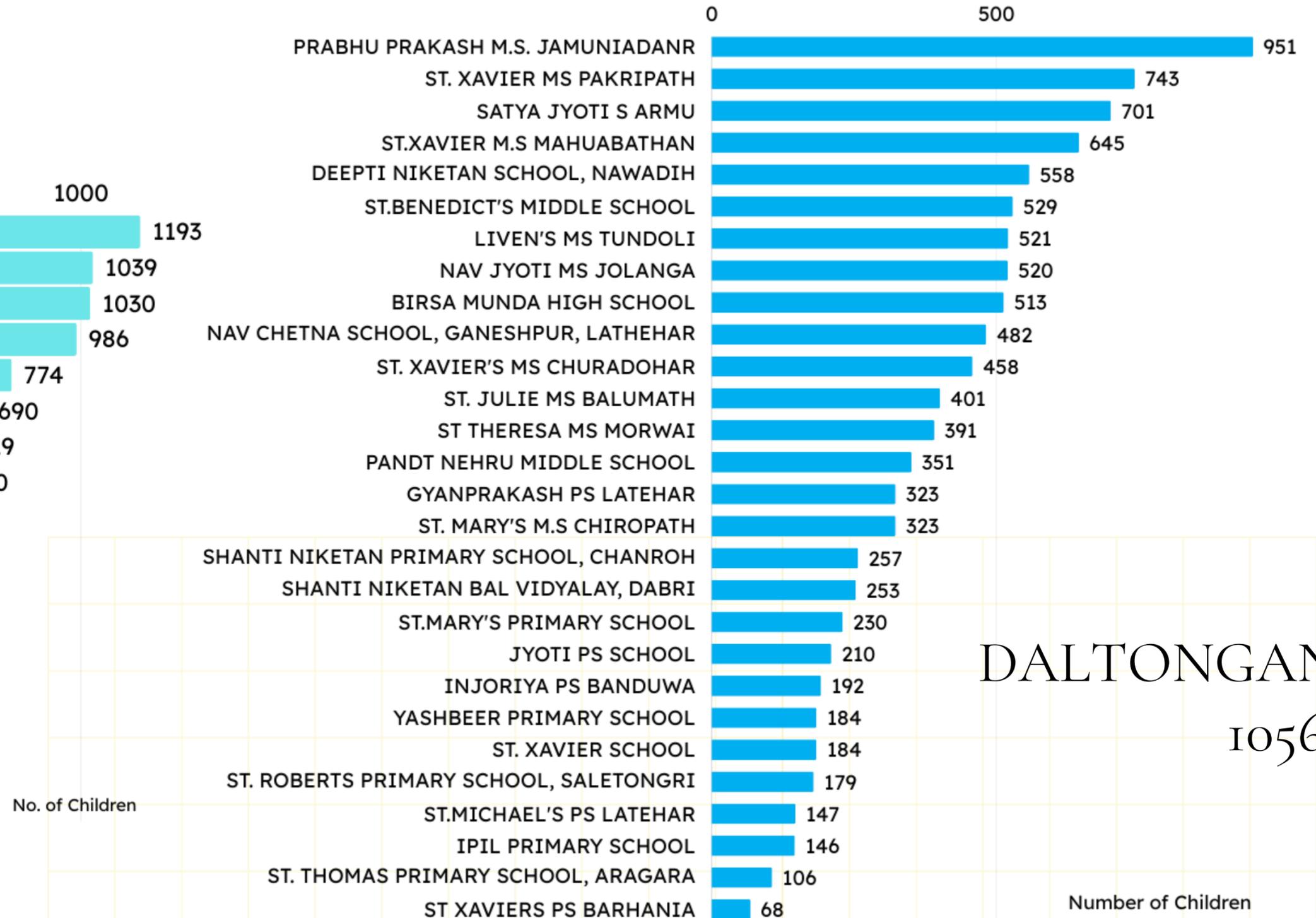
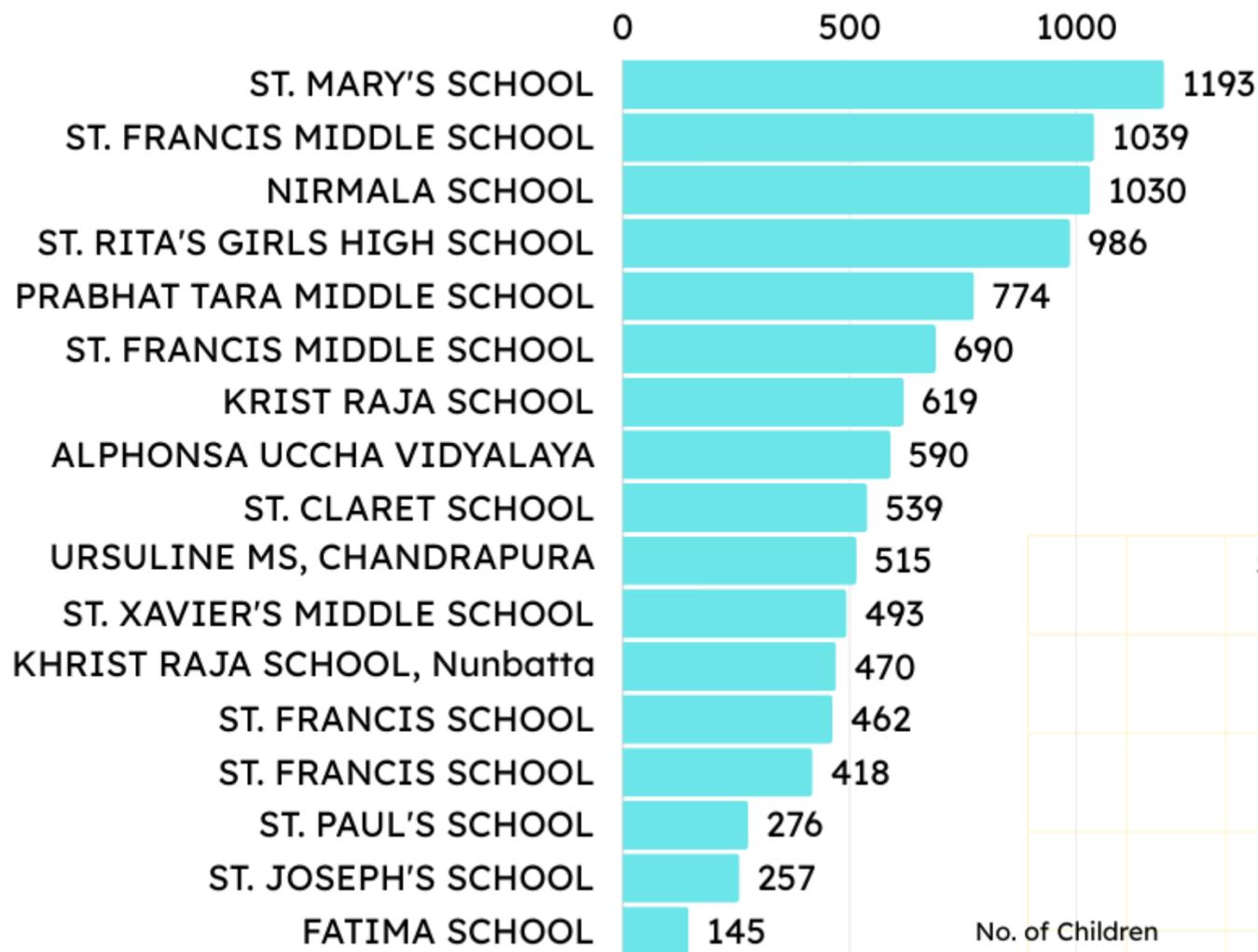
## Mary's Meals : School/ Centre-wise distribution of children





