



ANNUAL REPORT

2023-24

BOARD FOR RESEARCH EDUCATION AND DEVELOPMENT



TABLE OF CONTENTS

01

Message
from the
Director

02

Introduction

03

BREAD
Reach out

04

Projects

05

Partners

MESSAGE FROM THE DIRECTOR



BOARD FOR RESEARCH EDUCATION AND DEVELOPMENT (BREAD) was established on 21st April 2009 as a response to the vision and mission of “Empowerment through education” in our Motherland, India. This common vision shared by the Trustees of BREAD is born out of the patriotic spirit that NO INDIAN SHOULD BE ILLITERATE. The motto of BREAD is “Empowerment through Education”. This is the 1st financial year, BREAD was able to operate in a regular manner after the Corona pandemic.

BREAD has mainly 3-fold programme: 1. MARY’S MEALS: BREAD gives food in formal and non-formal classrooms/schools, in areas where other agencies do not work. It supported during this year children across India, primarily in Jharkhand, Chhattisgarh, Bihar, Delhi & NCR.

Food is one of the basic needs of all of us. I am glad to let you know that thousands of schools going children in various parts of the country received hot meals in the schools.

Bread is committed to the cause of education. Apart from food Mother’s Care, Mother’s Leap and School Improvement Programmes are being implemented in deserving schools, as of previous years.

I place on record my deep appreciation for the donors, volunteers, the BREAD staff and above all the children who participate in the program.

In fact, BREAD looks forward to that day, when every child /family can afford to buy food as required.

Thus, dreaming for a prosperous BHARAT!

With gratitude,

Joson Tharakan John



INTRODUCTION



BOARD FOR RESEARCH EDUCATION AND DEVELOPMENT (BREAD) is a Non-government organisation established on 21st April 2009 at Noida, Uttar Pradesh. The NGO is registered under Public Charitable Trust, act 1882 and is managed by the Delhi province of the Indian Missionary Society.

The vision is “Empowerment through Education”. Directing all its resources with the mission, “To ensure freedom from hunger, serving one-time daily meal in a classroom setting, hence, inviting the impoverished to be educated, sharing the burden of their expense to give a hope to continuous education, and motivating them to develop a vocation for their life, that will help them lead a self-reliant, sustained and empowered life”.

BREAD REACHOUT 2023-24



THE ORGANISATION IS INVOLVED IN VARIOUS MODALITIES TO ACHIEVE ITS VISION, AND HAS FOUR MAJOR PROGRAMS:

Mary's Meals

82,967 CHILDREN

MOTHER'S CARE

1123 CHILDREN

MOTHER'S LEAP

07 CHILDREN

SCHOOL IMPROVEMENT PROGRAMME

SHANTI NIKETAN SCHOOL, JHARKHAND, INDIA



PROJECTS



Mary's Meals

Mary's Meals is an attempt to provide daily nutritious meals to the children in school/non formal learning centres, regardless of their diversity. This meal encourages children into the class-rooms. It gives children the sustenance they require, not just to survive, but to concentrate, learn, grow and develop healthily.



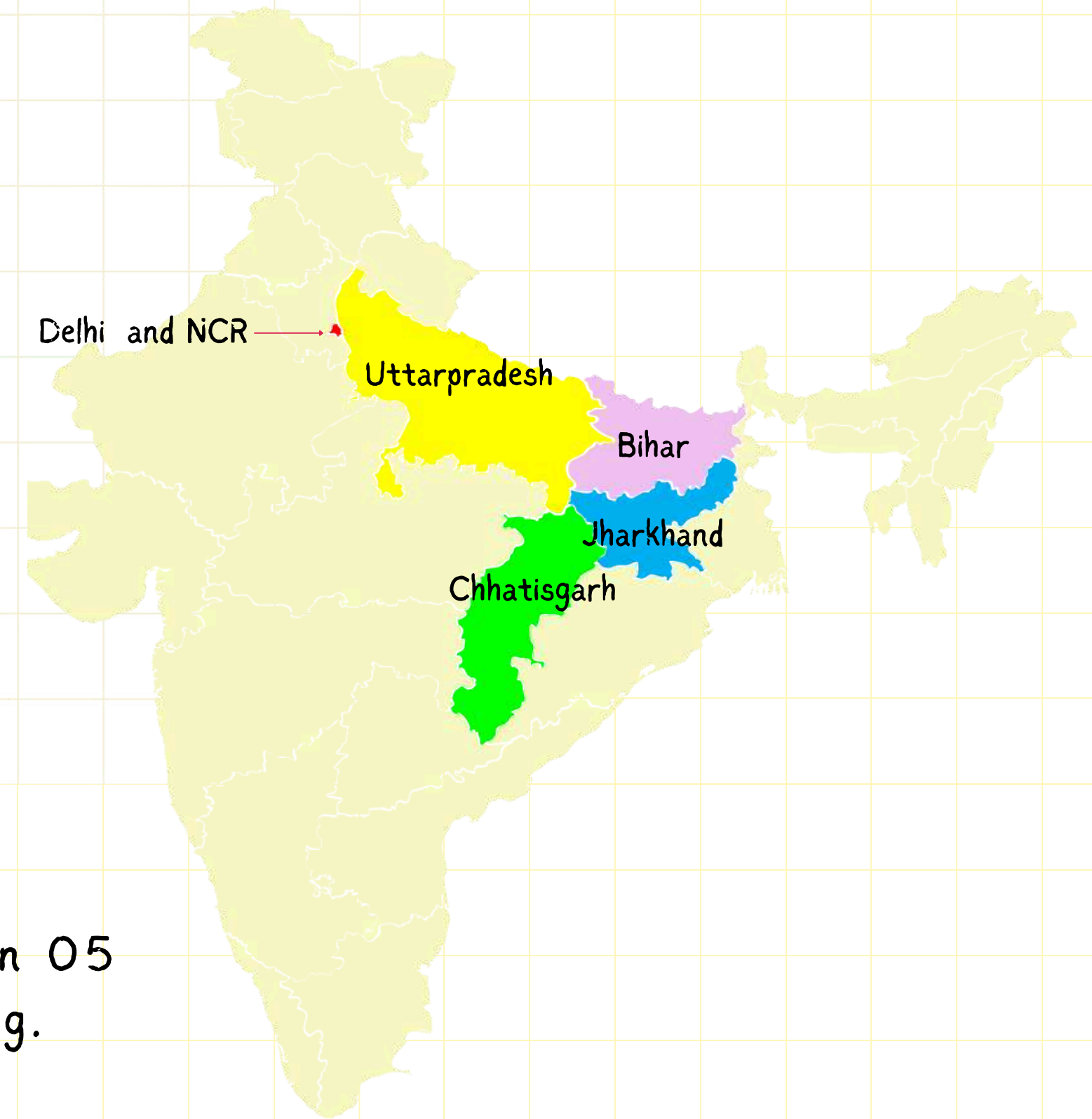


Mary's Meals

Mary's Meals was introduced in India for the first time at St. Joseph's School, Assandh, Haryana, in April 2004. It began by serving daily lunch to 40 deserving children of the school. Soon the help was extended to different parts of India.

Today Mary's Meals feeds
82,967

Children from the most disadvantaged communities in 05 states of India in the context of education/learning.



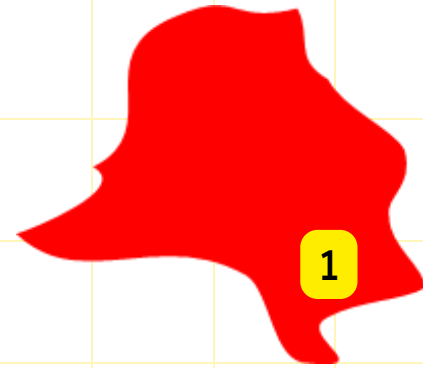
Mary's Meals state-wise feeding in INDIA



Mary's Meals - State-wise distribution of children

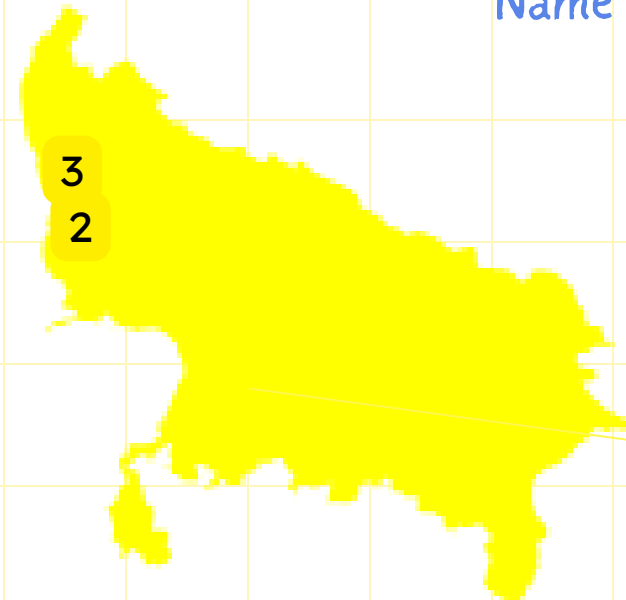
Name of State - Number of children

Name of impacted regions

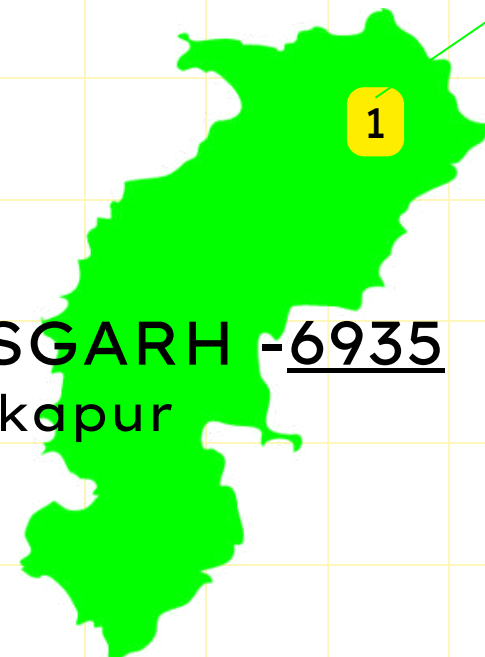
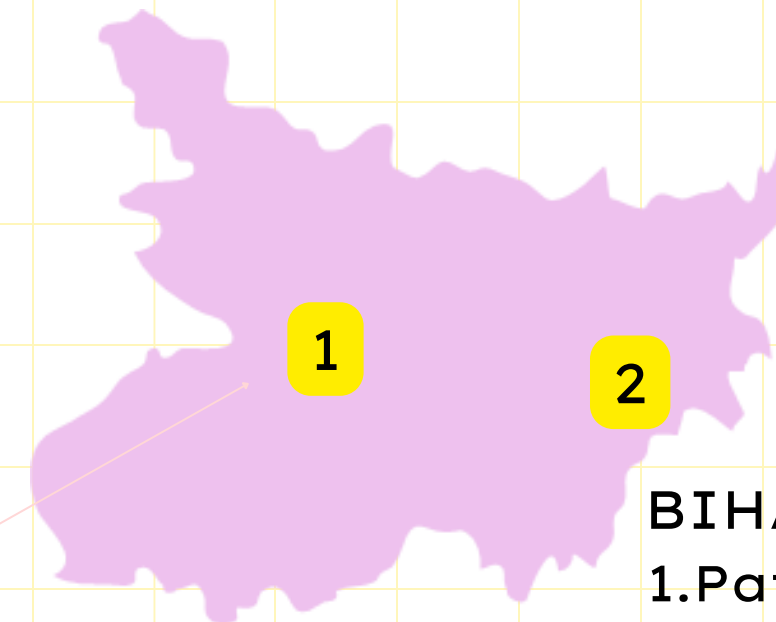


