



BREAD

BOARD FOR RESEARCH EDUCATION AND DEVELOPMENT

Message from the Managing Director

Mary's Meals Program

Mother's Care Program

A

Mother's Leap Program

SNEAK

School Improvement Program

PEAK

Life Skill sessions

Odisha Fani Rehabilitation Program

Stories of change

CELEBRATING

10 YEARS WITH
STORIES
OF CHANGE



VISION Empowerment through Education

MISSION : “To ensure freedom from hunger, serving one time daily meal in a classroom setting , hence, inviting the impoverished to be educated, sharing the burden of their expense to give a hope to continuous education, and motivating them to develop a vocation for their life, that will help them lead a self-reliant, sustained and empowered life.”

*Dear friends,
This is the 1st annual e-newsletter since BREAD has completed its ten years of journey on 21st April 2019. There was no decennial celebration to mark the birth pangs of BREAD and its journey. I am glad that the vision of BREAD, ignited by few is a credible witness to the fact of resilience against suppression, for the betterment of the poorest of the poor, especially in the context of empowerment through education. BREAD has come a long way off since its inception in every sense of the word. By providing one hot meal in the context of classroom to the poorest child, he / she is attracted and enriched physically and mentally. Mary's Meals might be a small, invisible tool, but powerful enough to bring in generational changes. A rubbish-bin picking child may not sustain in a Mary's Meals class room to complete his / her entire schooling ; BUT is convinced that " I WILL EDUCATE MY CHILD"; come what may. This conviction is the soul of Mary's Meals.*

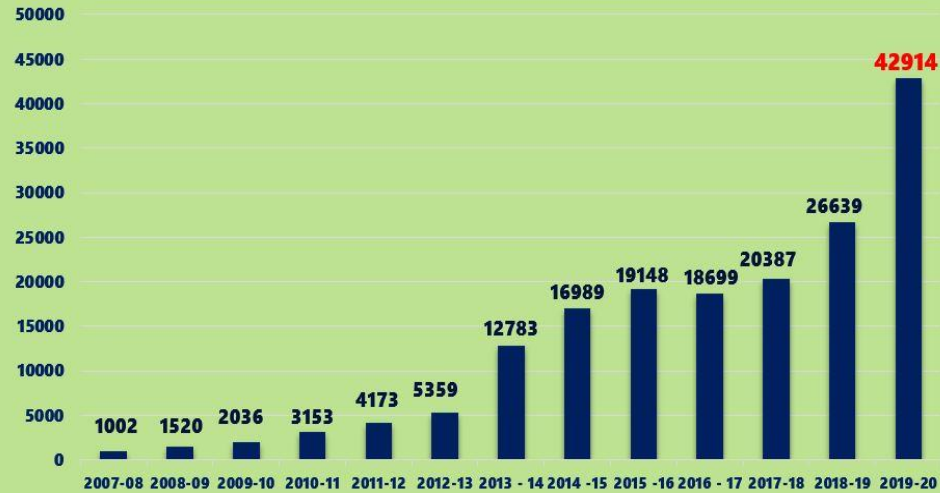
*Mother's Care too is a baby step to help the children from economically challenged situations. I salute every donor, who has pledged to support each child individually until the completion of pre-university. Sheetal from Rasulpur, Kaithal Haryana is just an example of how a Mother's care student from the early days of BREAD is in the final year of nursing supported under Mother's Leap program. As BREAD forges ahead, I like to thank all the Trustees, sponsors, staff, volunteers and remember all the children under the care of BREAD through various care-programmes.
kind regards,*