## Mary's Meals : School/ Centre-wise distribution of children

DUMKA  
10496



DALTONGANJ  
10566

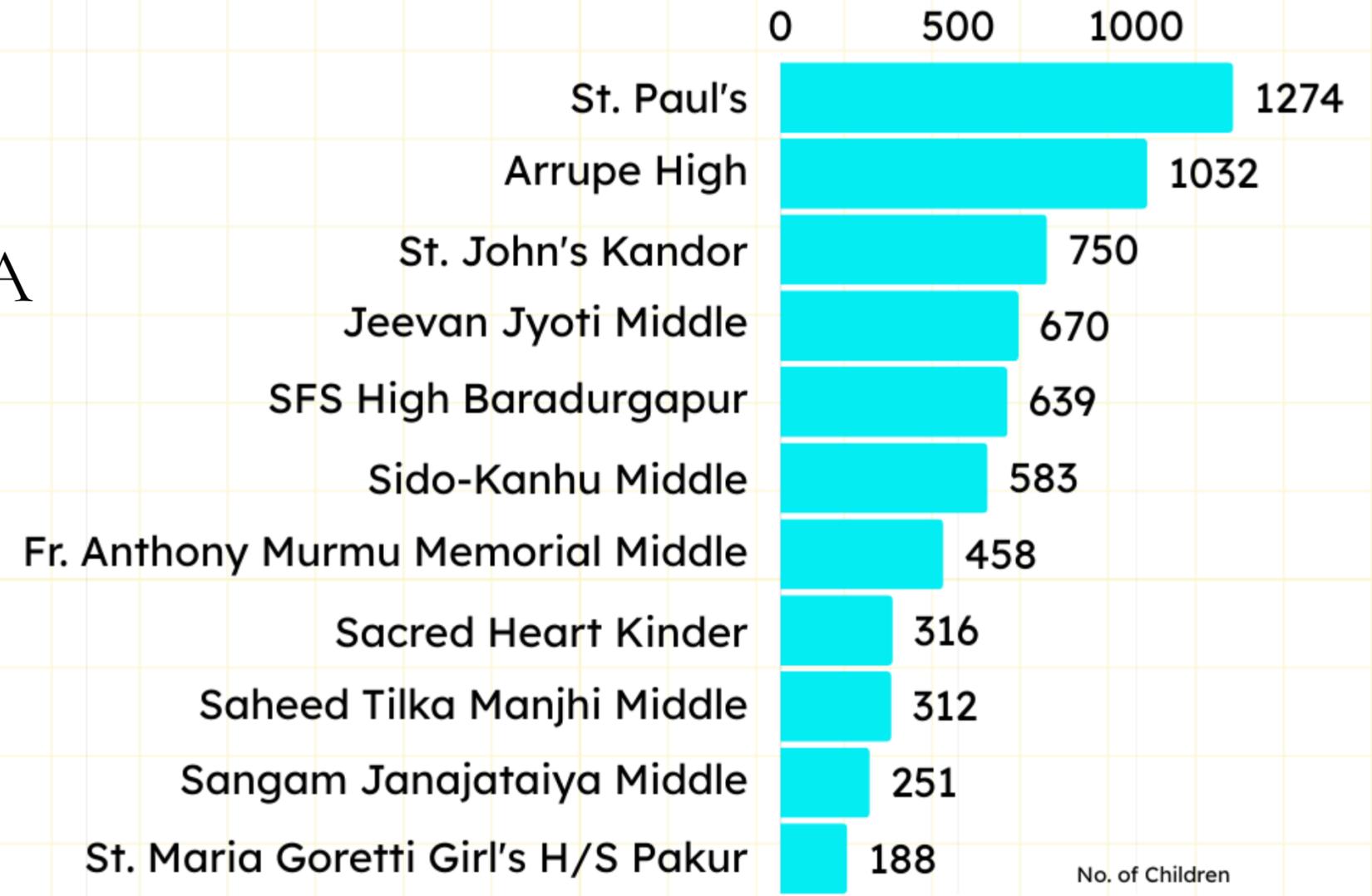
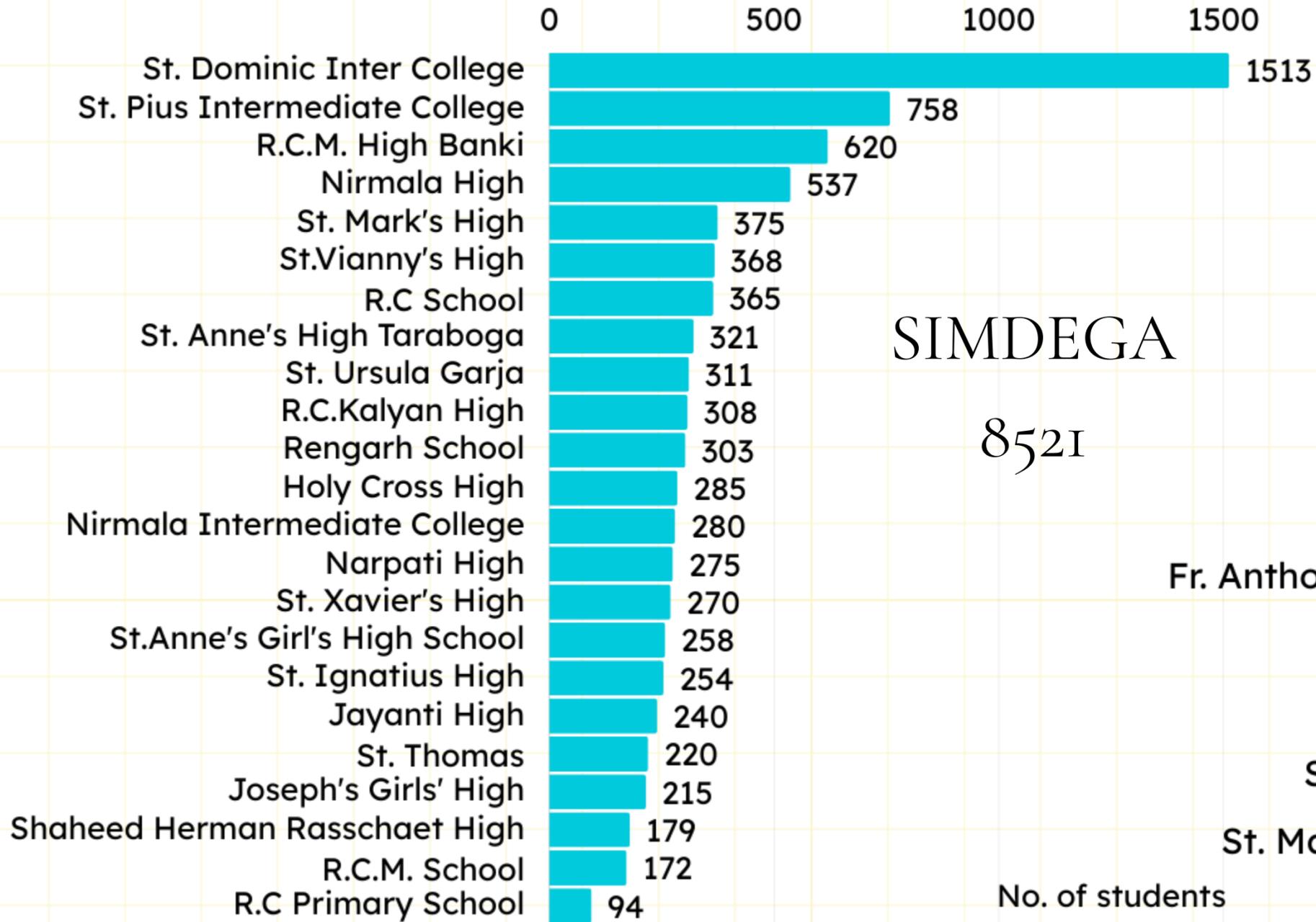
No. of Children