DELHI AND UTTAR PRADESH - 1503

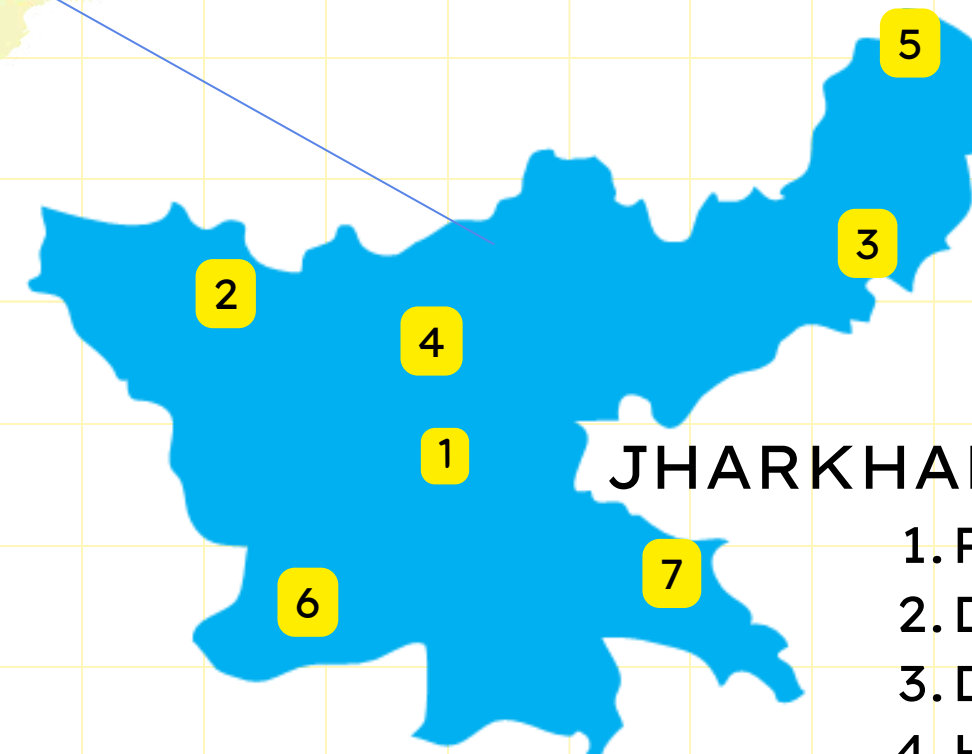
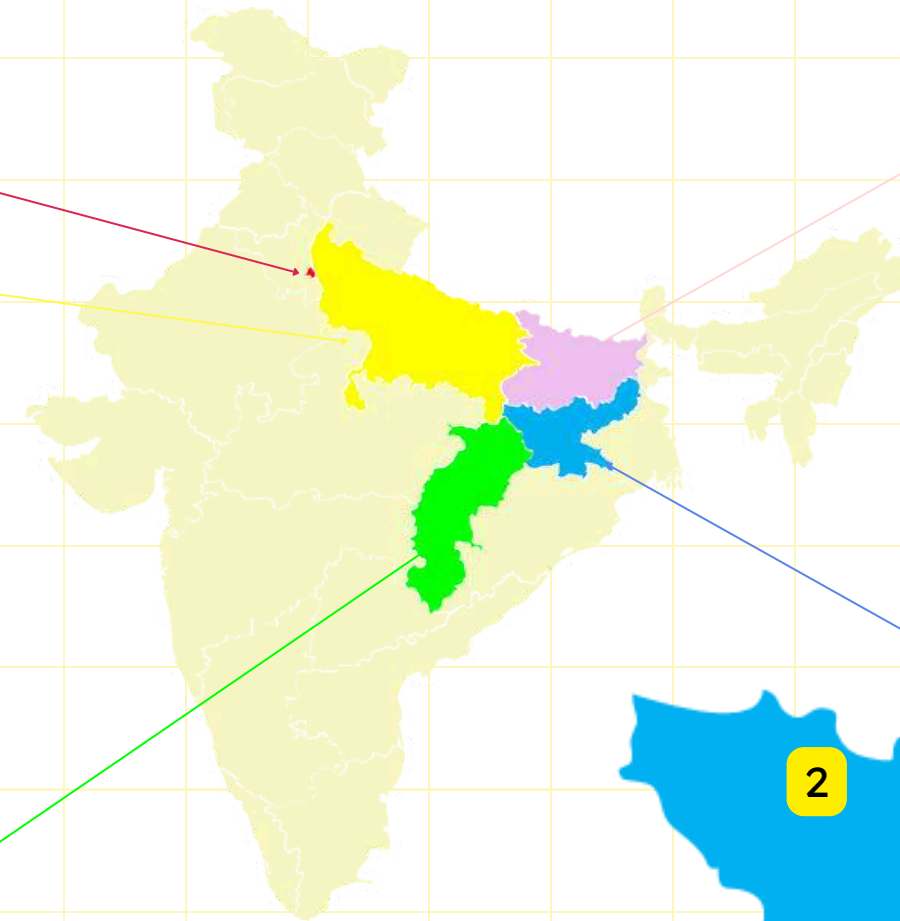
- 1.South-Delhi
- 2.Gautam Buddha nagar
- 3.Ghaziabad



BIHAR - 14,834
1.Patna
2. Bhagalpur



CHHATTISGARH - 6935
1.Ambikapur



JHARKHAND - 59,695

- 1.Ranchi
- 2.Daltonganj
- 3.Dumka
- 4.Hazaribagh
- 5.Sahibganj
- 6.Simdega
- 7.Jamshedpur

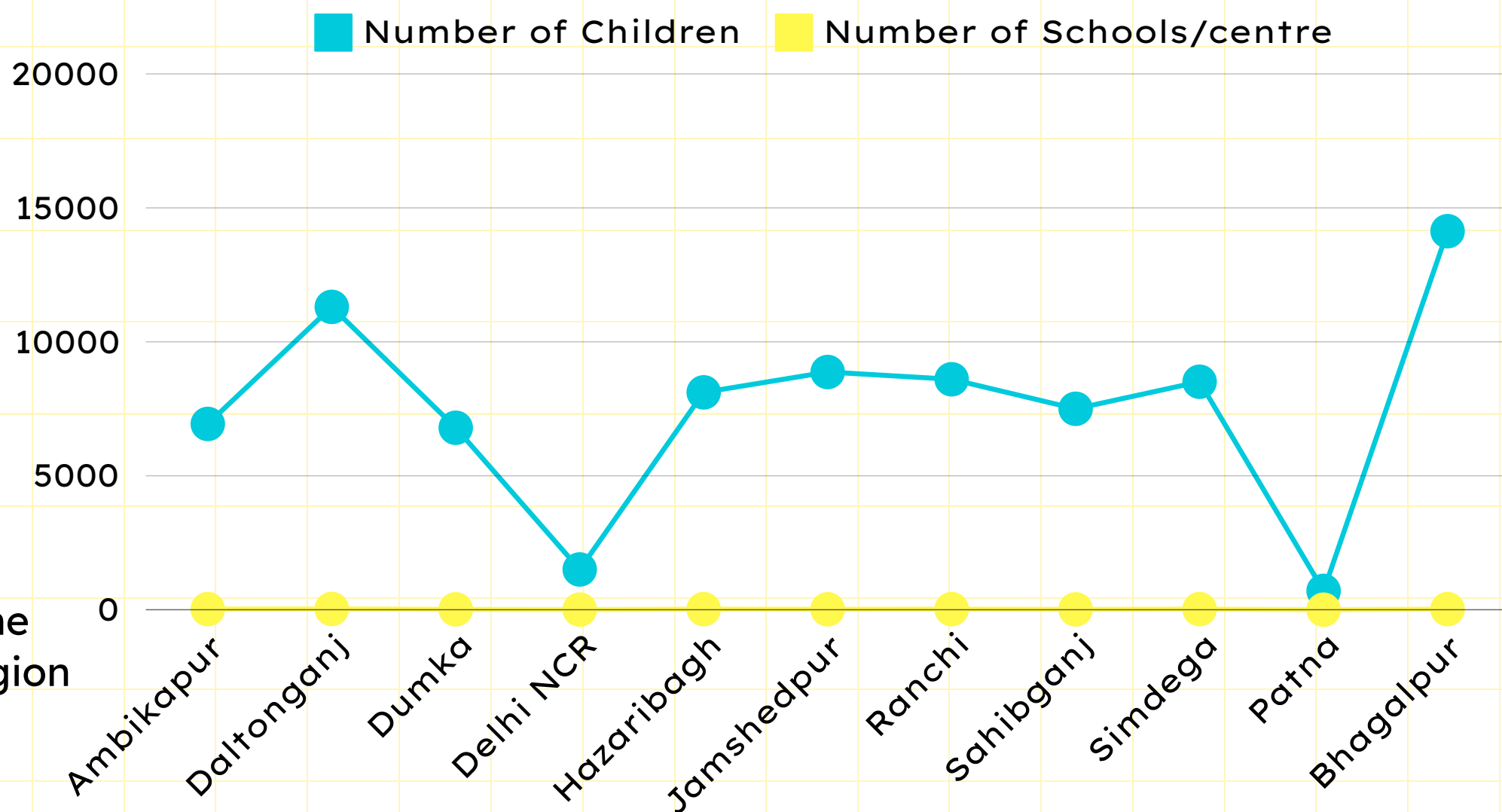


Mary's Meals - Region-wise distribution of children

MARY'S MEALS SCHOOLS/CENTRES:

- 177 SCHOOLS

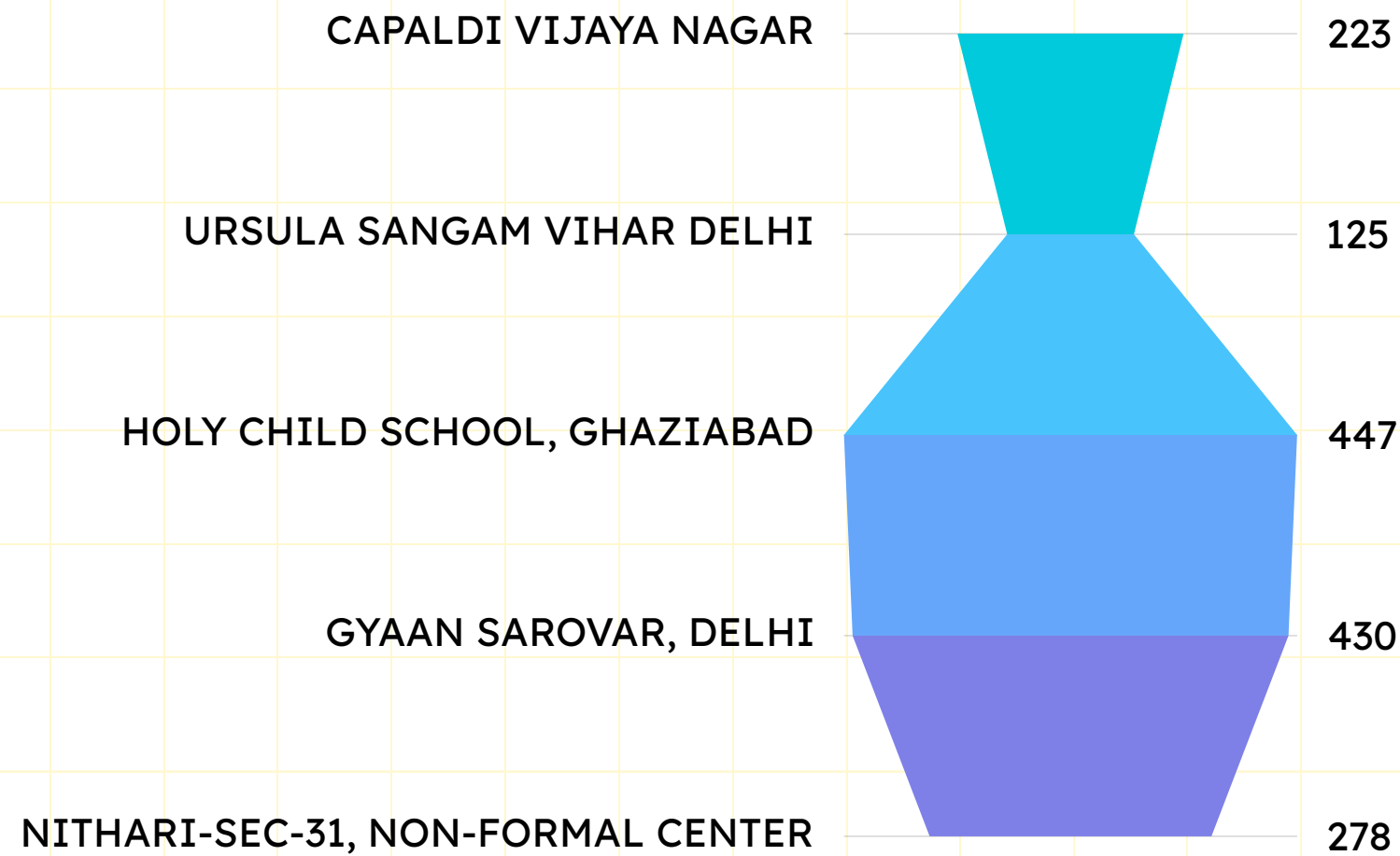
- 04 NON-FORMAL EDUCATIONAL CENTRES



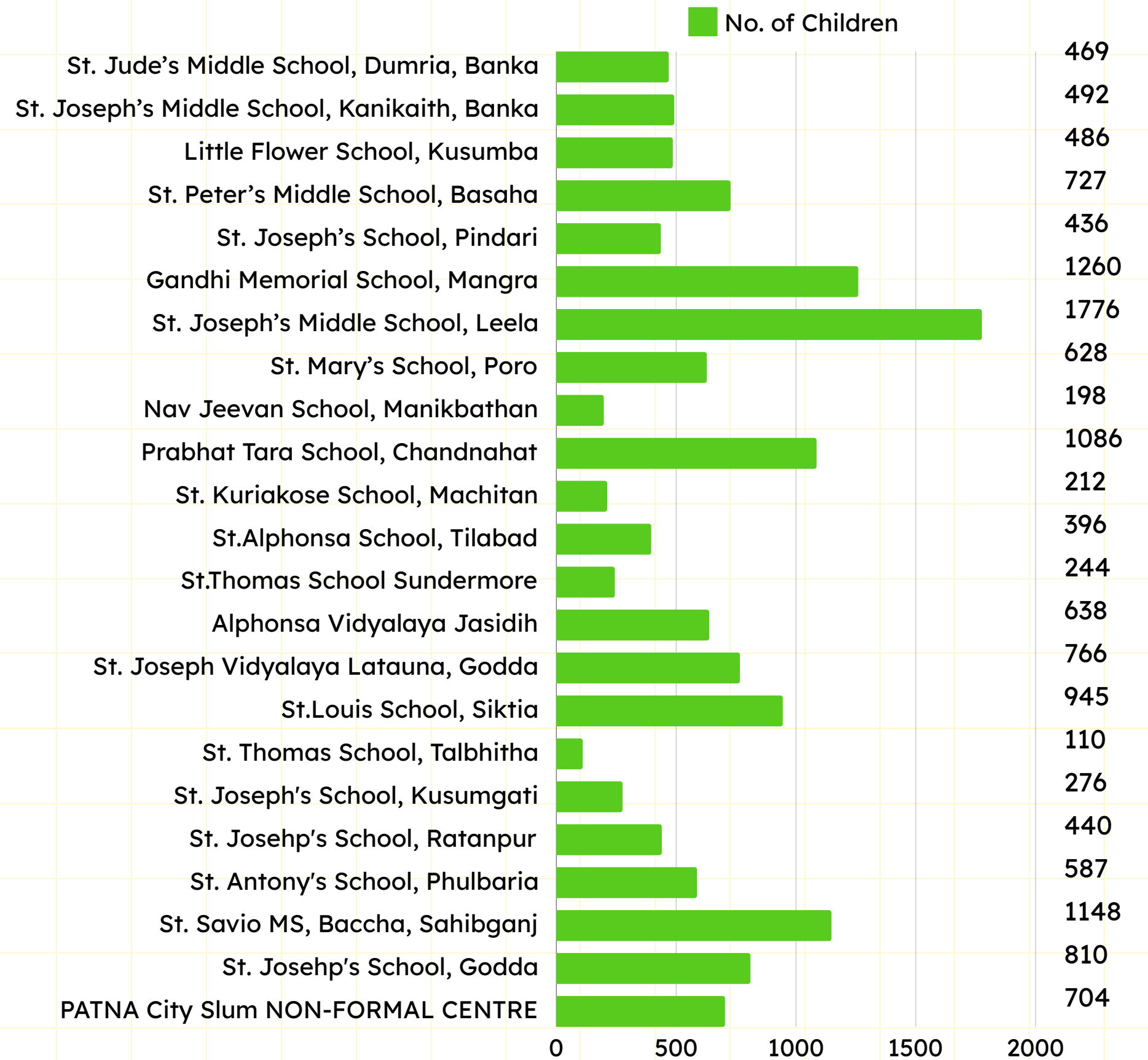
Sno.	Region	No. of schools/centre	No. of children 2023-24
1.	Ambikapur	22	6935
2.	Daltonganj	28	11304
3.	Dumka	13	6792
4.	Delhi NCR	5	1503
5.	Hazaribagh	20	8114
6.	Jamshedpur	16	8873
7.	Ranchi	21	8602
8.	Sahibganj	12	7500
9.	Simdega	21	8510
10.	Patna	1	704
11.	Bhagalpur	22	14130
	Total	181	82967