**FR. JOSON THARAKAN
JOHN IMS**

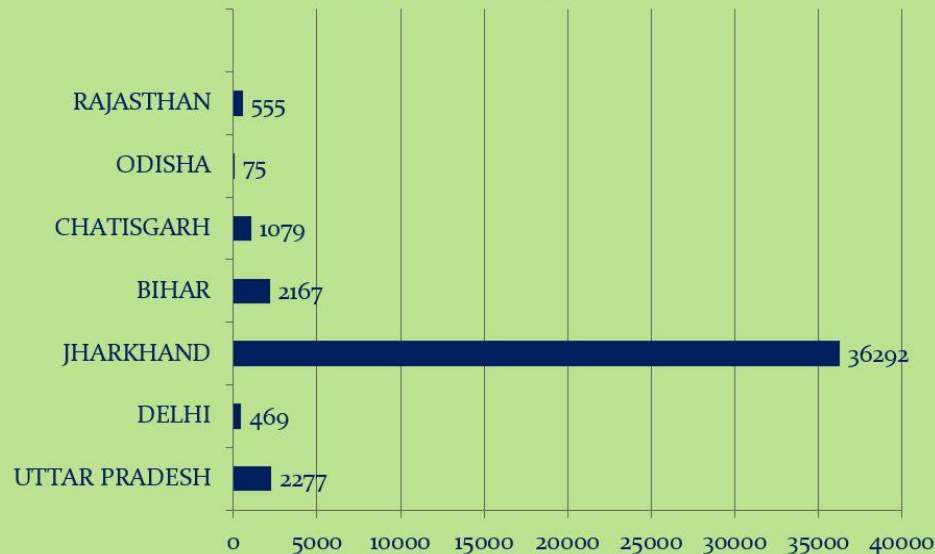
THE GROWTH OF MARY'S MEALS IN INDIA

CHILDREN - 42914

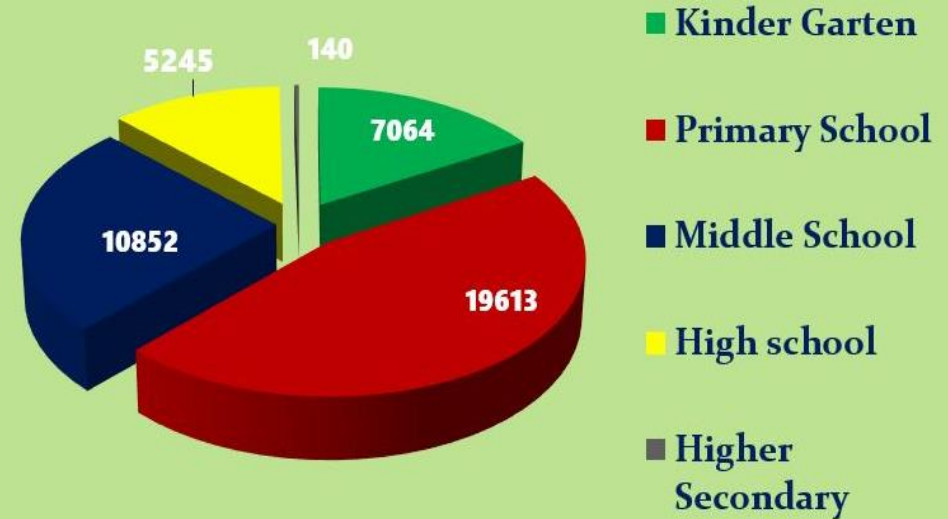


MARY'S MEALS DISTRIBUTION OF CHILDREN STATEWISE

CHILDREN - 42914



Level Of Education



Category of Mary's Meals children





SHOT ON REDMI 7 AI DUAL CAMERA



CAPACITATE





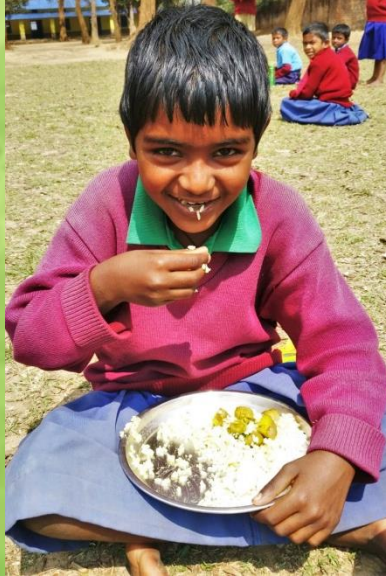
Mary's meals - BREAD Noida
MENU
 रविवार चावल, दाल, आलू
 मंगलवार चावल, सोयाबीन, आलू
 बुधवार चावल, दाल, आलू
 गुरुवार चने, राजमा, आलू
 शुक्रवार चावल, चना, आलू
 शनिवार खिचड़ी, अचार



MARY'S MEALS BY BREAD NOIDA
- FOOD MENU -
MONDAY - RICE, DAL, PICKLE
TUESDAY - RICE, POTATO, MATUR
WEDNESDAY - RICE, POTATO, CHANA
THURSDAY - RICE, POTATO, SOYA
FRIDAY - RICE (POTATO/DAL) EGG
SATURDAY - KHICHRI



FOOD FOR GOOD

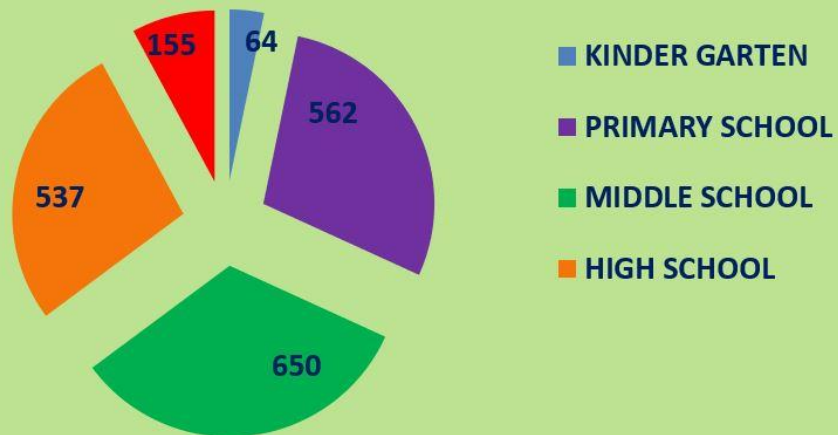


TOTAL 394
 (650)
 3300
 (830)