Number of Children



# Mary's Meals : School/ Centre-wise distribution of children

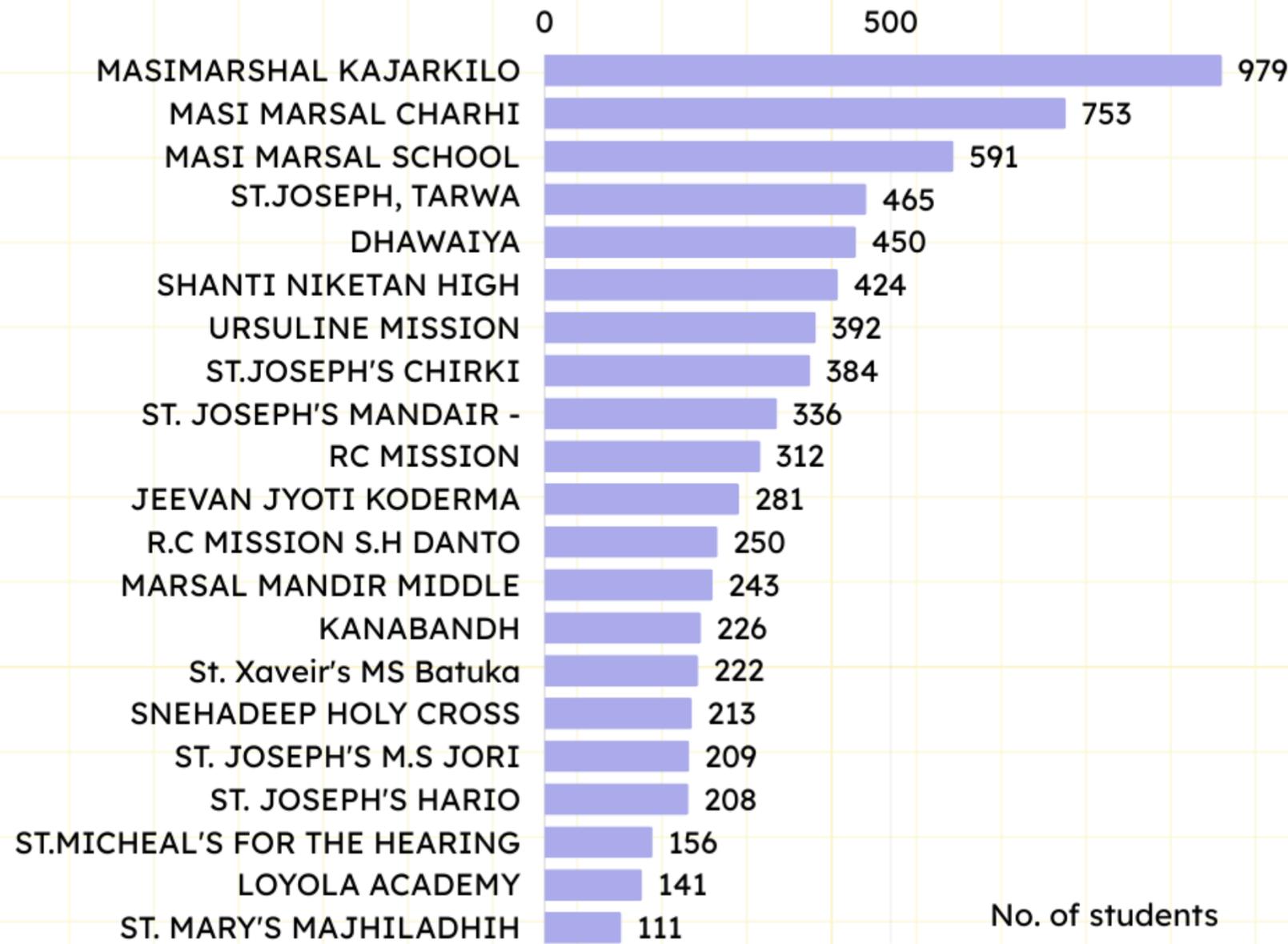
SAHIBGANJ  
7120



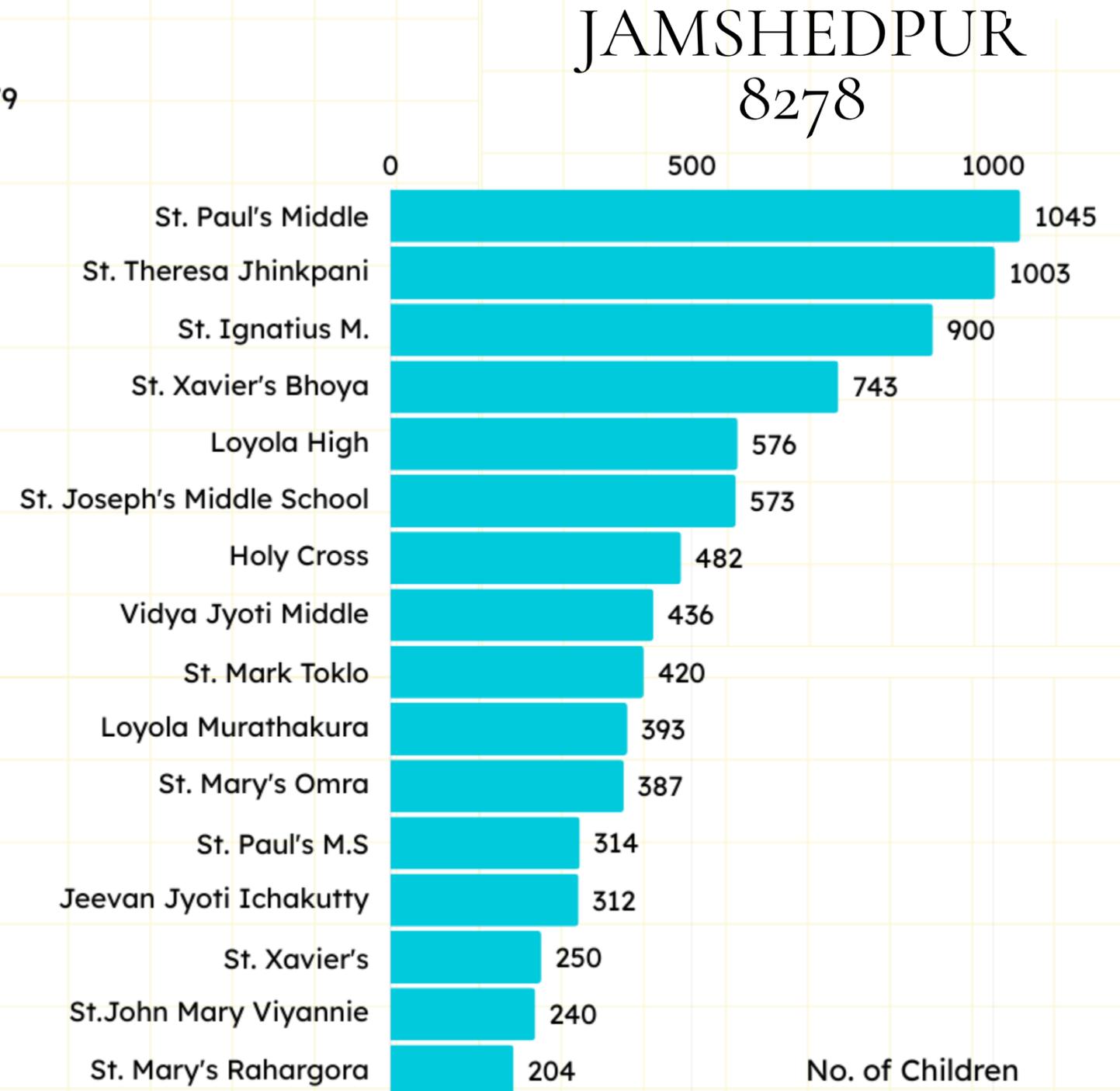
No. of students

No. of Children

## Mary's Meals : School/ Centre-wise distribution of children



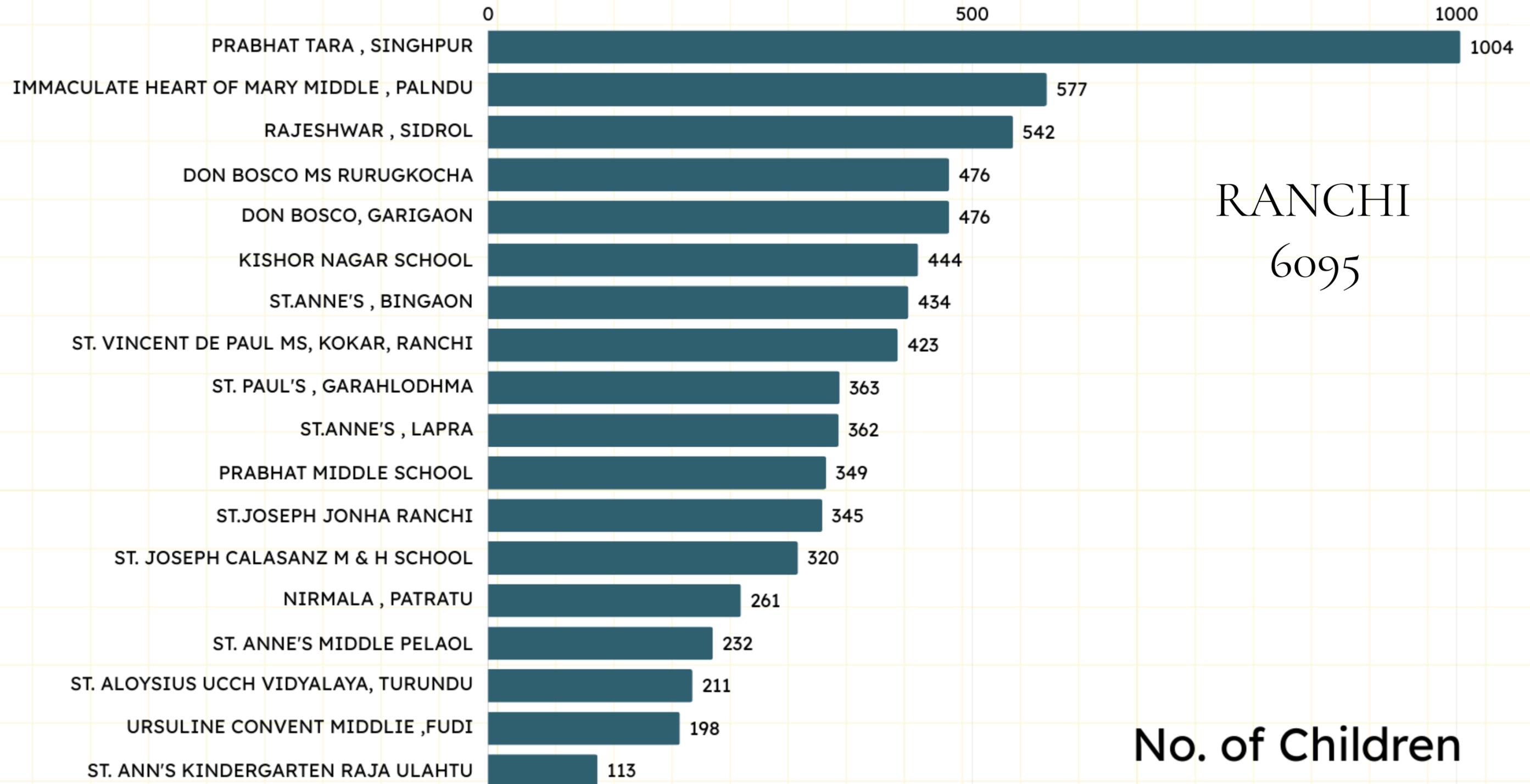
HAZARIBAGH  
7346



JAMSHEDPUR  
8278



## Mary's Meals : School/ Centre-wise distribution of children





# FRUITS OF MARY'S MEALS

Nutritious food for the deserving children

Children Re-discovering their  
childhood

Community Participation

Reduced Gender discrimination

Reduced caste imbalance as children eat  
together

Improvement in overall health

Child labor reduced

Improved educational conditions

Education among girl children promoted



# MARY'S MEALS

1. LOADING AND UNLOADING OF STOCKS

2. STORING THE STOCK

3. COOKING & KITCHEN

4. MEAL DISTRIBUTION

5. CHILDREN ENJOYING THE MEAL

6. DEEP CLEANING OF THE STORE

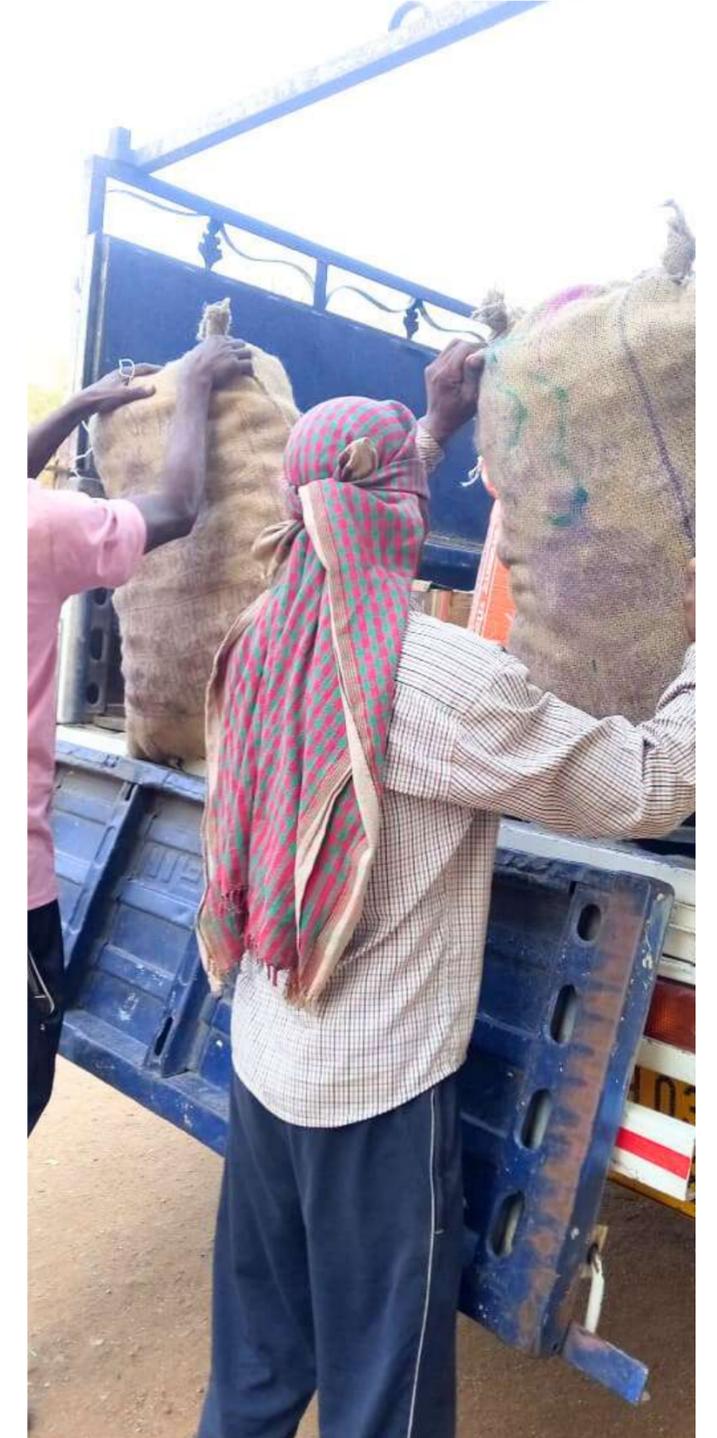
7. MONITORING & EVALUATION VISITS

8. MM TRAININGS

9. MM VISITORS



# LOADING & UNLOADING





# STORING THE STOCK





# COOKING & KITCHEN





# MEAL DISTRIBUTION





# CHILDREN ENJOYING MARY'S MEALS





# DEEP CLEANING OF THE STORE



REDMI A3

14/01/2025 10:44



# MONITORING AND EVALUATION VISITS





# MM TRAININGS





# VISITORS





# Mother's Care

**Mother's Care** is basically a project geared to focus on children who need to be sustained in the path of education by providing scholarships, books, uniforms, shoes, stationery, etc. This is in-fact on-up in the ladder of child's development. **Mother's Care** retains children in classrooms. It gives them a hope to complete their studies up to Pre-University level.



# Mission

The mission of this programme is to get through to the children and youth of the marginalised section of Indian Society by ensuring quality education up to pre-university level, irrespective of caste, creed and gender to empower them to lead a respectful and dignified life.