Mary's Meals : School/ Centre-wise distribution of children

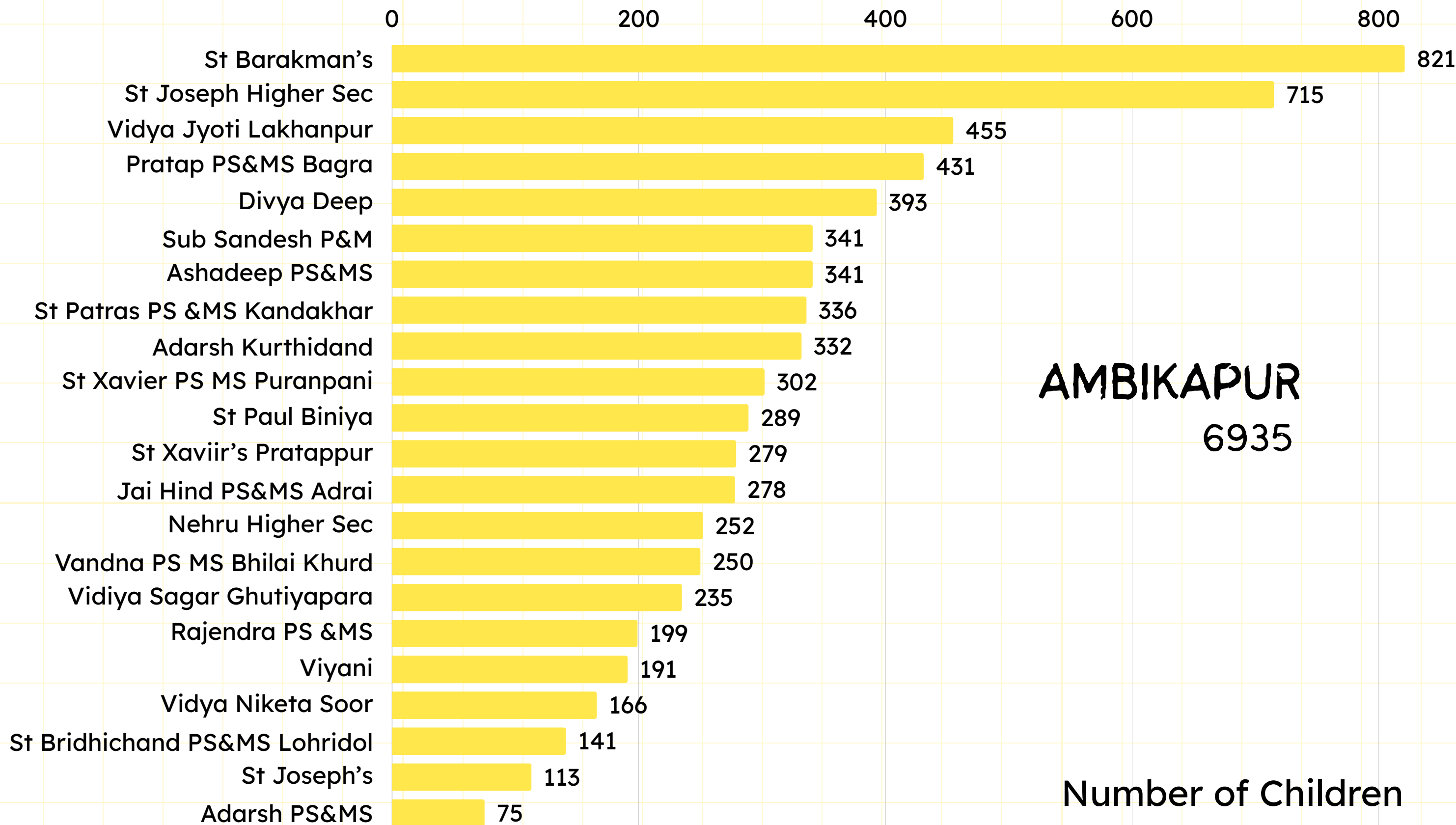


DELHI and NCR
1503



BIHAR 14834

Mary's Meals :
School/ Centre-wise distribution of children

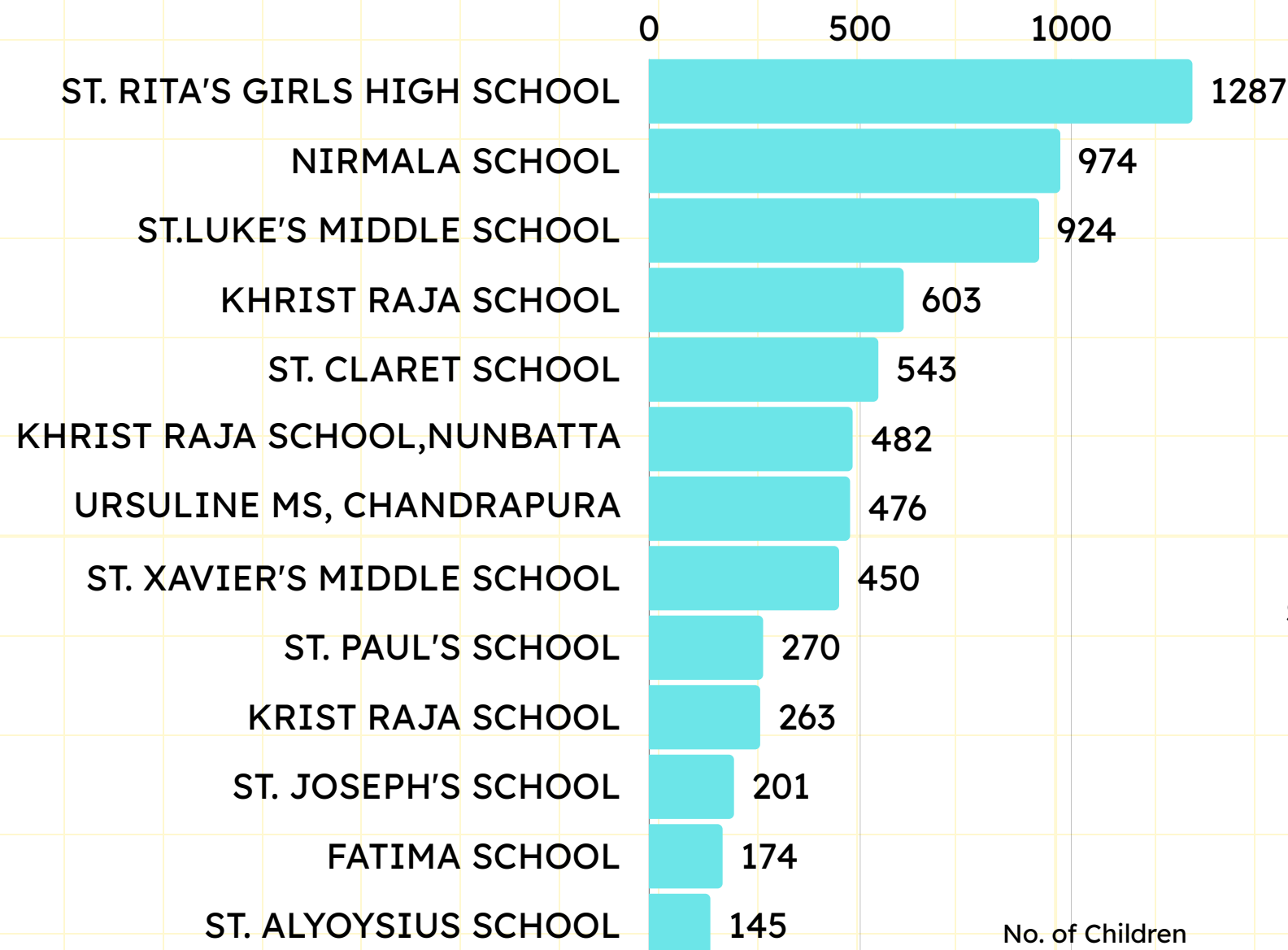


Mary's Meals :
School/ Centre-wise distribution of children

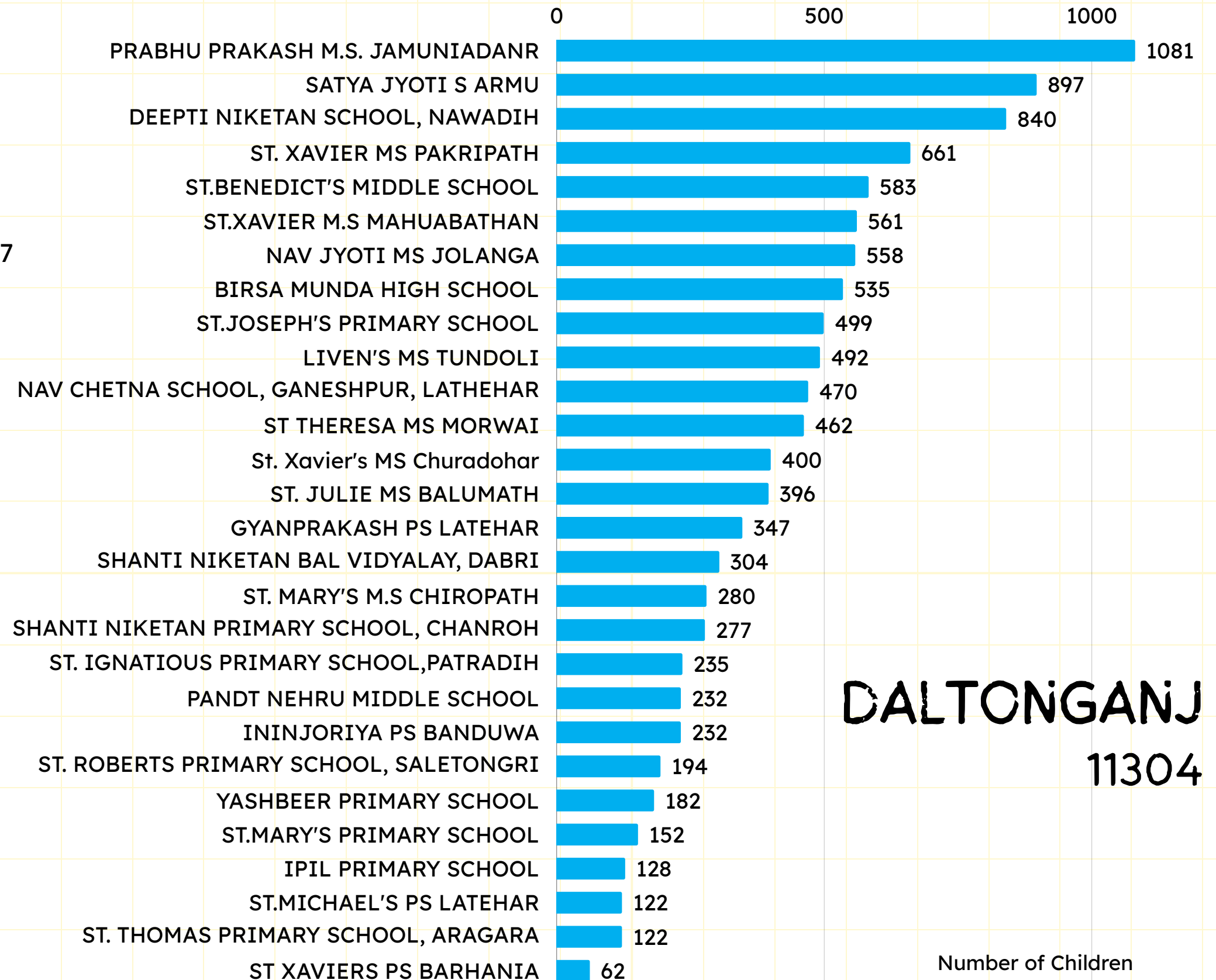


DUMKA

6782



No. of Children



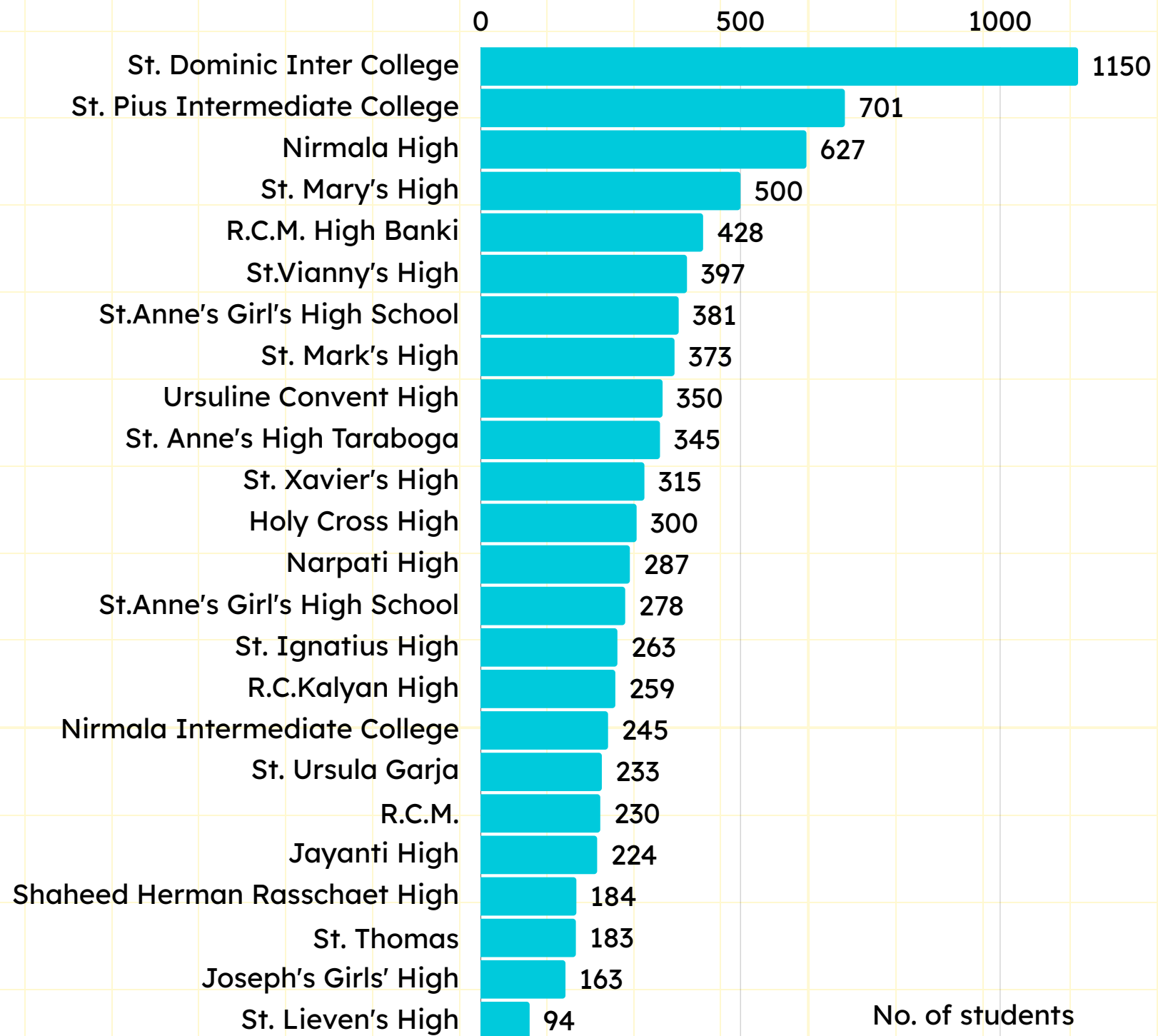
DALTONGANJ

11304

Number of Children

JHARKHAND

Mary's Meals : School/ Centre-wise distribution of children

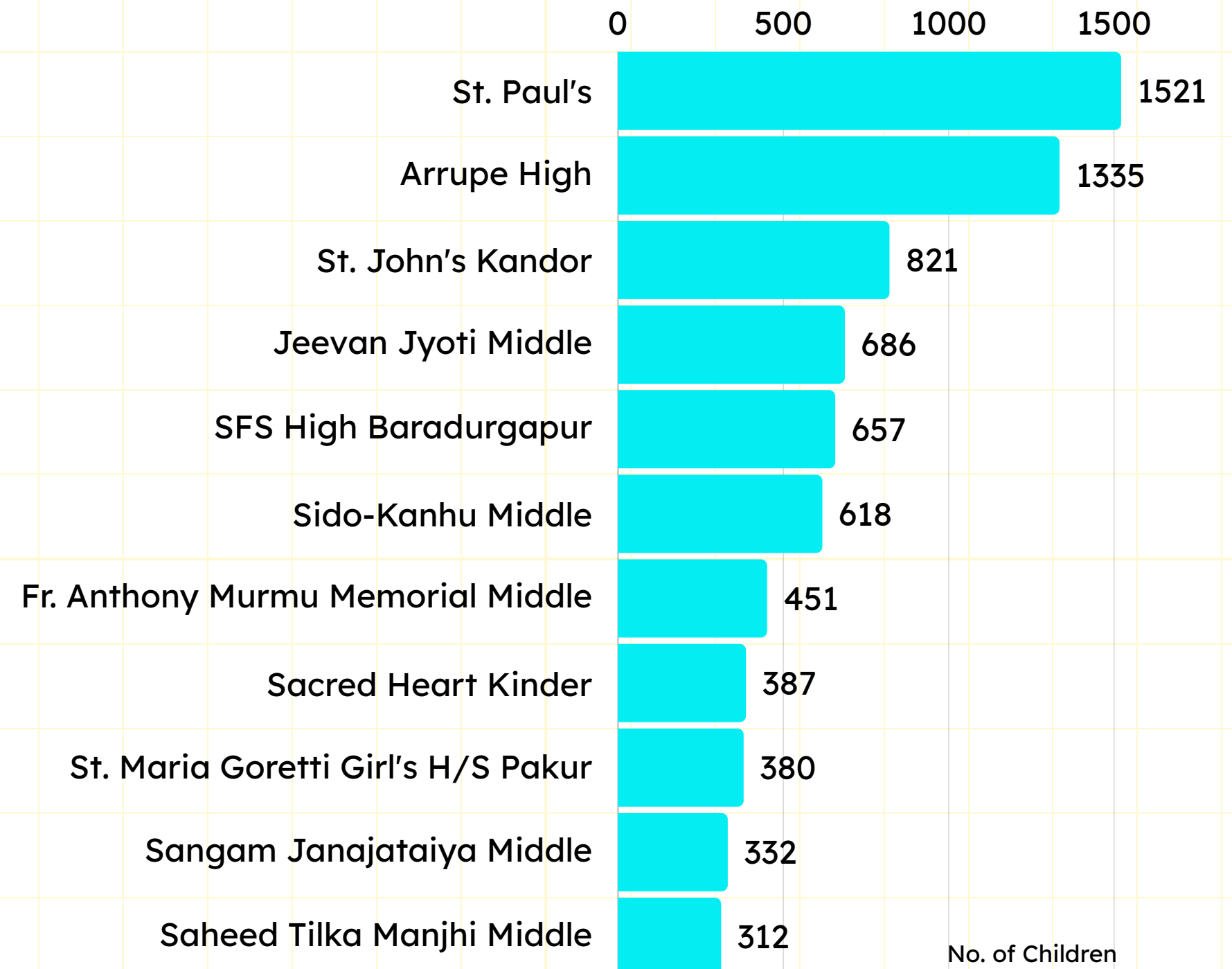


SIMDEGA

8510

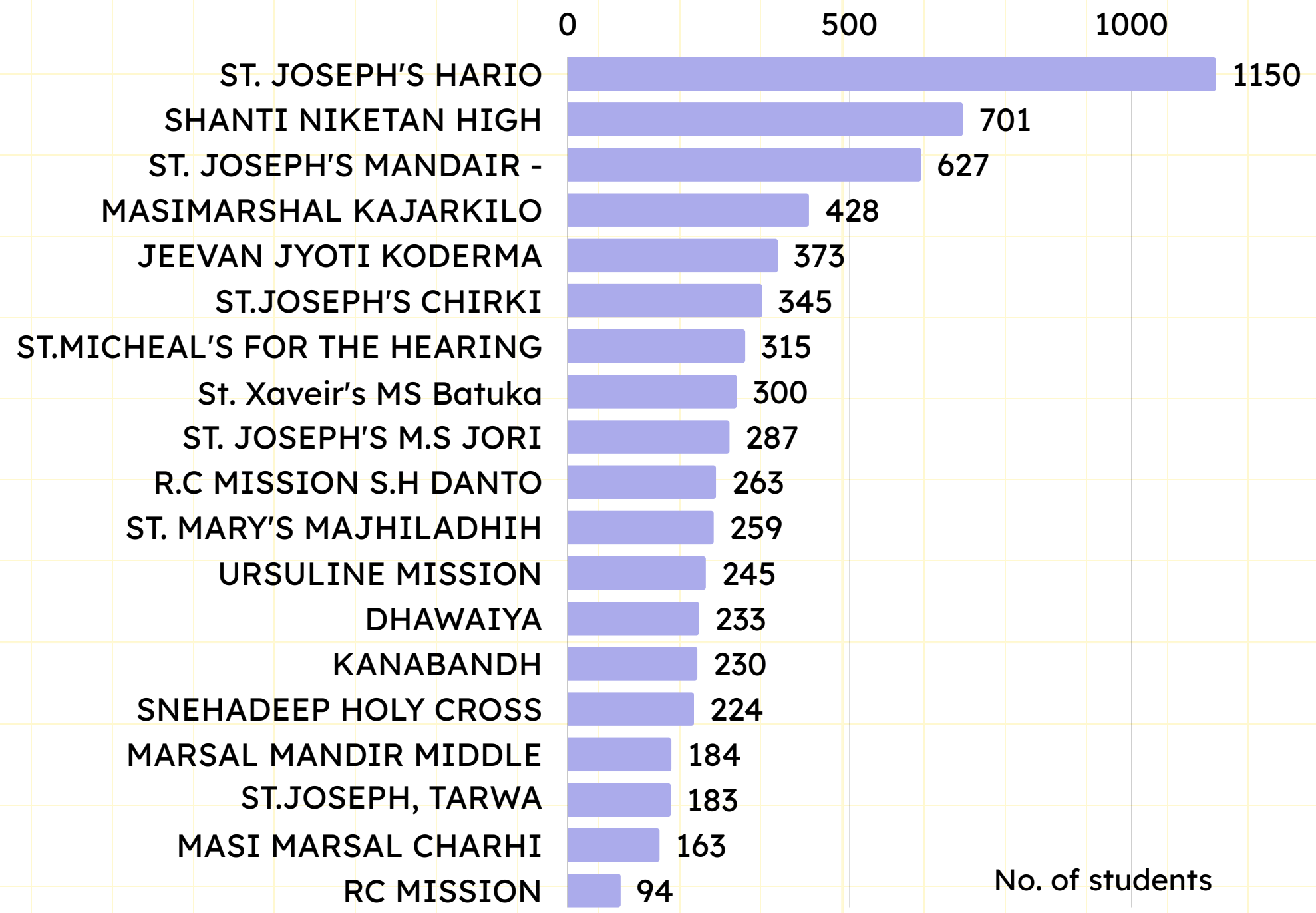
SAHIBGANJ

7500

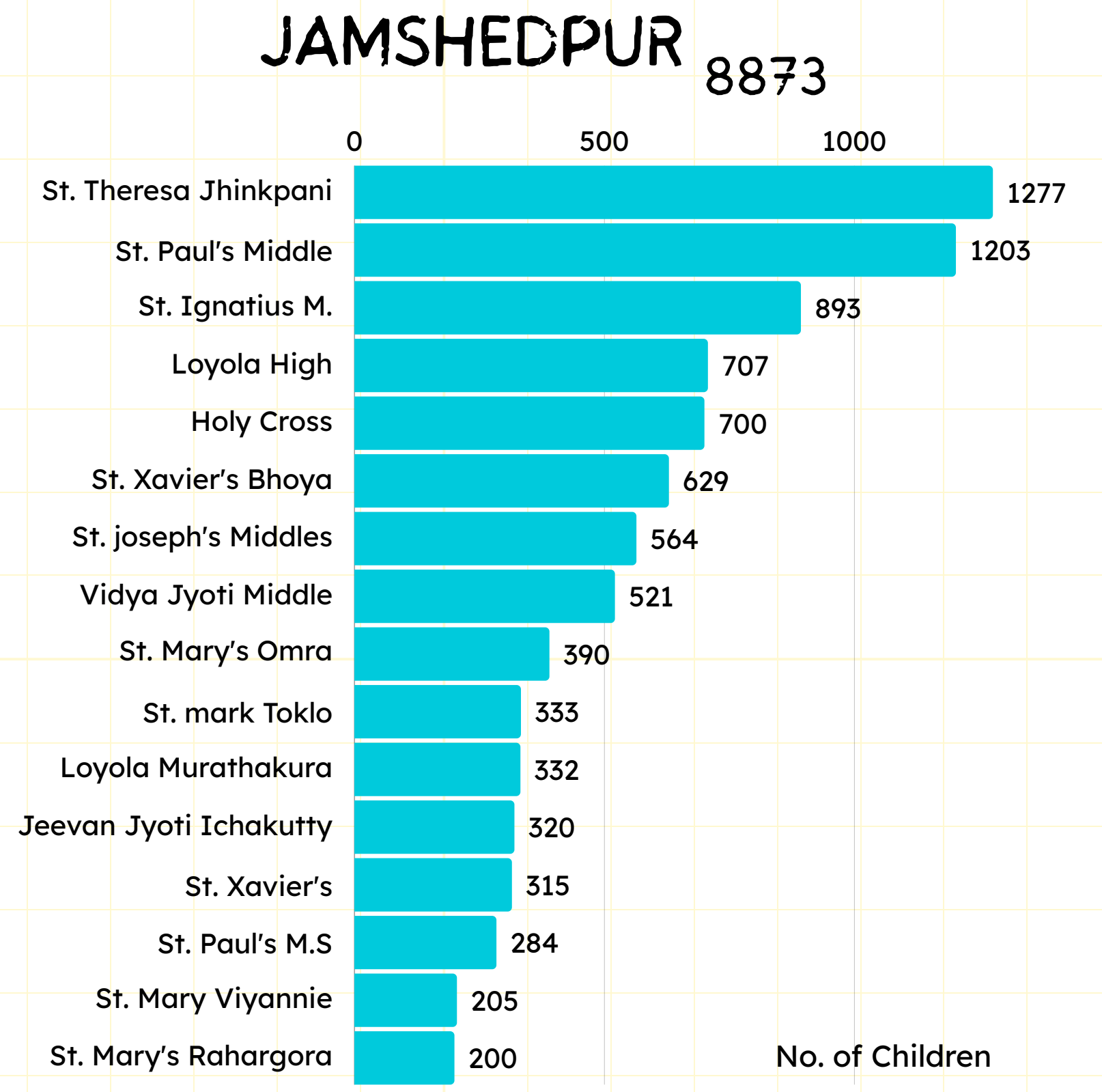


JHARKHAND

Mary's Meals : School/ Centre-wise distribution of children

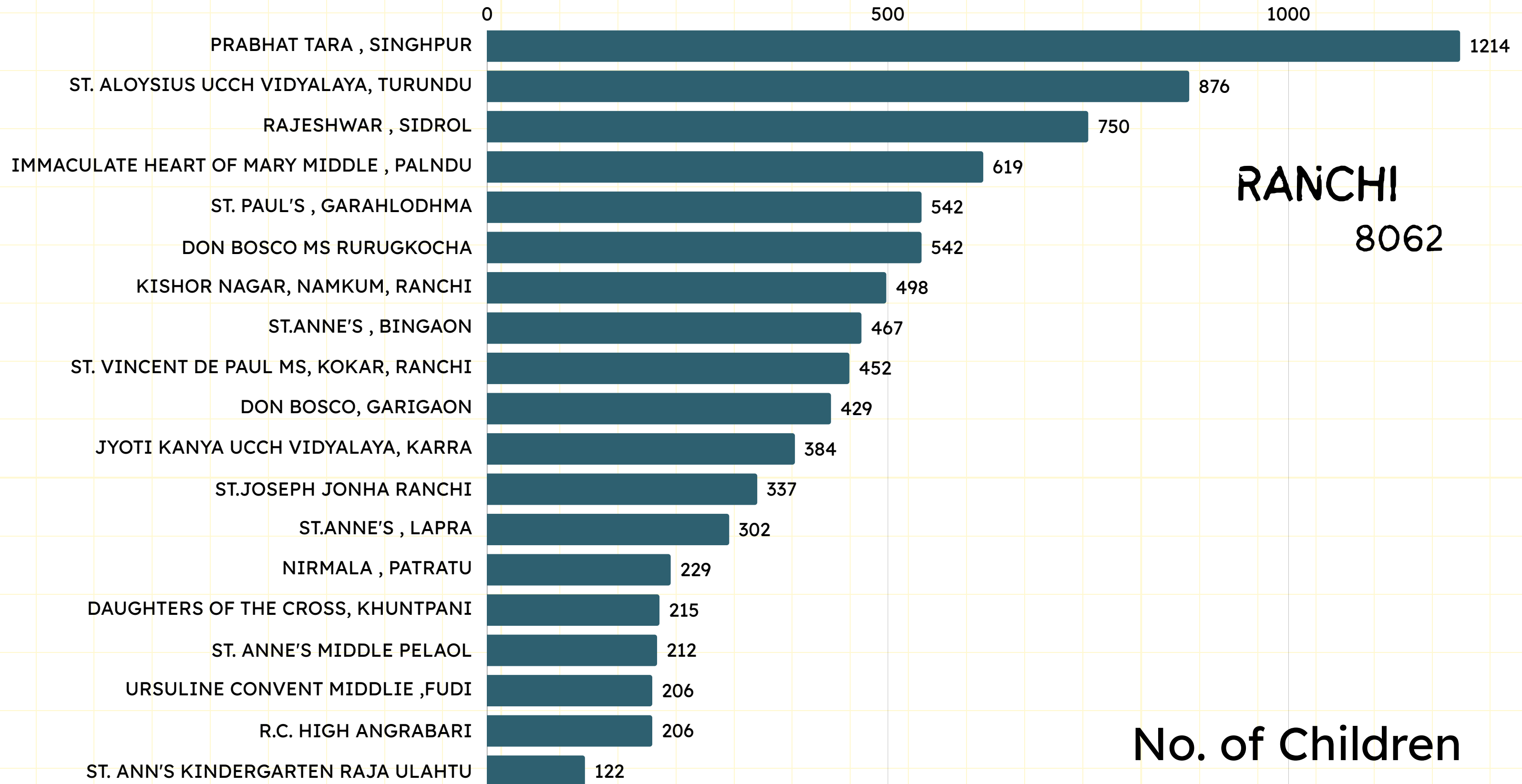


HAZARIBAGH
8114





Mary's Meals :
School/ Centre-wise distribution of children





FRUITS OF MARY'S MEALS

Nutritious food for the deserving children

Children Re-discovering their childhood

Community Participation

Reduced Gender discrimination

Reduced caste imbalance as children eat together

Improvement in overall health

Child labor reduced

Improved educational conditions

Education among girl children promoted



MARY'S MEALS





MARY'S MEALS - CHILDREN





MARY'S MEALS DISTRIBUTION





MARY'S MEALS - TESTIMONIES



"I am NishikaToppo (name changed). I am studying in class 6th and I am 13 years old. I come from a village called Chiringa in Ambikapur, Chhattisgarh, India. We are 4 members in our family. I am the eldest. I have a sister and a younger brother. I have father but I lost my mother when i was young. When my mother was alive, the life seemed well and easygoing but now its a struggle. When she was with us she use to understand me and try to meet my all the needs but now as I am growing I feel there is no one to understand me. For me and also for my younger brother and sister life without the mother is quiet difficult.

My father is unemployed and he goes for daily wages. Whatever he earns is not sufficient to fulfill the needs of the family because I have another sibling and needs of the family too. we are always running short of food, books, uniform and basic necessities. I am always uncomfortable in my worn out old uniform but seeing our family situation and my father's struggles I do not wish for more but be happy with what I have. In spite of all these problem I wish I study hard and have a bright future. So I try to come to the school every day.