**THE GROWTH OF MOTHER'S CARE
IN INDIA - NO. OF CHILDREN - 1968**

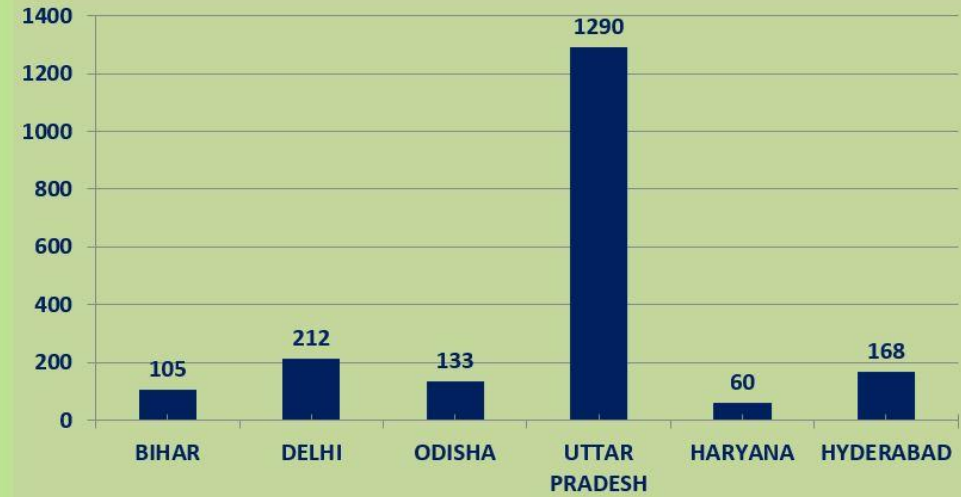


**MOTHER'S CARE
GRADE/CLASS DISTRIBUTION**



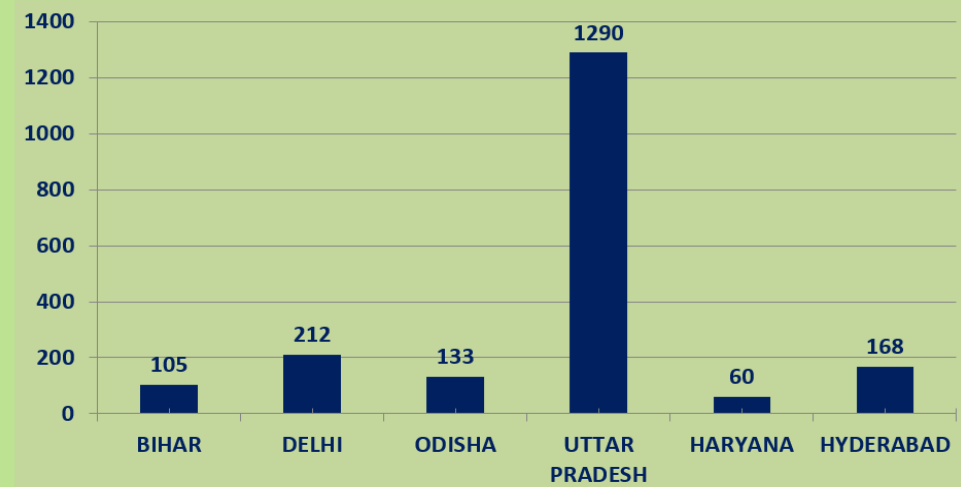
NO.OF CHILDREN STATE WISE