## Mother's Care - Implementation MODELS

### BENEFICIARY MODELS

SCHOOL MODEL	COMMUNITY MODEL
The children belongs to a particular disadvantaged school	The model is for a community that comprises students going to different schools

### SCHOLARSHIP MODELS

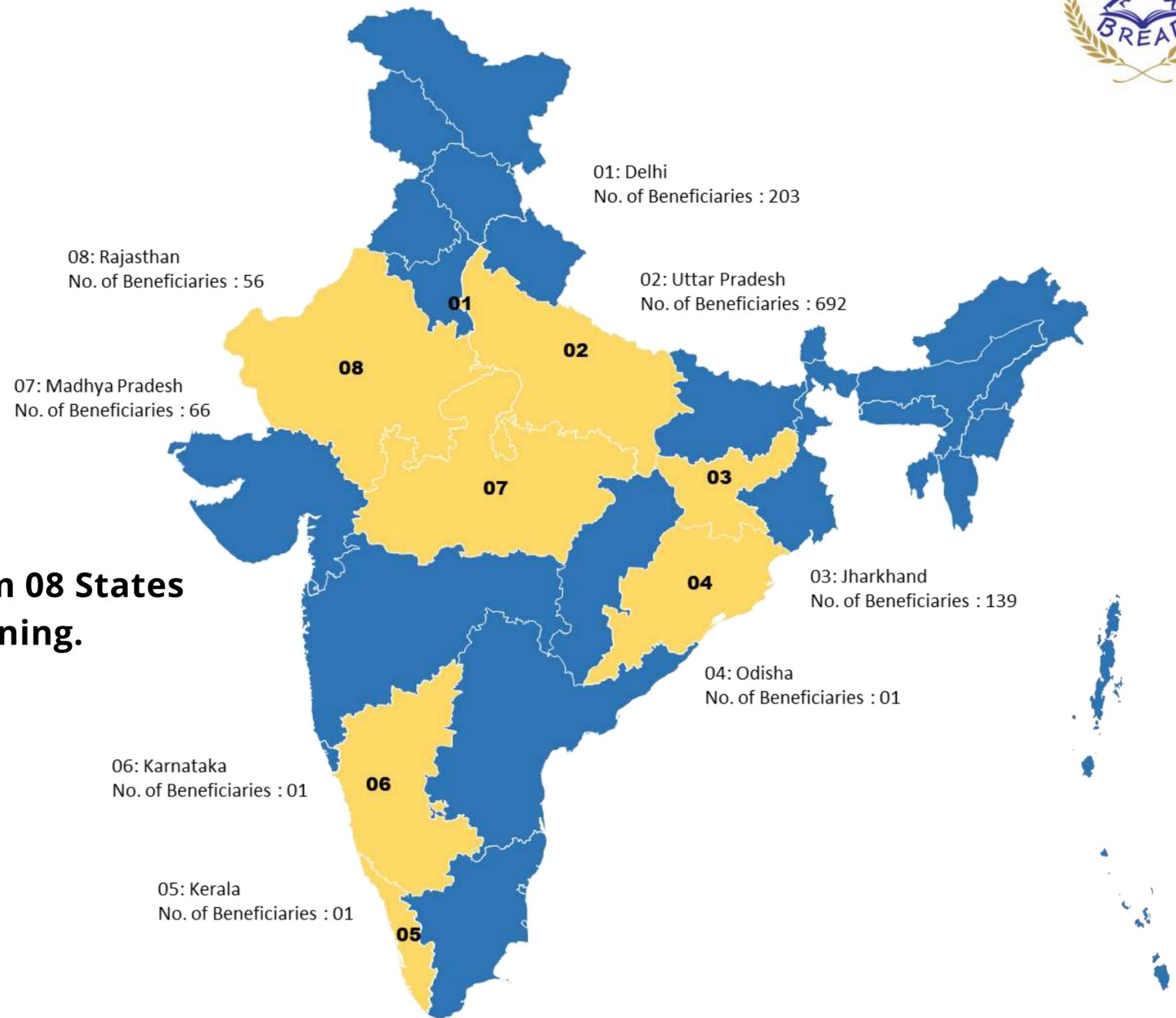
VENDOR MODEL	CHEQUE MODEL
Provides educational Items such as, School Bag, Shoes, Books, Notebooks, and Uniform	Direct Beneficiary Scholarship Scheme.



# Presence

During the year  
**2024-25**  
MOTHER'S CARE supported  
**1,159**

Students who are the most disadvantaged from 08 States  
of India, in the context of education/learning.





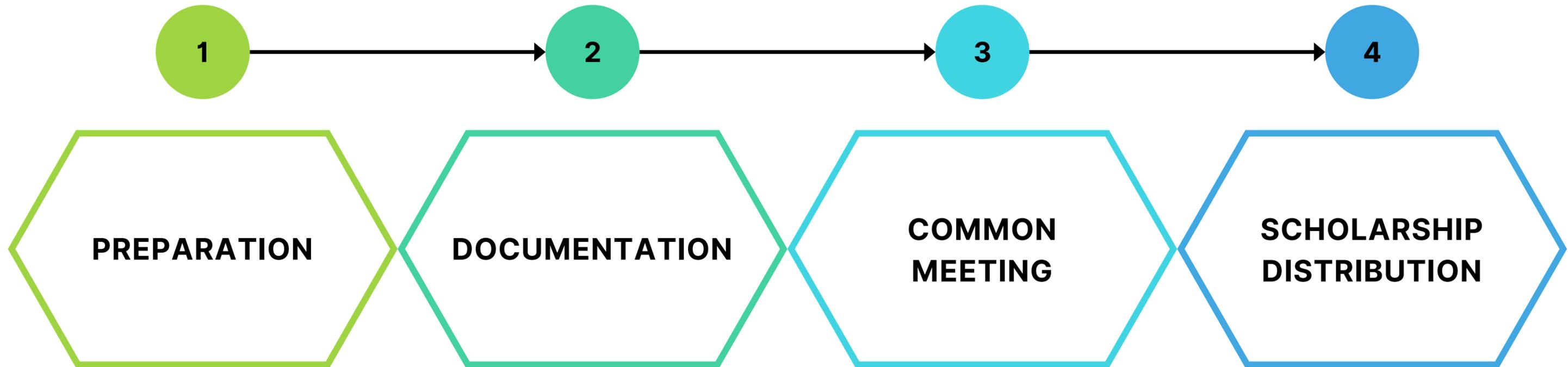
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# About the Beneficiaries

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- **Our beneficiaries belong to underprivileged, marginalised, and particularly vulnerable communities, including tribal, indigenous, migrant, and disadvantaged families.**
- **Many are child labourers or children of daily wage earners such as rickshaw pullers, farmers, domestic workers, and construction labourers, facing persistent financial hardship.**
- **A significant number are orphans, from single-parent households, or have parents with disabilities. They often live in insecure, inadequate housing, while rural farming families rely on seasonal agriculture for their livelihood.**
- **Despite their potential and intelligence, these children are deprived of opportunities, as the struggle for survival often takes precedence over education.**