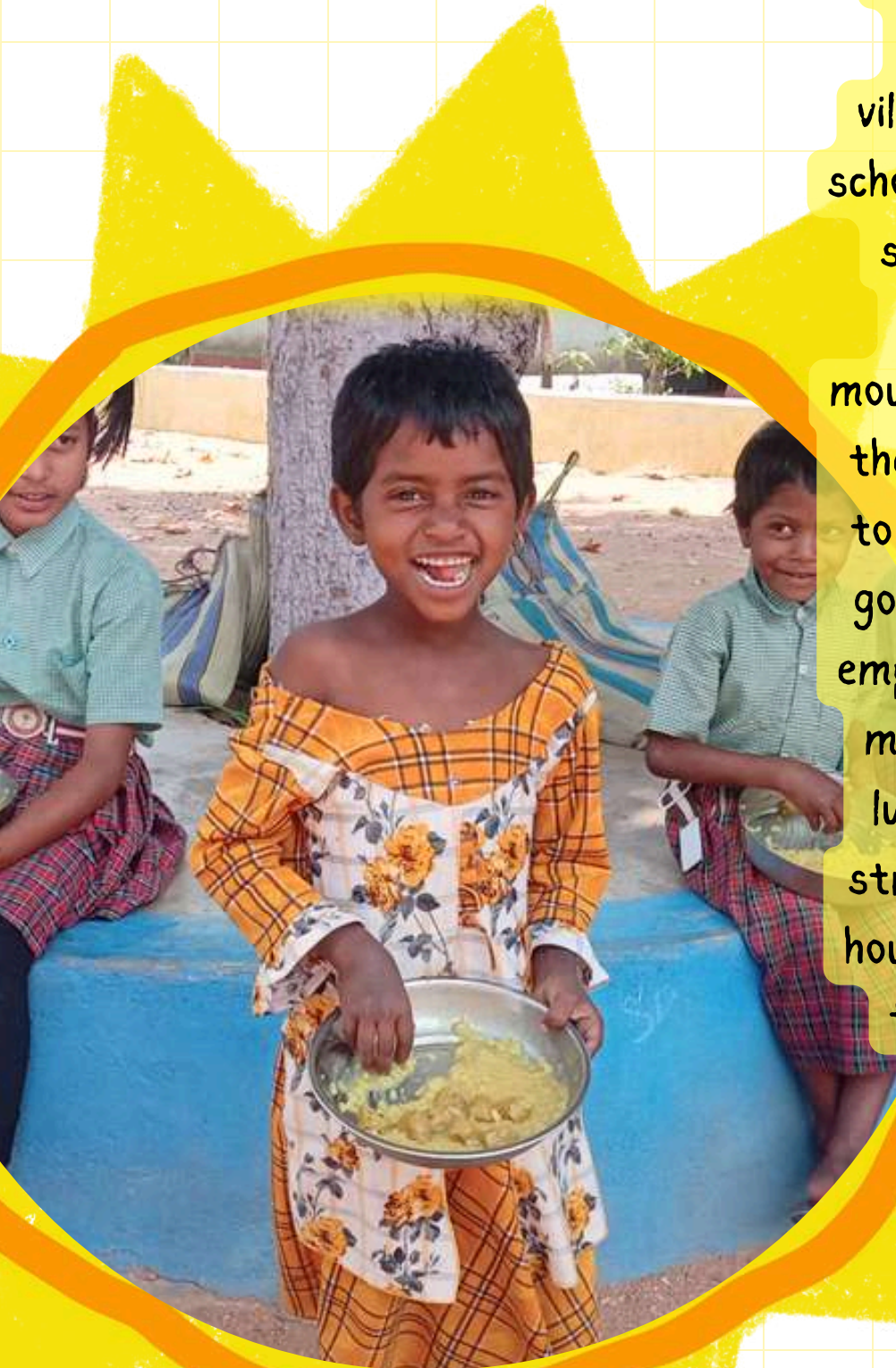
I feel very happy because **Mary's Meals** is provided here in the school. There are some times when there is no sufficient food in the house but when I come to school and mary's meals feed me every day. I thank the **Mary's Meals** for making me able to get education and food.

Thankyou."



MARY'S MEALS - TESTIMONIES

"I am 7 year school girl called Namita Kumharia [name changed] studying at St. Patras Primary School Kandakhar, Dist. Balrampur, CG, India. My parents are illiterate along with majority of my villagers. My village is very far from the school. There is no proper road to reach to school. I go to school on foot with my elder sisters. We have to cross the mountain river to reach the school. During the rainy season we struggle a lot to go to school. Before mary's meals i used to go to school at 8:00 am and come back empty stomach after 4:00 pm. From the moment I got the **Mary's Meals** during lunch it made me very happy and I feel stronger to study and play. During class hour I don't feel hungry. I and my family thank you very much for the mary's meals. God bless you."



"I am Margret Hebron (Name changed) of class IX from Dhobana village, Bhagalpur, Bihar. I am the eldest of four brothers and sisters. To raise us, our parents have gone out to work and since i am the eldest i have to take care of my younger brothers and sisters. I used to prepare food, and do all the household chores before we all leave for school of st.joseph school Ratanpur. From the time we received **Mary's Meals** I am freed from work load and I get time to study. We are also regular and punctual at school now. We, brothers and sisters, are happy and grateful to the mary's meals. **Mary's Meals** brought cheers and happiness into my family's life."





MARY'S MEALS - TESTIMONIES



My Name is Arvind Kumar (Name changed). When I was one year old my father and mother died. My parents were very poor and had no money for treatment that may be the cause of their death. My Grand Father and Grand Mother with great difficulty looked after me. Now I am studying in Deepti Niketan School. Since I was an orphan SCJM sisters are helping me to study here. Now I am in class 8th studying well.

Mary's meals is a great help for me as I get a good hot meal at midday. This meal helps me to remain in school. Most of us come from poor families and appreciate and love **Mary's Meals** as it helps us for our good health, education and character building. The meal we get it hot clean and well prepared.

I am staying with my grandparents. They are old. So I come without eating for the class in the morning. **Mary's Meals** is great help for me because my grandparents cannot afford sufficient meals for the family. I feel happy and grateful to **Mary's Meals** and school. Because of **Mary's Meals** I am studying well. Like me many students are there who experience the same help. We all together enjoy the food and grow mentally, physically and spiritually. I want to become a good human being"



MARY'S MEALS – TESTIMONIES

"I am Arjun Kerketta (Name Changed) from Baghchatta Kharwagarha, Village in Simdega, Jharkhand, India. I come to the school by cycle crossing through the forest. The school is 10 km away from my home. Due to poor family condition, my parents could not keep me in the hostel. I come to school without a lunch box as my parents work as laborers and find it difficult to educate their children. So far only two children in my clan have studied in school and out of them one girl from the family has passed 10th standard. Teachers says I am good and hard working boy. Due to this poverty and lack of balanced diet, I used to feel exhausted by the end of the classes. But now after the initiation of **Mary's meals** it has been observed that not only I but all my friends have a positive outlook for all school activities now."



"I am Kishor Kumar (Name changed), a Tribal boy from Balumath Block, which is 3 km far from the school in Daltonganj, Jharkhand, India. Before **Mary's meals**, one day I fainted in school, when teachers asked for the reason, I was overwhelmed as I didn't have anything to eat in the mornings usually. I am a bright student but after my mother's death my father remarried and my stepmother would make me do all the household chores before coming to school.

Mary's Meals turned to be a real boon for me. The tasty meal gave me a new twist in life. I waited for the meal time. I enjoyed the meal every day and thereafter I never felt that I was ever hungry. I concentrated more in my studies. I always take the chance to stand first in the class and studies. **Mary's Meals** has been life changing for many of the poor children like me who faces poverty and difficulty, and are unable to pursue their studies. I am very grateful to the **Mary's Meals**."

Mother's Care

Mother's Care is basically a project geared to focus on children who need to be sustained in the path of education by providing scholarships, books, uniforms, shoes, stationery, etc. This is in-fact on-up in the ladder of child's development. Mother's Care retains children in classrooms. It gives them a hope to complete their studies up to Pre-University level.



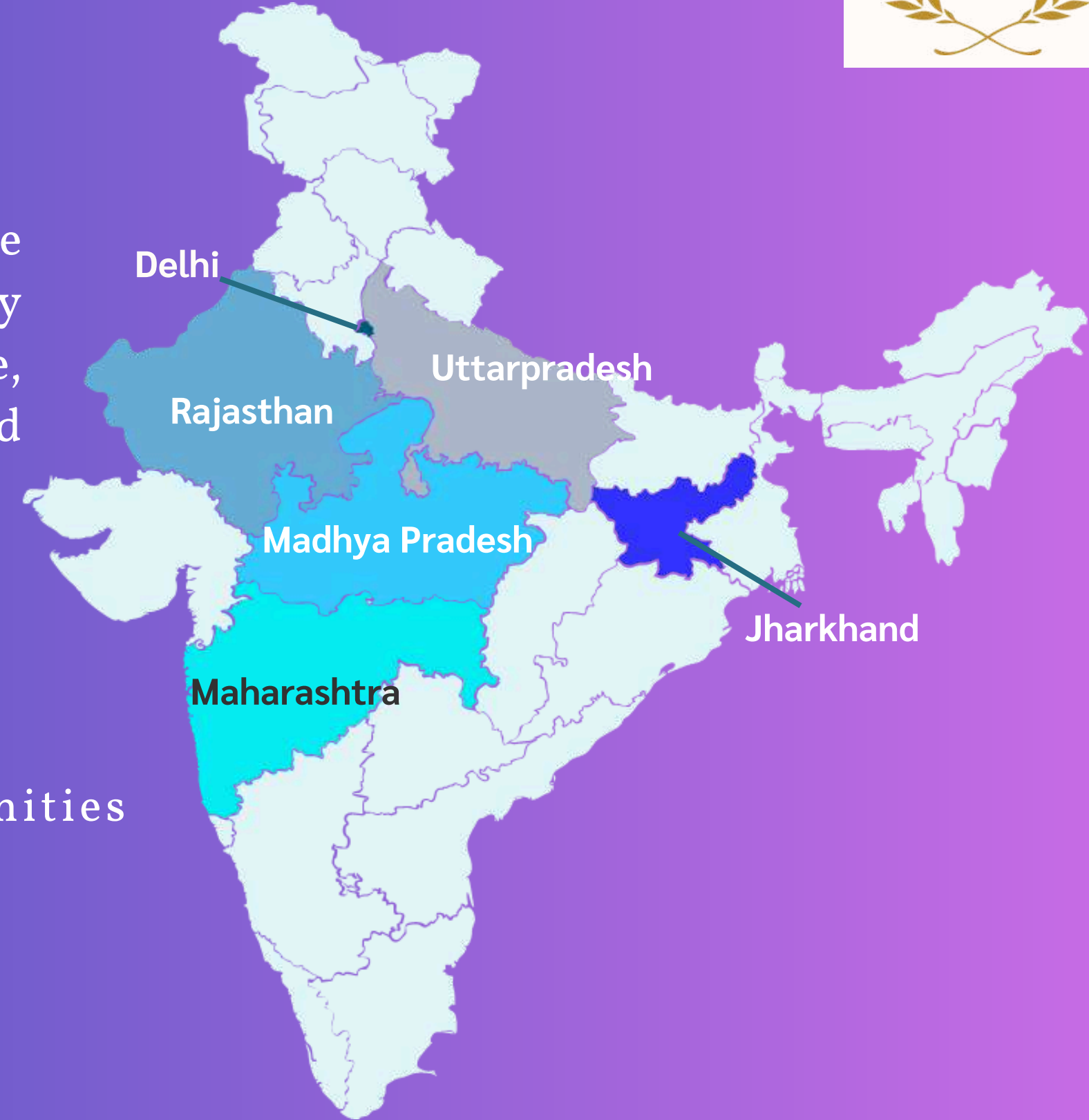


Mother's Care

The mission of this programme is to get through to the children and youth of the marginalized section of Indian Society by ensuring quality education up to college level, irrespective of caste, creed and gender to empower them to lead a respectful and dignified life.