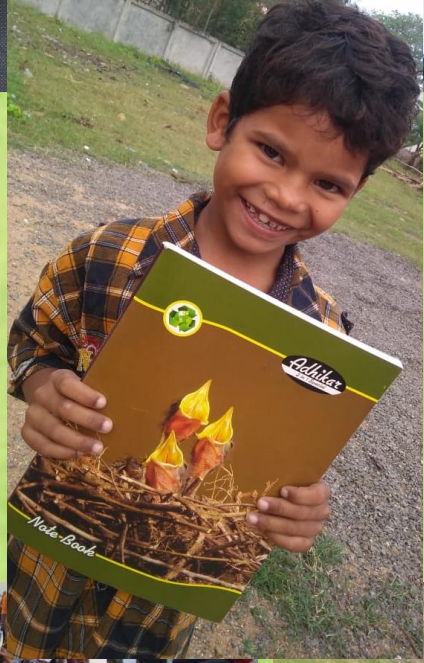
TOTAL NO.OF CHILDREN - 1968



NO.OF CHILDREN STATE WISE

TOTAL NO.OF CHILDREN - 1968

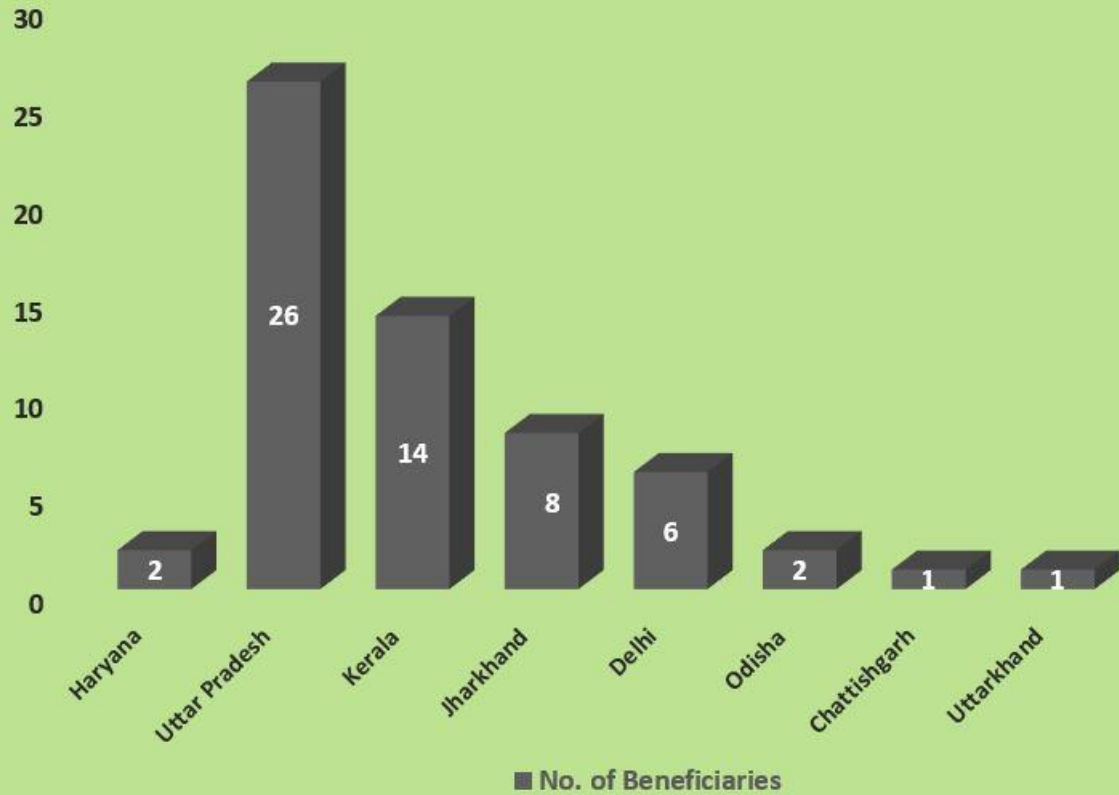






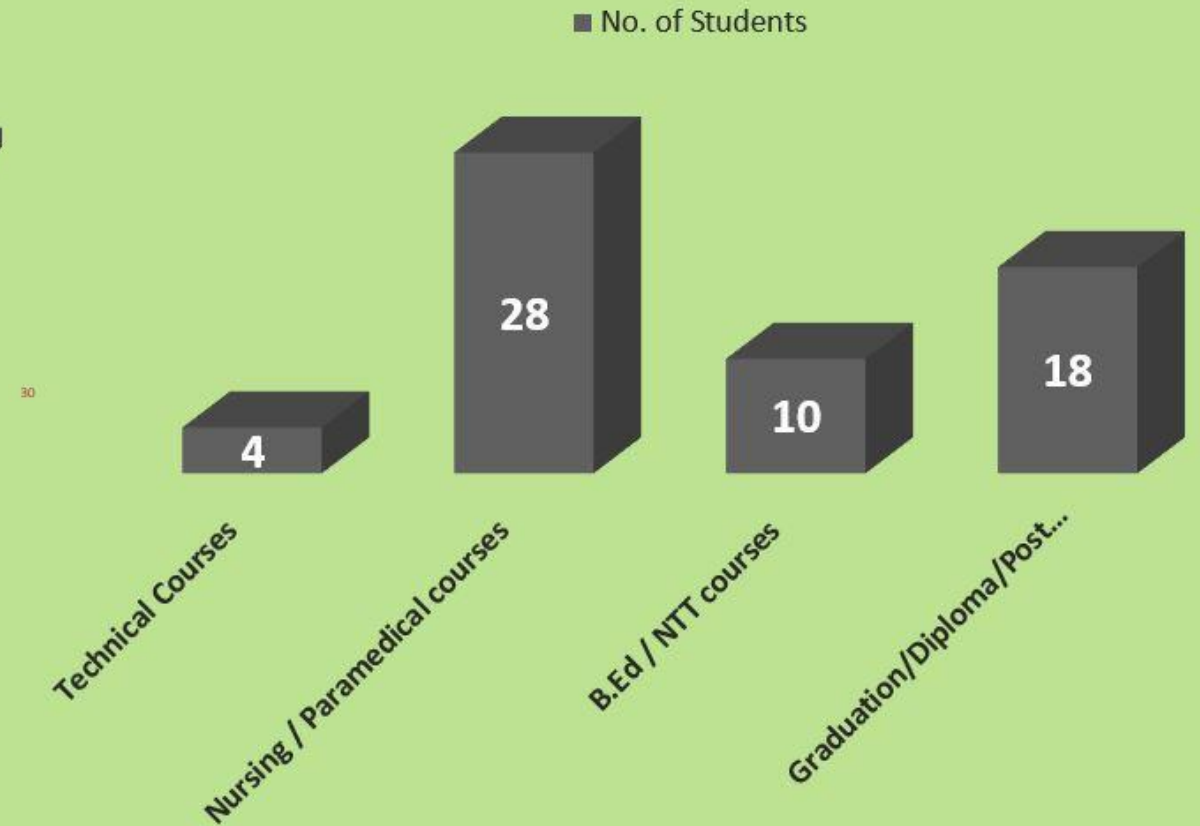
Mother's Leap Total Students Sponsored: 60