# Process



# Preparation



# Documentation



# Common Meeting



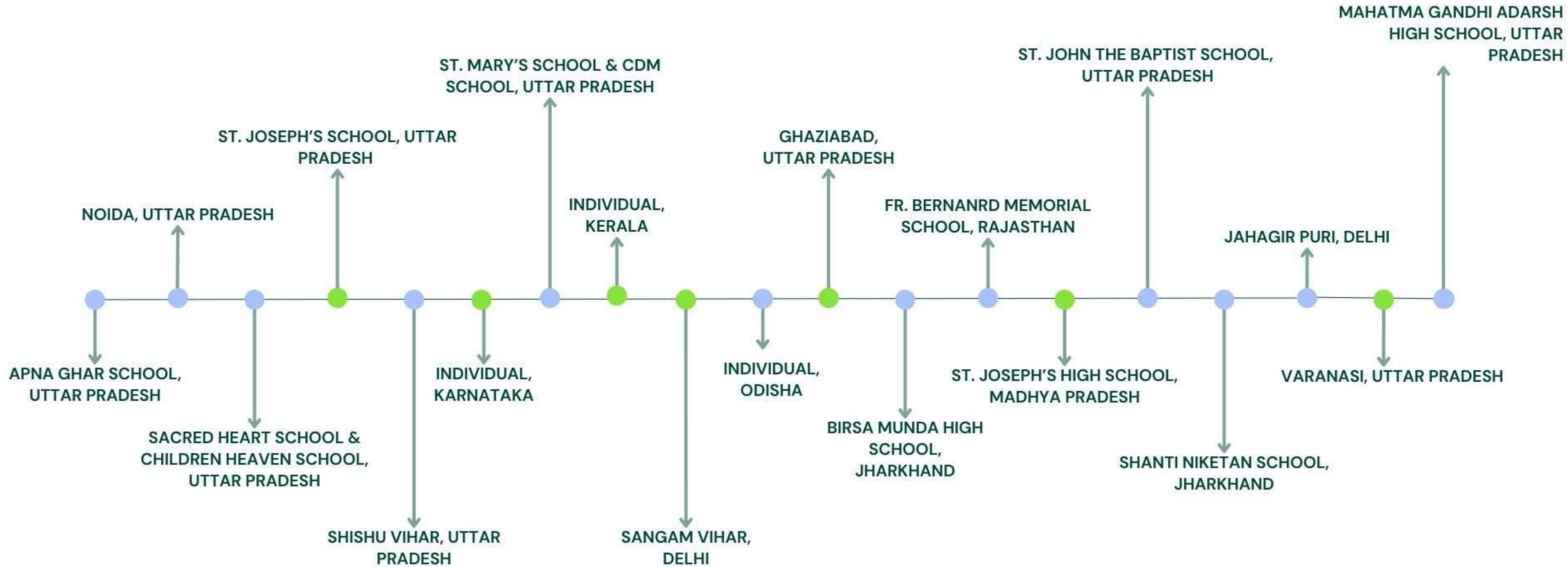


# Scholarship Distribution





# Scholarship Distribution - Timeline





# OUR CHILDREN



CENTRE & SCHOOL WISE  
DISTRIBUTION

# APNA GHAR SCHOOL, UTTAR PRADESH

School Model ; No. of Beneficiaries: 175



# NOIDA, UTTAR PRADESH

Community Model; No. of Beneficiaries: 119



# SACRED HEART SCHOOL & CHILDREN HEAVEN SCHOOL, UTTAR PRADESH



School Model; No. of Beneficiaries: 31





# SHISHU VIHAR, UTTAR PRADESH

Community Model; No. of Beneficiaries: 23



# ST. MARY'S SCHOOL & CDM SCHOOL, UTTAR PRADESH

School Model; No. of Beneficiaries: 83



# SANGAM VIHAR, DELHI

Community Model; No. of Beneficiaries: 136



# GAZIABAD, UTTAR PRADESH

Community Model; No. of Beneficiaries: 114



# BIRSA MUNDA HIGH SCHOOL, JHARKHAND

School Model; No. of Beneficiaries: 99



# FR. BERNANRD MEMORIAL SCHOOL, RAJASTHAN



School Model; No. of Beneficiaries: 56



# ST. JOSEPH'S HIGH SCHOOL, MADHYA PRADESH

School Model; No. of Beneficiaries: 66



# ST. JOHN THE BAPTIST SCHOOL, UTTAR PRADESH

School Model; No. of Beneficiaries: 46



# SHANTI NIKETAN SCHOOL, JHARKHAND

School Model; No. of Beneficiaries: 40



# JAHANGIR PURI, DELHI

Community Model; No. of Beneficiaries: 67



# VARANASI, UTTAR PRADESH

Community Model; No. of Beneficiaries: 31



# MAHATMA GANDHI ADARSH HIGH SCHOOL, UTTAR PRADESH

School Model; No. of Beneficiaries: 65



# INDIVIDUALS

No. of Beneficiaries: 03



**KARNATKA**

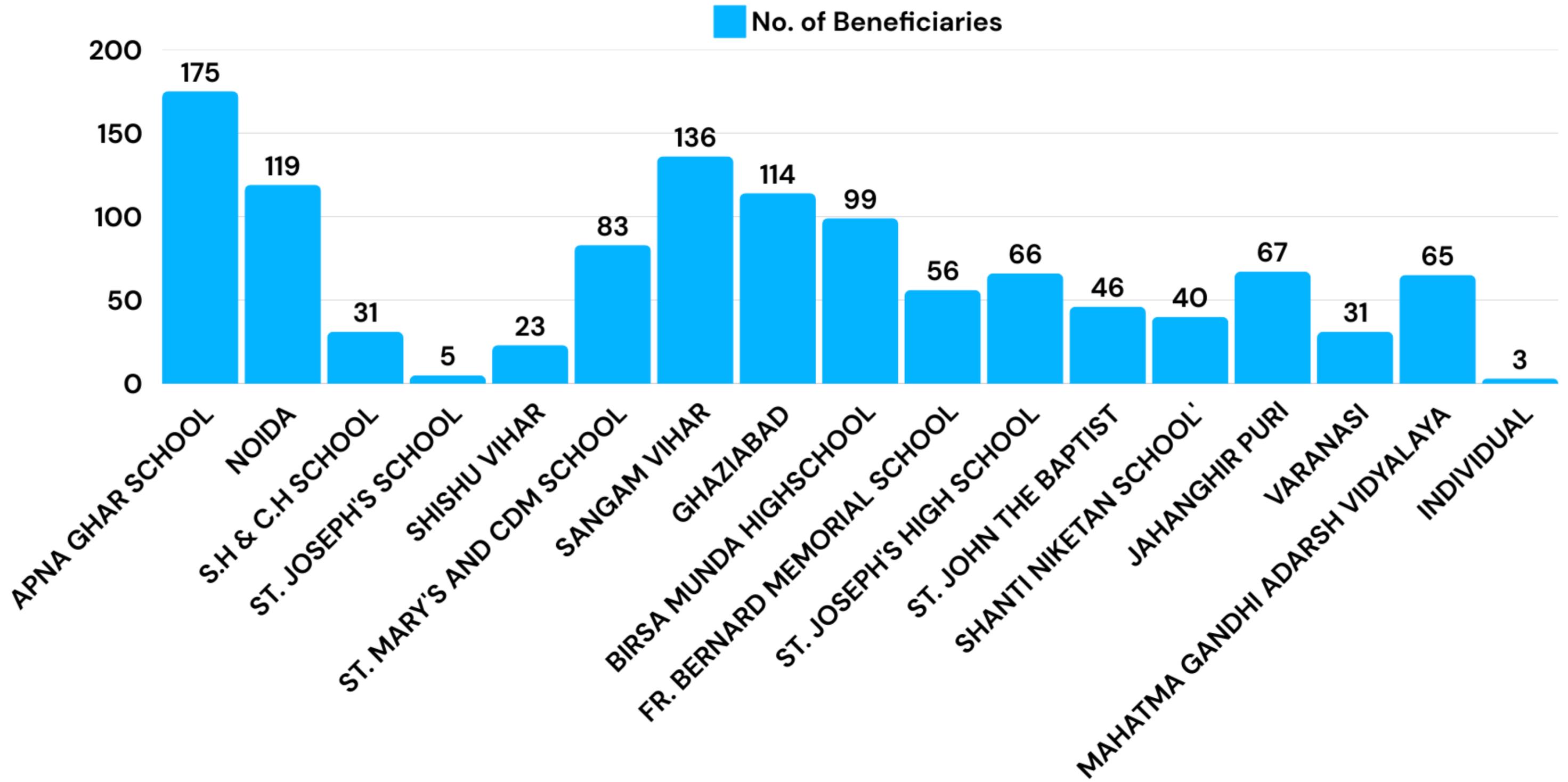


**KERALA**

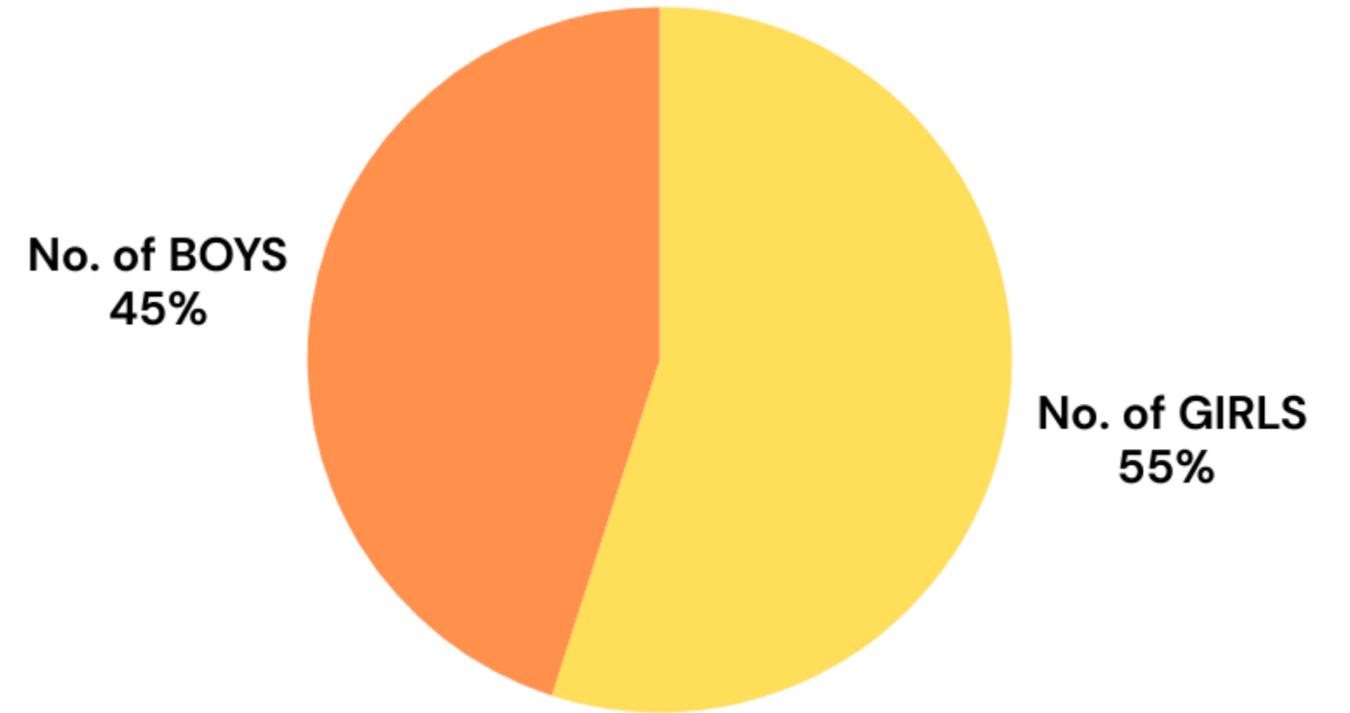
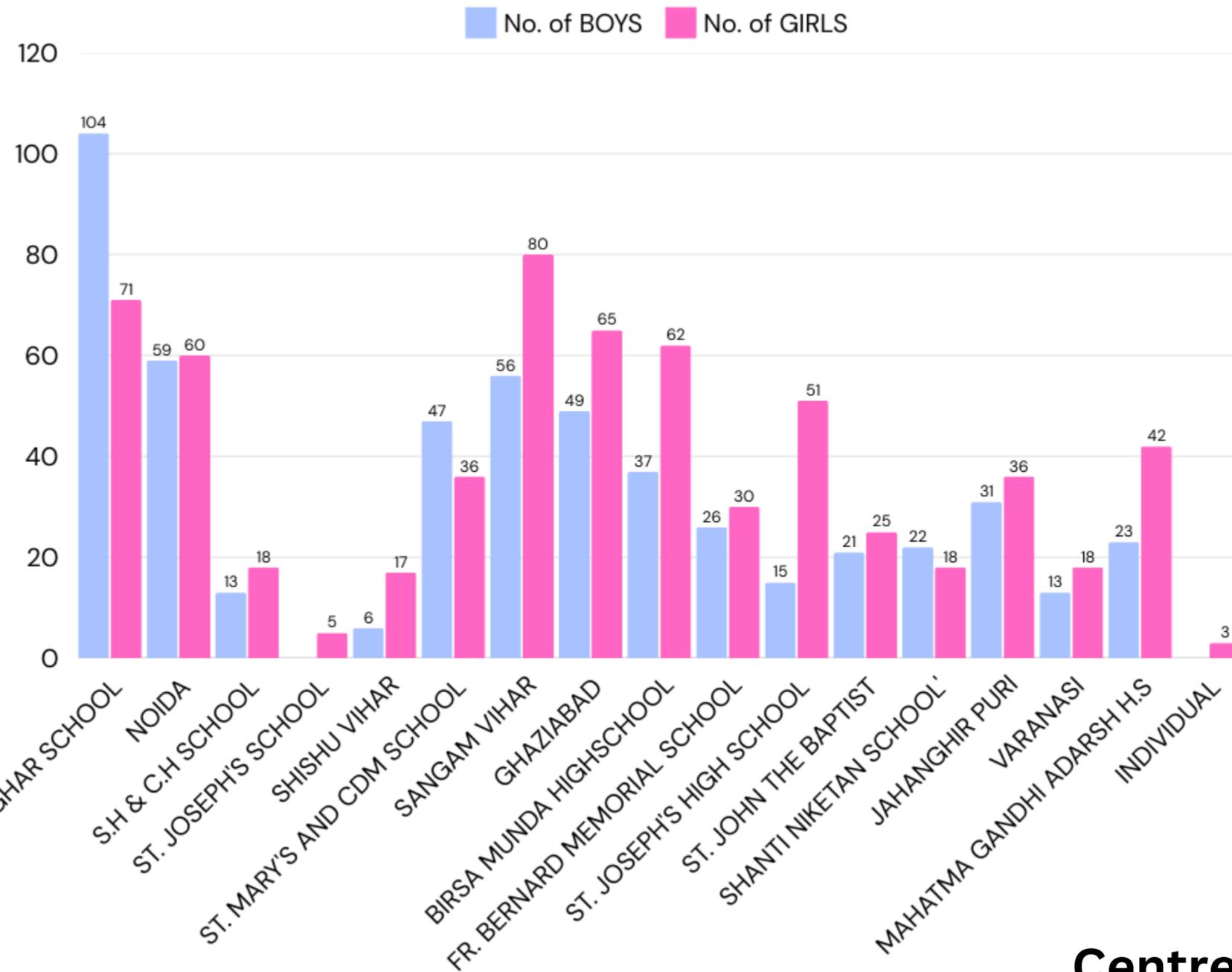


**ODISHA**

# Centre and School wise number of Beneficiaries



# Celebrating Gender Impact



**Centre and School wise Gender Impact**

# Impact - Short & long term



## The most common short term and long term impact shared by the Schools & Centres

### Short-Term Impact:

- 1.Increased School Enrollment & Retention:** Scholarships help children from rural areas, urban slums, and resettlement colonies - from underprivileged, marginalised, communities - to stay in school by covering tuition fees, books, uniforms, and other essentials.
- 2.Reduced Financial Burden on Families:** Parents, often daily wage laborers, are relieved from the stress of education expenses, reducing child labor and early marriages.
- 3.Improved Academic Performance:** Access to quality education, better resources, and motivation to study leads to better learning outcomes.
- 4.Enhanced Confidence & Self-Esteem:** Children feel valued and motivated to pursue their education without the stigma of poverty.
- 5.Basic Skill Development:** Exposure to education improves literacy, numeracy, and problem-solving skills, preparing children for future opportunities.