Today MOTHER'S CARE
supports **1123**

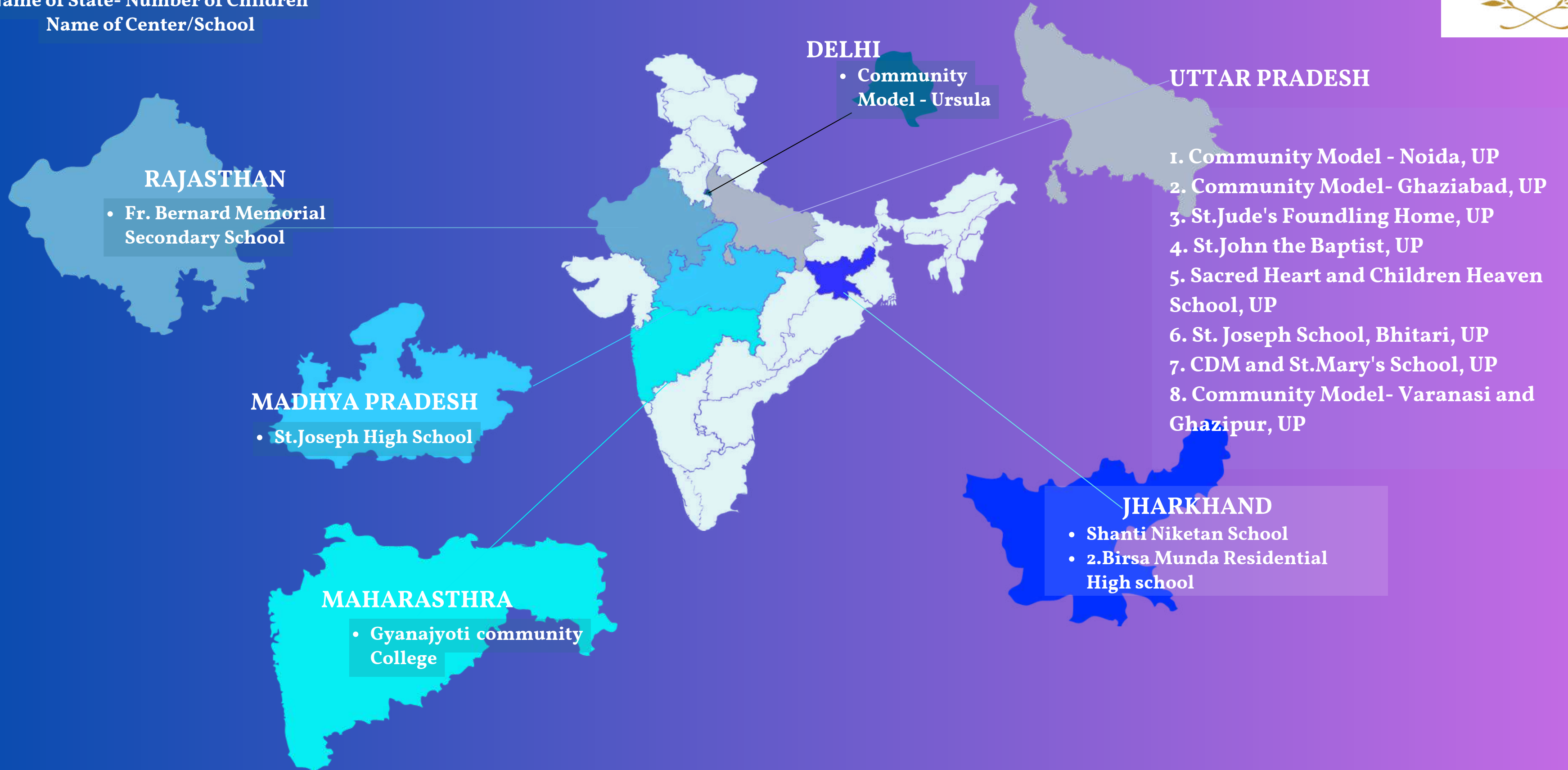
Children from the most disadvantaged communities
in 06 states of India in the context of
education/learning.





MOTHER'S CARE - State- wise distribution of children

Name of State- Number of Children
Name of Center/School



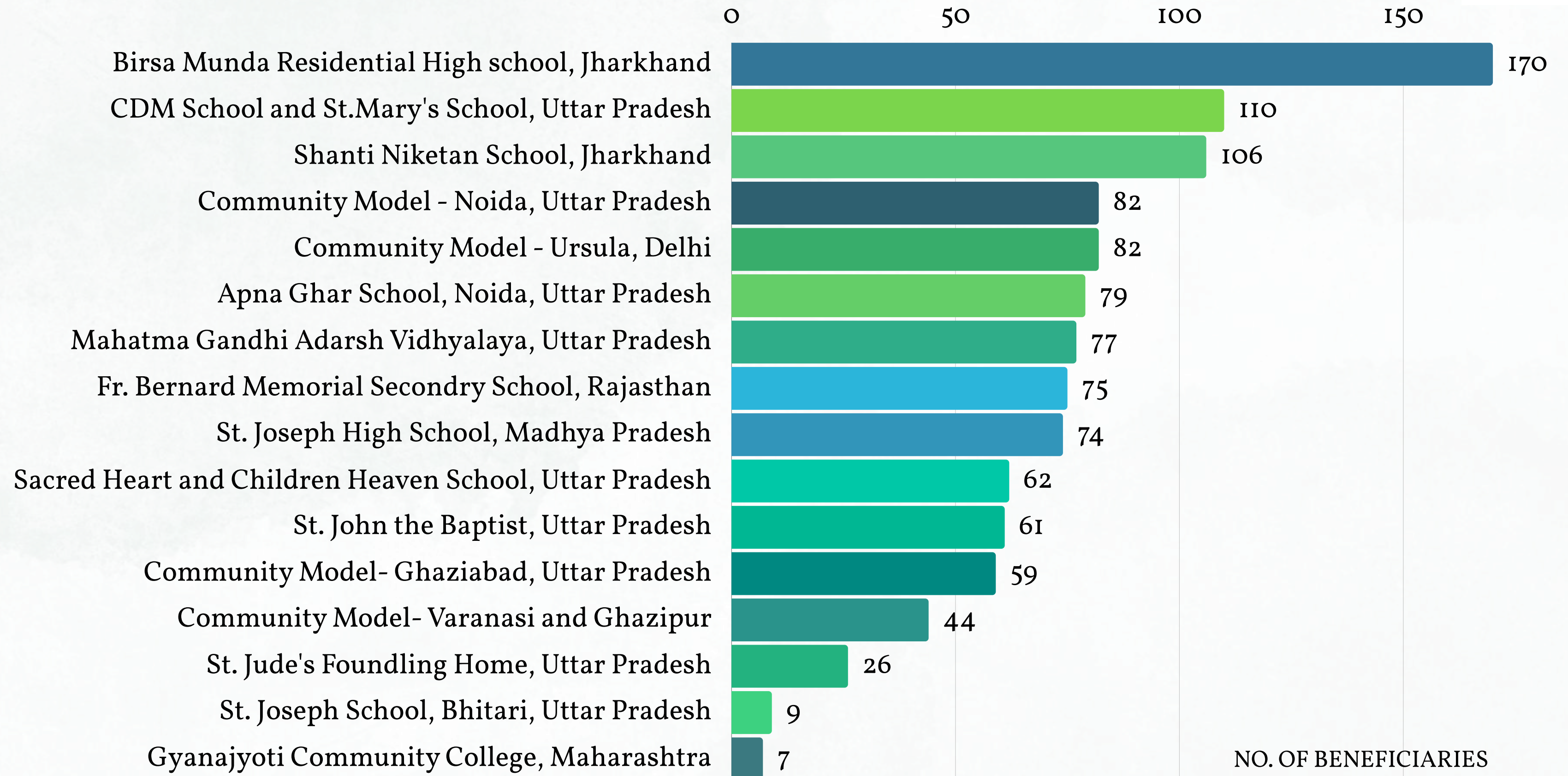


About the Beneficiaries

- **They belong to socio-economically disadvantaged backgrounds. Their parents typically work as daily wage laborers, domestic workers, rickshaw pullers, and construction workers.**
- **They dwell in dismal living spaces. Rural farming communities often rely on seasonal jobs as their monthly revenue is insufficient to support their households.**
- **Many of them are intelligent but lack opportunities.**
- **To make ends meet, some youngsters are compelled to work..**
- **Survival becomes the primary objective, and education takes a back seat.**



MOTHER'S CARE : School/Centre-wise distribution of children

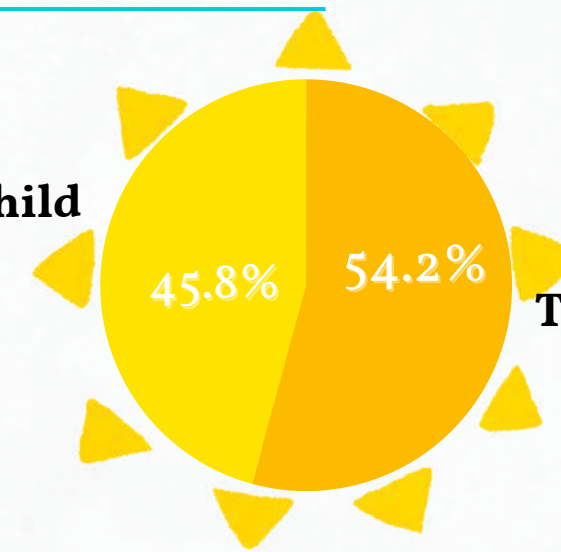


Mother's care - Gender Impact



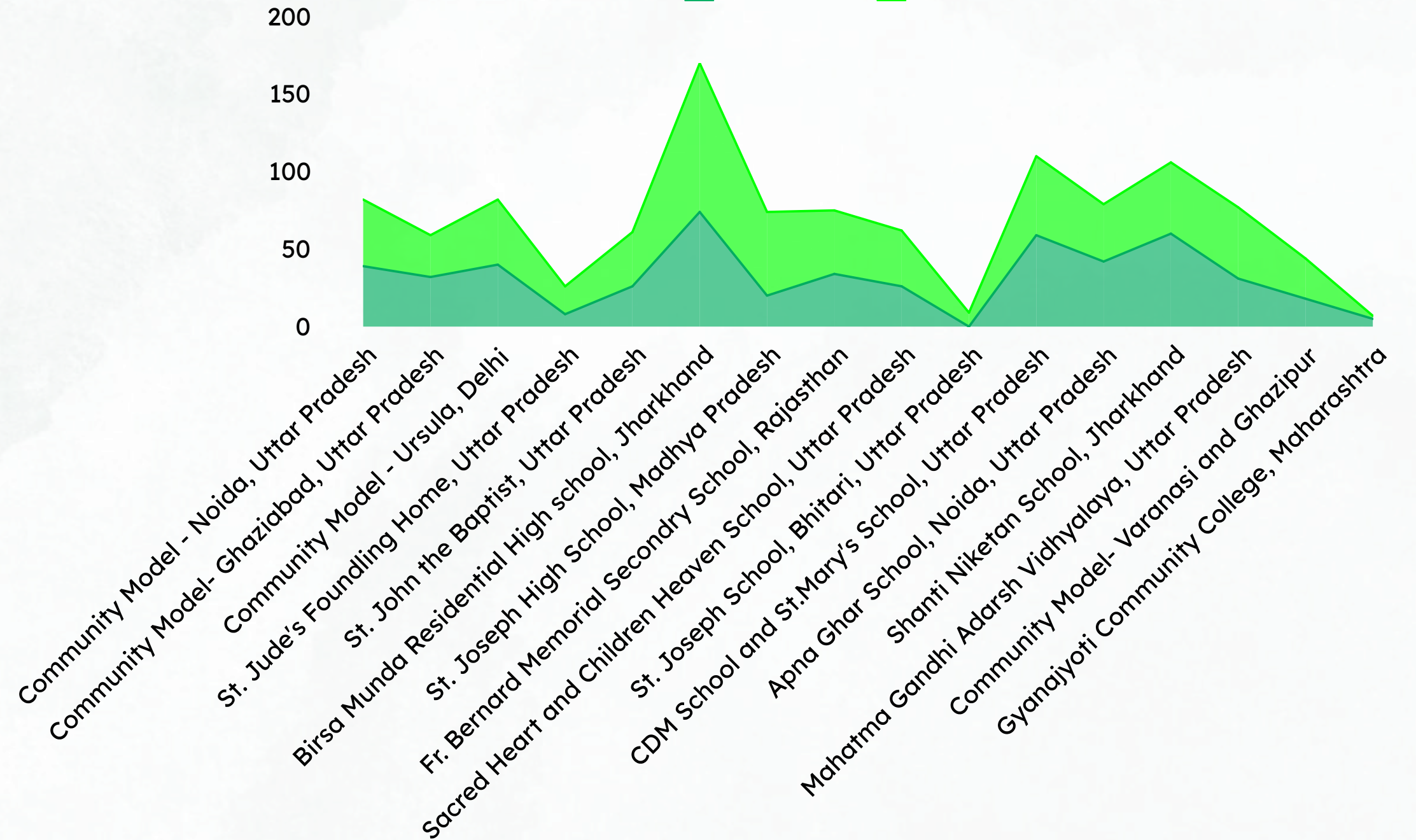
STATE/ MODAL	CENTRE/ SCHOOL	GIRLS	BOYS	TOTAL
Uttar Pradesh (UP)				
1.	Community Model - Noida, UP	43	39	82
2.	Community Model- Ghaziabad, UP	27	32	59
3.	St.Jude's Foundling Home, UP	18	8	26
4.	St.John the Baptist, UP	35	26	61
5.	Sacred Heart and Children Heaven School, UP	36	26	62
6.	St. Joseph School, Bhitari, UP	9	0	9
7.	CDM and St.Mary's School, UP	51	59	110
8.	Community Model- Varanasi and Ghazipur, UP	26	18	44
9.	Mahatma Gandhi Adarsh Vidhyalaya, UP	46	31	77
10.	Apna Ghar School, Noida, UP	37	42	79
TOTAL		328	281	609
Delhi	Community Model - Ursula, Delhi	42	40	82
TOTAL		42	40	82
Jharkhand				
1.	Shanti Niketan School, Jharkhand	46	60	106
2.	Birsa Munda Residential High school, Jharkhand	96	74	170
TOTAL		142	134	276
Madhya pradesh	St. Joseph High School, Madhya Pradesh	54	20	74
TOTAL		54	20	74
Rajasthan	Fr. Bernard Memorial Secondry School, Rajasthan	41	34	75
TOTAL		41	34	75
Maharashtra	Gyanajyoti Community College	2	5	7
TOTAL		2	5	7
TOTAL		609	514	1123