State wise distribution of beneficiaries



Statistics

MOTHER'S LEAP COURSE WISE DISTRIBUTION OF BENEFICIARIES



Mother's Leap



SOLDIERS in UNIFORM!!



Dear Sponsor,
Greeting from Neha Namita Beik and wish you
prosperous new year 2020. I am writing this letter to thank
you for your financial assistance which is received in my
last academic year of GNM Nursing.

I am a student of General Nursing Midwifery at Nazim
School of Nursing at Gayazanga in West Bengal. This is
my last year of Nursing & hopefully I may complete
my course by August 2020.

I and my family appreciate your great gesture of
generosity. You are nothing less than a blessing from
God. We express our immense gratitude for your financial
assistance & for timely help. Your timely help & financial
support help me to continue my studies without any
financial blockage. Sponsorship from 'BREAD' meant
a lot for me and to my family. It provided me the
opportunity to fulfill my dream as well as of my
parents.

God bless your Generosity. May Almighty God bless
you & your organisation so that may more students
like me can dream in their life. May God bless
every efforts of yours.

Once again I would like to thank you from
the core of my heart.

Thank You.

Sincerely
Neha Namita Beik



SCHOOL IMPROVEMENT PROGRAM

SCHOOLS	DEVELOPMENT MADE
CDM High School, Kuwakheda, Uttar Pradesh	Installation of Solar Power Unit
Mahatma Gandhi Adarsh Vidyalaya, Varanasi, Uttar Pradesh	Installation of Solar Power Unit
St. Mary's Boy's High School, Alappuzha , Kerala	Setting up new classrooms
Holy Family Girl's High School, Alappuzha, Kerala	An open stage established
Shanti Sadhan Sec.School, Tambesera, Rajasthan	Construction of Assembly stage
St. John the Baptist School, Maniarkhera, Uttar Pradesh	Installation of Solar Power Unit



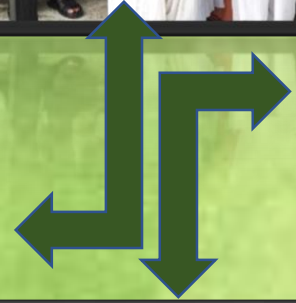
**CDM School –
Kuakhera, UP:
Installation of
Solar Power
Unit**



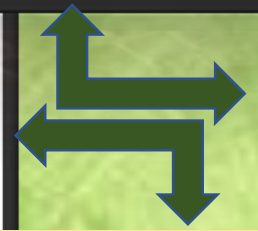
**St.John the Baptist School,
Maniarkhera, UP**



**St.Mary’s Boys
High School,
Alappuzha,
Kerala:
Construction of
School Building**



**Holy Family
Girls School,
Alappuzha,
Kerala:
Construction
of Open Arena**



**Shanti Sadan
School,
Tambessara,
Rajasthan:
Stage
Development**



**Mahatma Gandhi
Adharsh
Vidyalaya –
Varanasi: Solar
Power Unit
Installed**



LIFE SKILLS

Class/Category	School Name	Date taken	No. of Children	Theme
IX & X	CDM	21-10-2019	53	Importance of Higher Education
VII & VIII	CDM	21-10-2019	60	Responsibilities towards Nation, Family and Fellow citizens
Teachers	CDM	21-10-2019	14	Commitment towards profession & Positive attitude towards children
V & VI	CDM	22-10-2019	54	Creative Thinking
III, IV, V	St. Mary's	22-10-2019	34	Health & Hygiene
Teachers	St. Mary's	23-10-2019	9	Commitment towards profession & Positive attitude towards children
4 - 7 years	Mary's Meals Yasingadi, Dasna – Centre 1	20-01-2020	33	Good Habits
4 – 7 years	Mary's Meals Yasingadi, Dasna – Centre 2	20-01-2020	30	Good Habits
4 - 7 years	Mary's Meals Yasingadi, Dasna – Centre 1	08-02-2020	33	Clay Modelling & Origami
4 – 7 years	Mary's Meals Yasingadi, Dasna – Centre 2	08-02-2020	33	Clay Modelling & Origami