### Long-Term Impact:

- 1.Breaking the Cycle of Poverty:** Education enables children to secure better jobs, leading to improved family income and social mobility.
- 2.Higher Employability & Economic Independence:** Scholarships help students to keep their education persistent, which helps them to aim for better quality education that increases their chances of stable employment.
- 3.Improved Health & Social Awareness:** Educated individuals make informed decisions about health, hygiene, and family planning, benefiting entire communities.
- 4.Empowerment of Women & Gender Equality:** Girls, who are often denied education, gain independence, delay early marriages, and contribute to family income.
- 5.Community Development & Nation Building:** Educated youth contribute to local economies, reduce crime rates, and foster social harmony, driving long-term progress in underprivileged areas.

# Impact Stories



*"I am from Banalat, a village 9 km from my school. My family struggles financially, and my father, a labourer, finds it hard to support my education. To manage personal expenses, I help with household chores and rely on forest products. Thanks to Mother's Care, I receive essential study materials, easing our burden and allowing me to focus on my studies. I am deeply grateful for their support, which brings hope to my family."*

-Supari Kumari (Name Changed), Shanti Niketan School Jharkhand, India



*"This scholarship eased my struggle to provide educational materials for my children and gave me confidence in their bright future. Mother's Care Programme has brought hope, reducing my guilt and sense of disappointment for not being able to support their education. I am deeply grateful to the donors for their generous help our prayers and best wishes for the programme"*

- Rakesh Damor, Parent of Child studying at St. Joseph's High School, Madhya Pradesh, India



*"I am in Class IX. I live in Chanden village, Bilaspur Tehsil, UP, with my younger brother and sister. We all study in the same school. My father, a daily wager, often falls ill, making it difficult for him to work regularly. As the sole earner, supporting our education was a challenge for my parents. Mother's Care stepped in with a scholarship and educational materials, allowing me to continue my studies. I am deeply grateful to BREAD Noida for their support, which has helped me and my friends study without financial hardship."*

-Naitik (Name Changed), St. John the Baptist, Uttar Pradesh, India

## Impact Stories - Highlight 2024-25



At Shishu Vihar in Jhansi, lives a young girl whose spirit is as bright as the dreams she holds. **Naina**, born on 5th Feb'16, is semi-blind and an orphan. Yet, her determination and hope inspire all who meet her. Despite the hardships she faces, Naina remains a beacon of optimism, believing that her dreams are within reach.