Total Boy Child
514



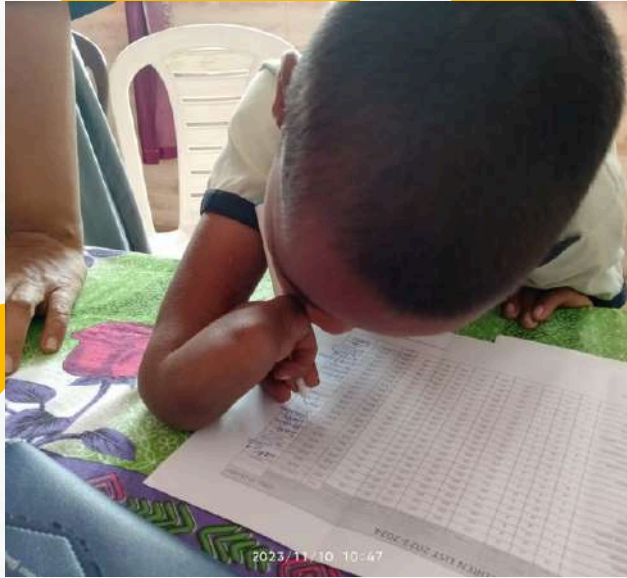
Total Girl Child
609

■ No of Boys ■ No. of Girls



Centre/School wise- Gender Impact

Glimpse of Mother's Care - Children





Mother's Care - Testimonials

Surajdev Parahiya belongs to a vulnerable tribe called 'Parahiya tribe' in Jharkhand, India. He is presently studying in class Xth. He has secured first position in his class in studies and other activities. He is also the first one of his tribe who has been able to speak English. Surajdev had no proper schooling till 3 years ago. He worked hard to be a rank holder in his class.



Until the last third generation people of his tribe were hunters and gatherers. They neither had land nor did they have any means of income. Surajdev received support from Mother's Care past year and this year. He is ambitious about pursuing higher studies and becoming a civil officer. He says "without Mother's Care support I would not have had uniform, necessary books or stationeries for studies. I convey the heartiest thanks and gratitude to the Mother's Care, the BREAD and the donors, on behalf of my parents"



Simran Minj is 16 years old living in Deoli village, Delhi, India. She's studying in class 11th Sona Modern Public School.

She is receiving scholarship from past five years, for which the family is very grateful as it is mainly helpful in buying educational resources. They live in one room, with kitchen and bathroom in the same hall.

Her father works as an assistant in a Fabric store and Mother is Housewife. Even though they are a nuclear family, due to low income and expensive basic commodities, they barely have any savings.

Simran says "My future educational plans are about pursuing GNM nursing for Maternity care, post-Trauma rehabilitation, mental health care, data collection and so on. And I would need a lot of support to pursue this education plan, I am thankful for the support until now and really hope for the support in future as well."

MOTHER'S LEAP



The mission is to reach out to economically weak, but bright and hard working youth with financial help for Professional education, skill development and job oriented training, to free them from tradition that enslaves them and to empower them to make their own free choices.

To this date MOTHER'S
LEAP has helped

167

and during the year

07

YOUTHS - Financially, to break through the generational poverty by professional education, skill development or job oriented training programs.

MOTHER'S LEAP

2023-24



Name	NAMITA TIRKEY	APARNA PRASAD	VANDANA	ARATHI PRASAD	ARADHNA	MONIKA TOPPO	PRIYANKA ASUR
Course	BSc NURSING	GNM	GNM	GNM	BSc NURSING	BA ENGLISH	BPT
Institute	Holy Cross College of Nursing, Holy Cross Hospital, Kunkuri, Dt. Jashpur, Chattisgarh	Unizona Heathcare Institue	Shree Satya College of Medical Sciences, Moradabad	Unizona Heathcare Institue	Teerthanker Parshvnath School of Nirsing, Amroha, U.P	Distance Learning DU	Pt. Deendayal Upadya



SCHOOL IMPROVEMENT PROGRAMME

**TOILET BLOCK AND CLASSROOM CONSTRUCTION AT
SHANTI NIKETAN PRIMARY SCHOOL, CHANROH, PALAMU,
JHARKHAND, INDIA**



INTRODUCTION

BREAD recognizes the critical importance of addressing the infrastructure gaps in schools situated in remote and economically disadvantaged villages in India. In accordance with our Motto - “EMPOWERMENT THROUGH EDUCATION” and a clear vision in mind, BREAD endeavors to construct and furnish classrooms that provide a conducive learning environment for students. Additionally, the organization aims to establish libraries that offer a wide range of educational resources, promoting a culture of reading and knowledge acquisition. Furthermore, BREAD is dedicated to creating safe and engaging children's play areas, allowing students to engage in recreational activities that enhance their physical and mental well-being.

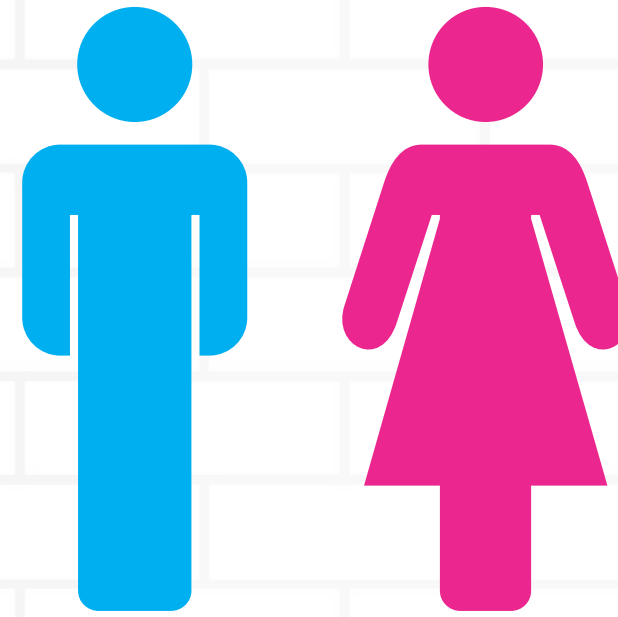


INTRODUCTION

Shanti Niketan primary school was started in 2002 by the villagers of Chanroh at Ramgarh block of Palamu District, Jharkhand, India. To ensure the better lives of their future generations. Around 1200 households within 10 kms of radius are benefiting from the school. The provision of many's meals, BREAD, is a catching point for many of the villages to enroll their children in the school. However, The school lack many basic infrastructures; A Classroom and A Toilet Block was one among the emergency requirements of the school especially for Girl students. These infrastructural shortcomings threaten the education, health and safety of the students.

- **Toilet Block construction** started in the month of March 2023
- The construction was completed by September 2023
- Was Inaugurated in the same month done by the villagers in the presence of BREAD staff, school authority, teachers, students and opened the facility for students.

- **Construction of the New classroom** for Shanti Niketan School began on January 9, 2023
- The project was overseen by the Contractor - Mr. Vinay Kumar
- It was inaugurated on March 22, 2024, In the presence of George Mattam (Manager), school management, parents, and students, and dedicated to the people of Chanroh.



Toilet Construction

**Under
School Improvement Program
At
SHANTI NIKETAN SCHOOL, CHANROH
BY CASPER & PHILIPPA FAMILIES
Through
BREAD Noida**



TOILET BLOCK : GRADUAL PROGRESS





TOILET BLOCK COMPLETION AND INAUGURATION





Classroom Construction

Under
School Improvement Program

At

**SHANTI NIKETAN SCHOOL, CHANROH
BY CASPER & PHILIPPA FAMILIES**

Through
BREAD Noida





CLASSROOM STRUCTURE - BEFORE AND AFTER





CLASSROOM STRUCTURE - CONSTRUCTION AND INAUGURATION





TESTIMONIALS



CLASS 6TH STUDENT

“Previously, we used to study by spreading a sheet on the ground in a thatched house. During the rainy season, water would seep through, but now, with the construction of the new school building, we are studying safely. There were no windows or doors, so animals would enter the classroom and disrupt our studies. However, with the construction of the new school building, we have been relieved from all such incidents.

The old mud classroom was quite small and the fear of mud collapsing was there, making it difficult to study while sitting. However, now, with the larger classrooms in the new school, it's more convenient for studying and engaging in activities.”



HEAD MASTER

“These infrastructural development has positively impacted lives of our children by the Improved learning environment, Increased enthusiasm for Education, Enhanced Sense of Hope and Ambition, Community Development and overall better learning and development opportunities. I am really thankful”

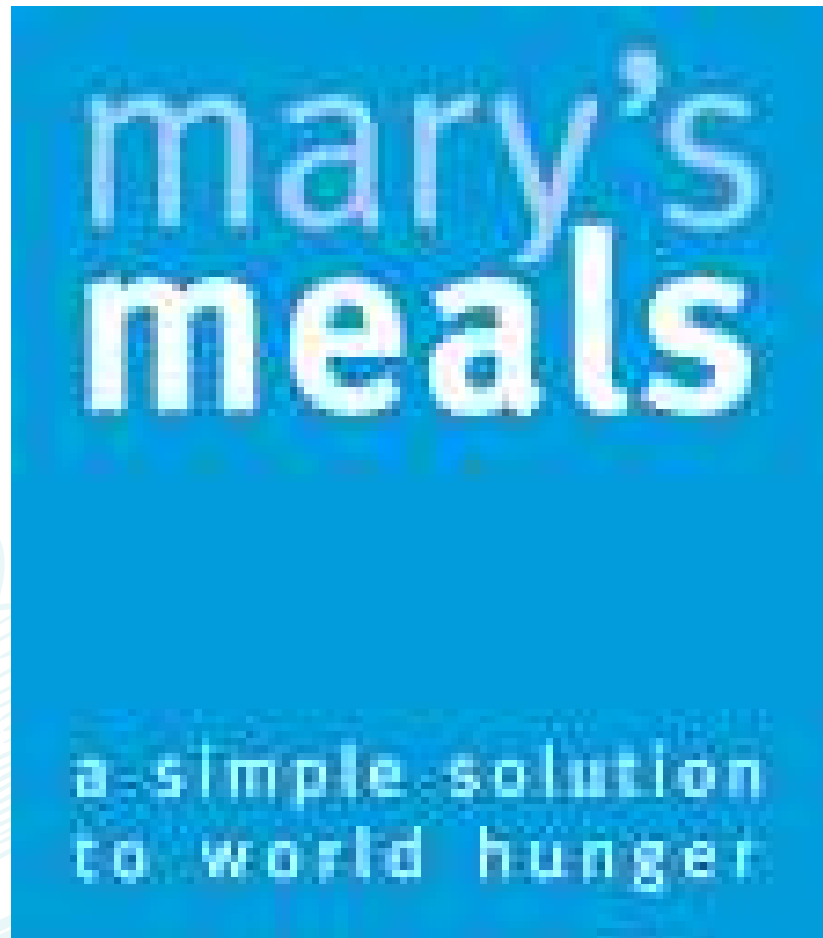


CLASS 7TH STUDENT

“I don't have to go out into the open field or forest to go to the toilet in school, which makes me feel safe.”

Translated in English

WE THANK OUR PARTNERS



Mother's Care India, Scotland



Mother's Care, SPAIN

**CASPER & PHILIPPA
FAMILIES**



**ASSCIAZIONE
FRATELI DELL'INDIA-ODV,
ITALY**

and our INDIVIDUAL DONORS