BEYOND EDUCATION LIFE LESSONS



BREAD'S ODISHA FANI REHABILITATION PROGRAM 2019

TARGET	3 Institutions		1150 children	
NEED/DAMAGE ANALYSIS	<p>After the destructive storm hit Odisha, Fr.Joson, the Managing Trustee of BREAD carried out a need assessment with a participatory approach to understand the real needs of the victims in Bhubaneshwar and Puri districts of Odisha. Through the visit it was realized that there was more of structural damage as human lives were safeguarded with prior measures taken by the government. The damage caused was a complete misery, it replicated a war zone with no electricity, drinking water and lack of telecommunication.</p>			
STRATEGY	<p>The main strategy followed for implementing the Fani rehabilitation program was that to find the needs of the victims that could fit in the on-going projects in BREAD. This ensured the rehab program is implemented faster and with no functional difficulties as there already existed the working knowledge and guidelines. The needs were identified in such a way that it could be covered under School Improvement Program (SIP) and Mother's Care (MC) Program. Reaching out to many in less time.</p>			
ACTIVITIES DONE	<p>St. Joseph Community college, Jokiladi – 150 Youths –Revamp of Kitchen and Dining Hall</p>	<p>Beatrix High School, Puri – 800 children – The stage roofing and the solar panels reinstalled.</p>	<p>Vinoba Bhave Telugu Medium School, Puri – 200 children- Supported with educational articles.</p>	

VINOBBABAVE TELUGU MEDIUM SCHOOL,
PURI, ODISHA



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BEFORE..

AFTER..



BEFORE..



**RE-INSTALLATION OF SOLAR PANELS
& LAYING OFF THE ROOF ON THE
STAGE @BEATRIX SCHOOL, PURI**

AFTER..




**RE-CONSTRUCTION OF
KITCHEN & DINING HALL
@ST.JOSEPH TRAINING CENTRE,
PURI**

A large group of diverse children, some smiling and some looking serious, with the text "STORIES OF CHANGE" overlaid in the center. The image has a green tint. The children are of various ethnicities and ages, ranging from young children to teenagers. Some are looking directly at the camera, while others are looking slightly away. The background is slightly blurred, focusing attention on the children's faces.

STORIES OF CHANGE

Unlike children of her age, history, geography and civics are Kajal's favourite subjects. "I want to become like Sr. Josephina Kullu, a good teacher one day", expressed Kajal Rupa Minj, when asked of her role model. Kabaddi, rope skipping & football at school keeps her excited to go to school. Going to school each day is a necessity and also a compulsion, not just excitement. To get that one plate of nutrition arranged by Mary's Meals in school is a necessity for Kajal and her three other siblings. Children to a poor farmer this one-time meal is often the only meal. Victim of regular scolding and beatings from her alcoholic father has made her life miserable and tough to spend at home, for many, school is also an escape route. "I do not like to miss school. But often I miss school because of my father. I have to look after him when he does not go for work lying at home drunk. I miss Mary's Meals when I do not go to schools. I have to remain empty stomach on that day." shares Kajal. Bertha mother of Kajal had sensed the difference of Mary's Meals too, she shares, "Since Mary's Meals has been introduced my children have not had to starve and also their performance in school has changed." Kajal and her family are ever grateful to Mary's Meals.





Rather of being scared of ghosts 5 years old little Anisha likes becoming one. Pretending to be one, rolling her eyes out, scaring, chasing and tagging her friends is her favourite game. Hardly she can comprehend the ill spirit of poverty. Her father is a ragman, collects the rag from the dump yard and gets it home, where Anisha's mother helps him segregate. After hours of treasure hunt, if destined for the day they sell the segregated waste and fetch home money for their living. She has two more siblings, three and 10 months old. The family aims nothing more than daily existence, fending for their family. Anisha has changed a lot with time. The discipline, studies in Kali mandir non-formal education centre were not welcomed by her initially. Like many kids, she showed school refusal. Slowly she settled and now is very cooperative in terms of maintaining discipline. A slow learner gets soon distracted but makes sure to gather back and continue. " Mary's Meals mein bohuth tasty or sehath ke liye acha khana milta hai. Har din alag khana milta hai or muje mattar-aaloo or chawal sabse jyada pasnd hai (Mary's Meals is very tasty and healthy. The menu changes daily and my favourite is green peas-potato curry and rice.)."

9th grade Rinku had to often skip his classes and join hands with his father to make their ends meet. The family of 12 members, of which 10 are kids, hails in a village of UP, one can easily envisage their economic status. Rinku's father is a mason with a minimal amount and only earning member. Life has been tough to Rinku. Certainly, school is what Rinku chooses over labour, but no money for books, uniforms and other educational aids, makes it even more difficult to be regular for the classes. A sense of lacking and embarrassment has been always there in Rinku. Since the time, Rinku has been covered under Mother's Care, he has been regular for his classes. Textbooks with his name, enough notebooks, proper uniform and other articles of his own, has boosted his confidence. At-least now its only time that he has to invest in his education, not money.