Her early years were marked by a lack of family support and the challenge of her visual impairment. This made traditional schooling difficult. At Shishu vihar, Nayan found the care and resources she needed to begin her educational journey. Still, she faced a crucial gap—specialised tools and ongoing support were vital for her to thrive.

This is where the BREAD's - Mother's Care Programme stepped in. The scholarship provides Naina with not only financial aid but also the emotional and educational support she needs. Through this, Naina has been able to access the specialised education and care that are essential for her development. It has helped her grow in confidence, acquire new skills, and believe in her own potential.

*As Naina puts it, "I may not see the world as others do, but I can feel it with my heart. My dreams are like stars in the sky – I can't always touch them, but I know they're there. I want to learn as much as I can, to do something special with my life, even if I don't yet know what that is."*

Despite her visual challenges, Naina has an undeniable talent for singing and dancing. She responds beautifully to music and the voices around her, showing creativity and promise in these areas.

With continued support from the Mother's Care Programme, Naina is learning, growing, and discovering her talents. *"I want to learn as much as I can and do something special with my life,"* she shares, full of hope for the future. Her story is a reminder that with the right support, every child can overcome challenges and achieve great things. We Grateful to BREAD and Mother's Care for the commitment and support.



Through,  
MOLLY JACOB  
SUPERIOR  
SHISHU VIHAR

# MOTHER'S LEAP



The mission is to reach out to economically weak, but bright and hard working youth with financial help for Professional education, skill development and job oriented training, to free them from tradition that enslaves them and to empower them to make their own free choices.

To this date MOTHER'S  
LEAP has helped

**260**

and during the year

2024-25

**08**

YOUTHS - Financially, to break through the generational poverty by professional education, skill development or job oriented training programs.

# MOTHER'S LEAP 2024-25



**PRIYANKA ASUR**

**COURSE: BACHELOR OF PHYSIOTHERAPY**  
**COLLEGE: Pt. Deendayal Upadhyaya National**  
**Institute for Persons with Physical Disabilities**  
**(Divyangjan), Delhi, India**

**MONIKA TOPPO**

**COURSE: B.A(HONS.) ENGLISH**  
**COLLEGE: University of Delhi, School of Open Learning, Delhi,**  
**India**

**SONI**

**COURSE: STAFF SELECTION COMMISSION**  
**COLLEGE: Naitik Classes, Ghaziabad, U.P, 101015, India**

**MANISHA**

**COURSE: NURSERY TEACHER TRAINING COURSE**  
**COLLEGE: Disha Bethany Vocational Training Institute, U.P, India**

**Payal**

**COURSE: NURSERY TEACHER TRAINING COURSE**  
**COLLEGE: Disha Bethany Vocational Training Institute, U.P, India**

**NISHANT LAKRA**

**COURSE: B.A(HONS.) POLITICAL SCIENCE**  
**COLLEGE: Shaheed Bhagat Singh College (University of Delhi), Delhi,**  
**India**

**RENUKA**

**COURSE: B.SC. NURSING**  
**COLLEGE: Fatima College of Nursing, Lucknow, India**

**SAROJ**

**COURSE: BACHELOR OF EDUCATION**  
**COLLEGE: Budha College of Education, Haryana,**  
**India**



# MOTHER'S LEAP

Scholars of 2024-25



“**Payal** belongs to a village called Veerpur in Moradabad Uttar Pradesh, Northern India. She’s 19 year’s old. There are five members in her family, Mother, father, two sisters and one brother. She’s aspired to pursue higher studies since her childhood. Poverty has always been a barrier between her and education but through the help of Mother’s leap she is now pursuing her Nursery Teacher’s Training (NTT) from DISHA, Bethany Vocational Training Institute, in Greater Noida 201308.

She completed her schooling from a local school in her village in 2023. “Development is yet to reach our village. The roads are graveled and unmetalled. A religious place and a small mission school is the only infrastructure apart from small houses people live in. There are no hospitals. I want to become something to support my family in long run and to educate my younger sister. I am thankful for Mother’s Leap for helping my family and I in evading the private loans we had to take for my education. Thank you for keeping my dream alive for pursuing higher education” Payal told BREAD.”





# **SCHOOL IMPROVEMENT PROGRAMME**



## **INTRODUCTION - ST. TERESA SCHOOL WELFARE CENTRE**

St. Teresa's Social Welfare Centre empowers underprivileged children through St. Teresa's Open School in Vijay Nagar, Ghaziabad, Catering to children from slums and resettlement colonies. The centre provides Non-formal education to school dropouts and economically weaker families, many of whom are migrants. In addition to academics, the centre offers vocational training in computers, tailoring, and beauty culture, equipping youth with essential skills for a better future. Embracing diversity in caste, creed, and tradition, the centre also fosters an inclusive learning environment, ensuring that every child receives the opportunity to grow, learn, and build a brighter tomorrow.

In a world that is rapidly advancing through digital innovation, the ability to learn and adapt has never been more crucial, Especially for the underprivileged students.

Recognizing this challenge, BREAD stepped forward to make a difference. A television has been provided to St. Teresa Open Learning School, on 25/9/ 2024, and Inaugurated on 7/10/2024, transforming the way students engage with education. This gift is more than just a screen—it is a window to the world.





# IMPACTS OF T.V

- Enhanced Learning Experience – Visual lessons on subjects like English grammar, world maps, and general knowledge make learning more engaging and effective for students from Classes IV to VIII.
- Increased Student Participation – The structured use of TV-based education has sparked curiosity, leading to improved attendance and a greater eagerness to learn.
- Empowering Teachers – Educators utilize NIOS (National Institute of Open learning) videos for training, gaining valuable insights on assessments, practicals, and subject instruction, enhancing teaching quality.
- Bridging the Expertise Gap – Secondary and Senior Secondary students benefit significantly from expert-led video lessons, compensating for the lack of subject specialists.
- Maximizing Impact Beyond Academics – The TV played a key role in selecting performances for the Annual Day, fostering creativity and confidence among students.





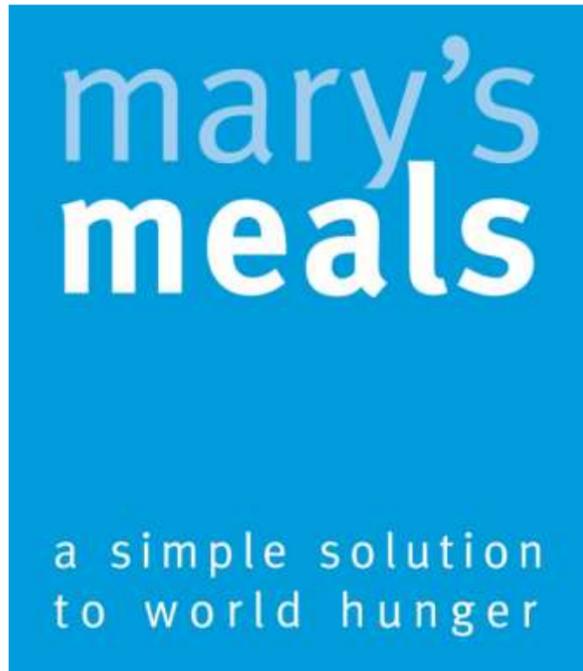


“St. Teresa’s Open School was providing only Humanities subjects for secondary level course since we could not afford to appoint experts as Science / Maths teachers. So we directly denied when students expressed their desire to study Maths or Science. This year we are optimistic and confident about guiding the students in Science and Maths with the help of Smart TV. We also have taken four admissions in Senior Secondary classes and asked the students to attend the classes, where we are now teaching through visual learning with the help of TV.

The smart TV sponsored by BREAD to our school for our underprivileged students, have become a game changer for our teachers, enhancing their ability to engage students and to improve their learning outcome. We have access to online educational content, visual learning helps by which students grasp difficult concepts more easily. Teachers make use of educational apps, YouTube videos and online resources to make lessons more interesting. Teachers display assignments, practical, model/ sample question papers etc. As a whole, this intervention of the Smart TV has brought joy and hope among our teachers and students. Thanks to the Donors and BREAD.”

Gratefully  
Anne Maria  
Co-ordinator

# WE THANK OUR PARTNERS



Mother's Care, SPAIN

Mother's Care India, Scotland

## CASPER & PHILIPPA FAMILIES



**ASSOCIAZIONE FRATELLI  
DELL'INDIA-ODV**

and our INDIVIDUAL DONORS