“ I want to become a big doctor one day” , responded with a smile of determination that can be seen in his eyes. 8th grade Rahul when asked what he aspires to be. Hailing from a villages of Maniarkhera, UP, there is hardly any other profession found other than farming. Even teachers of the school where Rahul reads come from far. Excellent in his studies, Rahul aims to become some day a specialist, conducting surgeries. He wants to go out of the village, work and earn a big living for him and his family. Father abusing alcohol is a usual scene almost at all the houses. His torn sweater mended, with his wrist way ahead the sleeves, was loud enough in telling the state of his house. He along with his friends received the Mother’s Care educational articles for the first time. Words may fall short to express the happiness he had on his face after receiving new sweater, uniform, shoes, school bag and books. Rahul is very grateful to Marelli and BREAD and expressed that their generous gesture has encouraged him to perform better.

Bimla Kujur: “ I am the 3rd in order among the 6 children in my family, younger two brothers and elder to three sisters. We are 12 members staying together in one house. Elder two brothers are married and their wives and children too are there. My parents were working in a tea garden and now they are old, no more working. We were managing with their salary. They used to get 1500 for a week or two according to the work done. There is no fixed job income or job for my brothers. Every day they go out and seek for some new job for the day. We are in a village; even little money can be enough for us but regular income is important. We had been adjusting from friends and relatives in times of troubles. Now I am capable of getting a regular income every month to home. I have completed General Nursing Midwifery and it is all because of Marelli. Had they been not there, It would have been a struggle for me and my family to get my course complete. Today I am a nurse and I earn 10K regularly. It gives me immense happiness to contribute to the running of my house, also especially I am into such a noble profession. Thank you so much, Marelli, I feel confident for my future. ”



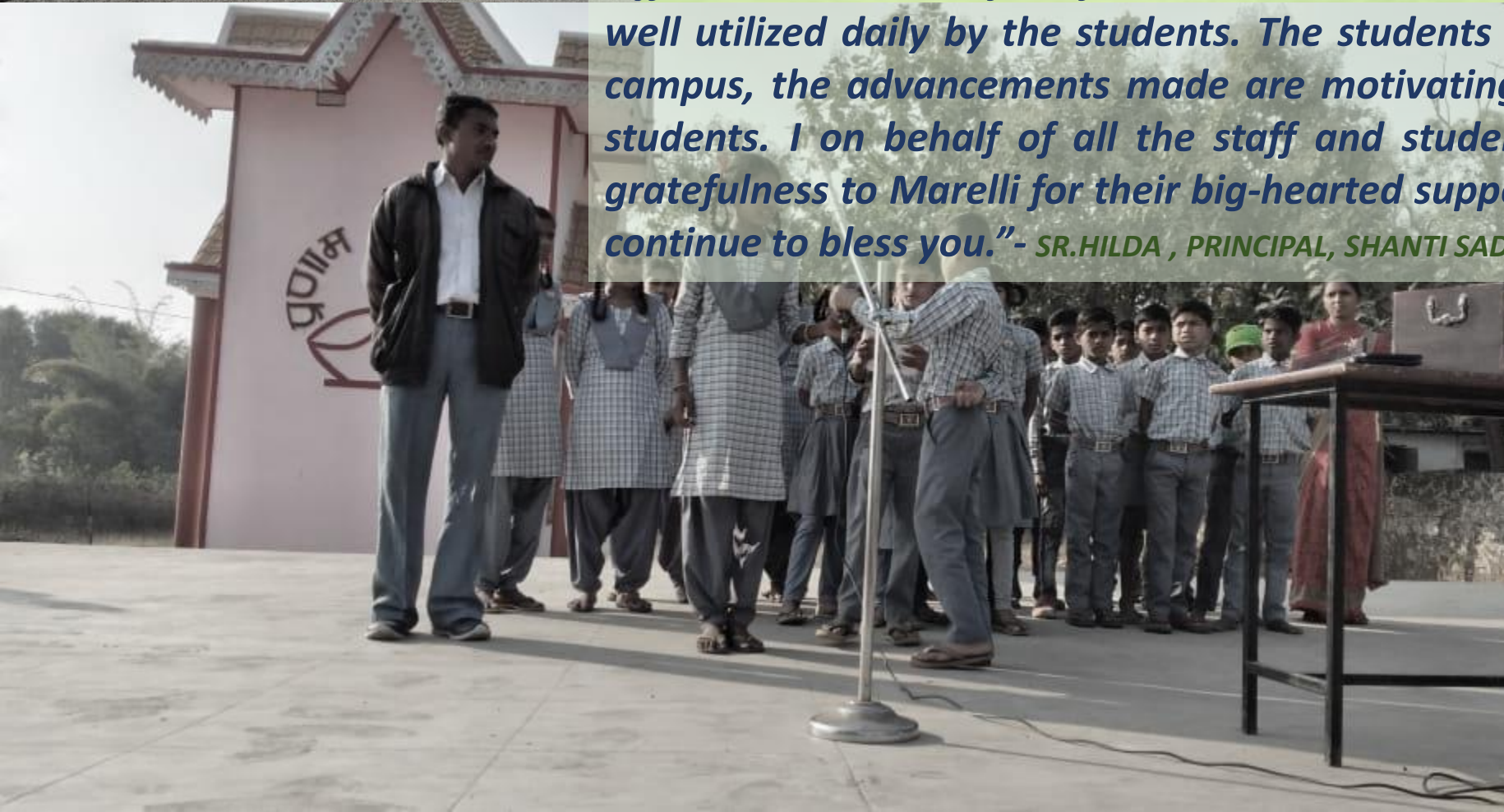


Wonderful dancer, singer and with an 'always ready to learn' attitude, Anita is one of the oldest beneficiaries of BREAD. Covered under Mother's Care since primary grade she could complete her schooling without much difficulties. Daughter to a factor blue collar worker and domestic helper, life had been always a struggle. After graduating from school, seeing her aspiration BREAD continued to support her for her higher studies. Now Anita has completed almost 6 months of her first year as a student of general Nursing from St.Fatima's College of Nursing in Lucknow. "It took me sometime to believe that I am pursuing a professional course and soon I will be taking my first semester exams. Its all because of the support I am receiving from BREAD", recalls Anita. She informed that she is really enjoying her studies. "I can now prepare bed for the patient, give full hygiene care to the patients, can record vitals, i.e taking temperature, pulse check, BP and respiratory health.....etc,also got a chance to visit and work with the college team in imparting health education to the villager, waiting to learn loading injection and learn general medicines", she kept going non stop when asked about her learning.





“The students of Shanti Sadhan Secondary School, Tambesera, Rajasthan are ever grateful to Marelli for the generous gesture. The children’s park developed solely with your support is very active and dynamic. They wait for a chance to make the best use of items of play in the park. Marelli has also sponsored an assembly stage and every day the assembly is conducted in the 4ft high stage. Students feel very happy to be over the stage perform. One can witness a difference in their self-confidence and esteem. Both the park and the stage are well utilized daily by the students. The students enjoy being inside the school campus, the advancements made are motivating for the development of the students. I on behalf of all the staff and students would like to extend our gratefulness to Marelli for their big-hearted support and partnership. May God continue to bless you.”- SR.HILDA , PRINCIPAL, SHANTI SADHAN HIGH SCHOOL



08

“On the day of Fani, I was in Puri and witnessed the real tragedy. The situation after fani was very shocking and sad. Everything had been destroyed. Roofs of houses were blown away by the strong winds. People were running here and there for shelter, as their houses had been damaged. The school soon had to be transformed into a relief camp. Nearly 1000 people took refuge in our school. Even school had to face a huge loss whilst the catastrophe. The solar panels and the roof of the stage taken away by the strong winds.



FR.SIMON LAKRA, HEADMASTER
BEATRIX SCHOOL, PURI, ODISHA



The damage was such, that it was difficult to imagine the functioning of the school resuming after the summer vacations. It was soon then that Marelli and BREAD visited the site and were shook by the destruction caused. They offered to help in reinstalling the solar panels and the roof of the stage. The timely support has helped to keep the school functioning, students enjoying the uninterrupted education. BREAD and Marelli recognize well the value of education and the future of our students. Our children now have incessant power for the lights and fans both in the school and the hostel. We are thankful to BREAD and Marelli from the bottom of our hearts.”



SR.ARCHANA, HEAD MISTRESS, HOLY FAMILY GIRLS' HIGH SCHOOL

Sister Archana, During the Kerala deluge 2018, the computer lab of our school was completely swiped off by the floods. 8 computers, 10 computer lab, 5 chairs, and 4 batteries were damaged at unprecedented calamity. With their visit to Kerala during the deluge for a rehabilitation program, they saw the plight and even before we requesting, they like the guardian angel took up the call to support Holy family school. Also, in the following year, we could develop an open auditorium for the school, highly important for organizing different programs for the students, especially for conducting scouts' practice, conducting exams and classes.

The rain is a usual phenomenon, this open auditorium with roofing gives an immense sense of both open ground and closed activity room. The structure has cost us almost 27lakhs of which 10lakhs has been sponsored by Marelli through BREAD. Their readiness to support encouraged us to take the first steps towards building the auditorium.



I am glad to inform you that it was formally inaugurated on 19/01/2020. We profoundly happy and hold boundless gratitude in our hearts for BREAD and Marelli for their generous gesture.



Ria, a 4-year-old, when she joined the non formal education centre at Dasna Masori. Uttar Pradesh, had speech difficulties She started to slowly socialize with her fellow mates which eventually gave her the confidence to speak, now she can say out the alphabets, numbers and can even sing songs. She needs to achieve little more clarity, but her development through the days are numerous. She thoroughly enjoyed the two life skill sessions. “We are supposed to brush and take bath daily, and should keep our surroundings clean”, recalls Ria, her learning from the life skill session. She loved the paper swirler and rose making from the clay. She enjoyed the craft section. Ria and others in her class studying in a non formal centre, hardly get any chance to explore like this. Clay itself was a new thing for them, and it can be changed into various shapes as we wish was total magical for her. Such beyond formal education activities is a fantasy for Ria and her friends. Creative skills , body care are equally important for the development of a child, especially like Ria, who during these acitivities become more participative and vocal, helping her over come her speech issues.

BREAD Championed By |

mary's meals
a simple solution to world hunger



DEePak Project

